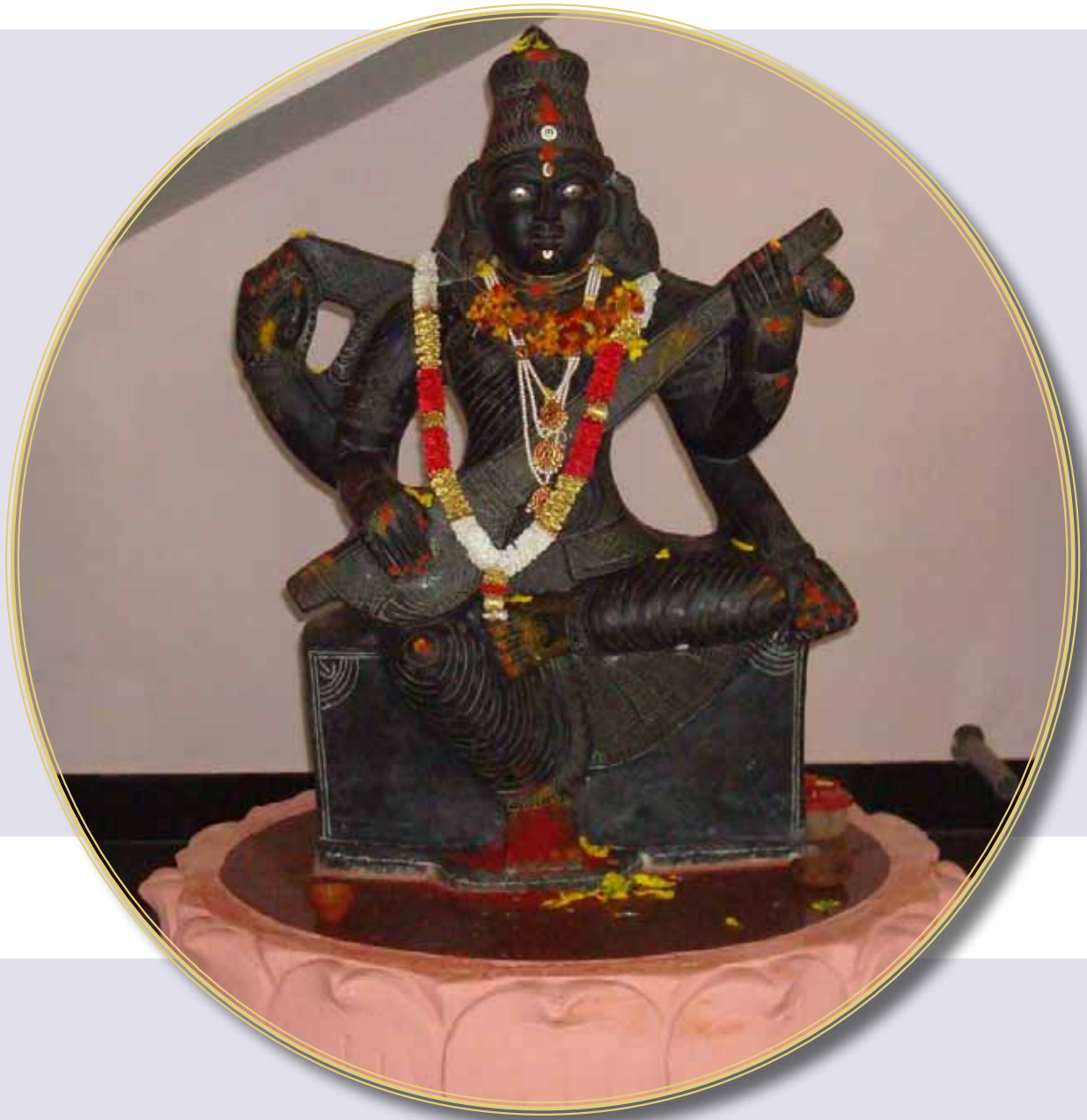


R M C A N A



Celebrate Life



Contents



"Celebrating Life"

Dear RMCANA friends,

It is with great pleasure, we release our RMCANA souvenir "Celebrating Life." The central theme of the effort across this souvenir, website and the biannual alumni meet at St.Louis in USA is to join us all in unity. Our aim is to build fond memories spanning from our medical college years to our life in our adopted homeland in America. We had the collective passion to create a vibrant link, a link that can sustain the unique character of our Royal Beginnings. One thing that pestered my mind at one point was a fear that older and younger members may find their own tight circles short of shared spirit. Could we find empathy and perspective taking for the feelings of the younger ones? It could be like me wanting to listen to Ghantasala, not heeding to the new songs! Things change. World is progressing rapidly. Young RMCANA members are connected through Facebook, while our seniors are reluctant to abide by email. Younger ones are creating You Tube links while the veterans like story telling "in person." We, as a team, tried our best to link the old and new, and truly opened our hearts and doors to all of you, RMCANA members. Like many of you, I too drowned myself in the thick and thin of professional and personal transition from India. But, to tell you the truth, although it was a bit hectic to fit in the nitty gritty details of creating this souvenir, I am richer for the experience of talking to our friends in the executive committee, getting to know them. I realized that there is a whole new world that exists in USA. There is innumerable number of vibrant, talented, highly intelligent, funny, incredibly warm and helpful folk out there! Suddenly I started to feel we are not alone. I am RE-CONNECTED in a meaningful way. For those of you who love the handy list of phone numbers, this souvenir is the answer. For those of you who love to open the computer, there is our outstanding website: www.rmcanaweb.com.

I ask those of you who contributed, to accept my apologies if my edits lacked luster. Thanks to those who financially supported this project; yes we had to extract those photos in compliment pages, though you shied away. We loved to catch up and get to know you. I like to especially thank Drs. Lokeshwara Rao, Ratnaji, Vishnu, Mohan Kishore, Jyothi, and Kurmanath for their enormous help and support. Without my third grade classmate- Kurma- twisting my arm into taking this job, I would not have had this delight!

I ask you to join the club and celebrate life. Carry the baton from our hands. You are the future.

Warmest regards,

Mani

Mani '79, Souvenir Committee Chair, June 28, 2010

డా॥ ఎన్.టి.ఆర్. ఆరోగ్య విజ్ఞాన విశ్వవిద్యాలయము, ఆంధ్రప్రదేశ్
Dr. N.T.R. University of Health Sciences, Andhra Pradesh

RING ROAD, VIJAYAWADA - 520 008

Dr. A.V. Krishnam Raju

MD, DCP, FIC Path,
VICE - CHANCELLOR



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E-mail : krajuav@rediffmail.com
Website : <http://ntruhs.ap.nic.in>



My Dear Rangarayans !

I am glad to hear that the RMCANA-2010 Biennial reunion meet is being held at St.Louis, USA on September 4 to 6, 2010 in combination with the Guntur and Siddhardha Medical College, Alumni and a Souvenir is being released to commemorate the occasion.

I feel happy to participate in the meeting to meet all our colleagues and our beloved & esteemed teachers and to share my views and recollections of the past with all of you which will be a memorable occasion in our lives. But, at the moment, I am unable to make my trip to USA on this occasion due to pre-occupation of my schedule.

I wish the reunion of RMCANA – 2010 a grand success and the outcome will be a memorable occasion to all the participating the delegates and their families recollecting the past memories in our almatamater and later in the profession in India and Abroad.

With regards,

Sincerely yours,


A.V. KRISHNAM RAJU

Dr. Mohan Kishore Kesani

Dr. Vishnu V. Kalidindi

Dr. Kurmanath Chadalavada

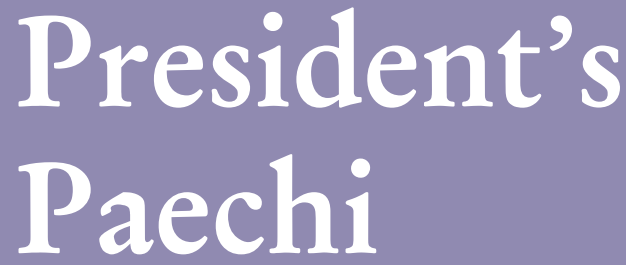
President

Secretary

Convener

RMCANA – 2010 Alumni Reunion





4 RMCANA: CELEBRATE LIFE

A Very Successful Year



Dear Rangarayans,

It gives me a great pleasure to submit my report to the general body meeting. The new RMCANA executive under the leadership of Mohan Kesani (President) took the responsibility during the Dallas RMCANA biennial meeting in 2008 and came up with the most ambitious action plan to do the following:

1. Fund raising and completion of RMCANA golden jubilee library during our term.
2. RMCANA membership drive
3. RMCANA web site update.

Dr.Vijaya Raghavarao Pokala pledged \$50,000 in the same meeting and in recognition we came up with the proposal to name the library building after his parents as "Pokala Sridevi and Nagendra Rao memorial building". Our library project committee was able to raise sufficient funds to complete our \$250,000 library project in a record time .we are very proud to announce that the library was handed over to Rangaraya Medical College on January 6, 2010 during the dedication ceremony presided over by Sri Mullapudi Harischandra prasad. This project is funded completely by the generous donations of RMCANA members and without seeking any matching grants from Government agencies. We would like to recognize the services of Dr.Murthy Mutyala, Convener, RMCANA Library committee without whose personal supervision and physical presence in Kakinada, this project wouldn't have been completed on time. We are very grateful to our fellow Rangarayan and Vice Chancellor of NTR Health Sciences University Dr.A.V Krishnam Raju garu for getting the Government approval for funding the Library and maintenance. Our special thanks to the library committee members Dr.Prasad Kakarala and Dr.Veeraiah Chundu for their guidance and support .We would also like to recognize the services of Dr.Lokesh Edara, Chairman TANA foundation for superb book keeping and management of funds. RMCANA also got involved and supported the second RMC golden Jubilee project (RMC guest house) which is nearing completion.

As a part of RMCANA membership drive we personally communicated with our friends and encouraged them to create local RMCANA groups in their respective states and start membership drive and update the information on the web. We are also grateful to Dr.Bapu Arekapudi (GMCANA) who volunteered to activate and host our RMCANA web site to update the membership data and upload photos.

We are completing our term with great satisfaction and we congratulate the new RMCANA executive team and wish them a great success.



Balancing the Budget

We are very happy to inform you that we have successfully completed state of the art RMCANA golden Jubilee library in the pre-clinical campus of Rangaraya medical college. This is the first major RMCANA project and we were able to do it exclusively by the generous contributions of our RMCANA members and no matching grants from AP government were even requested.

We raised \$250,000 towards the construction and completion of our RMCANA golden jubilee library and also contributed \$35,000 towards the completion of RMCOSA guest house, which is our second RMC golden jubilee project.

As you are aware, most of the generous contributions given by Rangarayans for various charity projects in India were sent to the appropriate project coordinators through TANA foundation which is a registered nonprofit tax exempt organization We could transfer the funds most efficiently because of our affiliation with TANA.

RMCANA Bank Account Balance status (as of August 2010)

Checking Account: \$ 9715.50

Savings Account: \$ 19549.08

The detailed financial report containing contributions and expenses will be displayed on the web site soon.

RMCANA expenses in 2010

Benjemen Press for:

for mailing 650 cards, printing: \$587.50

mementos: \$1000

Life membership dues received in 2010: \$500

IRS status:

As a nonprofit organization We filed IRS-990 form in july 2010 for RMCANA- IRS accepted. Because of our minimal activity no IRS filings were done in the recent past. They require to submit form-990, we did it, indeed. Even though RMCANA is a nonprofit organization we do not have tax exempt status.

Our goal this year is to get Tax exempt 501 c status, so that RMCANA members can contribute tax deductible donations for charity projects.

We are also very happy to announce Dr. Anil Gogineni is taking charge as our organization Treasurer.

Kind Regards,

Lokeswararao Edara , '76 , Board of Trustees

HOW IT ALL
CAME TOGETHER

Dear Rangarayans,

Last time I attended a RMCANA meet was in Chicago in 2002. It was very exciting to see old friends. Most of them were exactly the same characters except the bodies were looking older. Of course there are some who look the same or even younger who always make me upset: Mohan Kishore and Narendra for example. It was like getting in touch with your inner teenager. Like every time Rangarayans meet, we had great fun discussing and analyzing about almost everything in the Universe, Anakapalli to Antarctica, past, present and future. About 70 Rangarayans attended that meet, which is apparently a good number for us. But we got jealous that there were three times as many Gunturians. [Not for lack of better word, this sounds funny and suits them well.] We made a decision that each one of us is going to persuade at least one other Rangarayan to come for the next meeting. As usual we Rangarayans made big plans. I myself didn't go to that next meet and I heard there were much fewer than 70 at that one. [Not good.]

Now 2010 is here, and it is the St. Louisans' turn to conduct the meeting. Again, we had big plans to make this meet a memorable one. Kishore asked me to be the co-ordinator and I agreed. I attended one meeting as an organizing committee member with the GMC/SMC guys. I realized that we don't usually have a souvenir magazine for ourselves and our website is maintained by a gentleman from GMCANA out of his generosity. I also realized that the Gunturians -- including my best friends -- think that, unlike themselves, Rangarayans are actually dumb, lazy, disorganized, self-aggrandizing, etc. I thought it would be nice to prove that they are incorrect. [I was not sure if they were entirely incorrect]

After talking to Kishore, we decided to have our own souvenir magazine and website. Then I came to know what Lokesh means to RMCANA. Like a big brother, he is always there to help and give prompt and non-judgemental advice. Mani with her many talents agreed to take care of souvenir. Once she entered the picture she brought life to the activity. Ratnaji joined us and infused technology to the mix and took the RMCANA website to a different level. Krishnaveni garu efficiently lead the registration committee. Of course Vishnu and Kishore were always there to guide us. Then we got a big team of Rangarayans involved who brought the spirit of RMC to work. It was fun working with various age groups ranging from 1957 to the 1992 batches. We are proud to felicitate our Golden Jubilee Rangarayans this time. Lokesh, Vishnu, Jyothi and Mani worked hard planning this event and acquiring mementos from India.

I enjoyed working with all involved who have made the hosting of the 2010 meeting possible, and I thank everyone that I worked with including Gunturians and SMC guys of St. Louis.

Hope we will have record attendance this time. With rekindled fond memories of college days, I reflect on the joys of organizing this in our town.

Kurmanath, '79



The Opportunity Matched My Dream to Serve

MURTHY MUTYALA, M.D.

CONVENER

RMCCANA GOLDEN JUBILEE LIBRARY

Dear Fellow Rangarayan,

My long cherished desire to do something for our mother institution has come to reality today as RMCCANA Golden Jubilee Library is being dedicated to Rangaraya medical college.

In 2006, Dr. A.V.Krishnam Raju (principal at that time) explained to me about the need for a well equipped library for RMC students. I presented this idea to RMCCANA members during our annual meeting. RMCCANA members unanimously agreed for the construction of the library and started raising funds.

RMCCANA Executive committee requested me to be Convener for this project and I gladly accepted it. It matched my dream as well, to offer my service to oversee the construction. I was able to make several trips to India in order to monitor the progress and complete the project. As always, you can only imagine the multitude of obstacles that came in the way of completion, but finally we were able to accomplish it.

Total cost of this building is 1.05 crore rupees, which is funded by generous donations from RMCCANA members. My sincere thanks goes to all those members who stood by this noble cause.

Finally, I am also thankful to RMCCANA Executive committee for giving me this opportunity to serve our institution.

Regards,

Murthy Mutyala

Murthy Mutyala



RAMCOSA

(Rangaraya Medical college old students association)

Dear RMCANA friends,

RAMCOSA appreciates the kind and generous contribution of \$35,000 by the RMCANA members for completion of our RMC Golden Jubilee guest house. We are delighted to announce the successful completion of RAMCOSA Guest House building.

This building was built in a 2000 Sq. yard land situated on the eastern side of RMC men's hostel. This building has two floors, Ground floor is about 4000+ Sq. ft. and the first floor is about 4000+ sq.ft in area.

This is a full service and well-furnished facility with individual suites, kitchen and dining hall. This complex has an open auditorium which can be used for small functions.

This building is a multipurpose facility and can be used by RMCANA and RAMCOSA members and also the parents of current RMC students during their visits to Kakinada. Private parties can also use this facility based on the availability by prior reservation and all the occupants will be charged for the stay. These funds will be used for RMC/RMCOSA activities as decided by the executive committee.

We are very excited with the successful completion of this second RMC golden jubilee project and hoping these two projects will set the standards for the future projects by our junior colleagues in the future.

We would like to take this opportunity to wish you a great RMCANA-2010 reunion in St.Louis and also to invite you all for our next RAMCOSA/RMCANA reunion in January 2012.

Thank you,

K.L.Narayana

President ,RAMCOSA

Ravi Vadrevu,

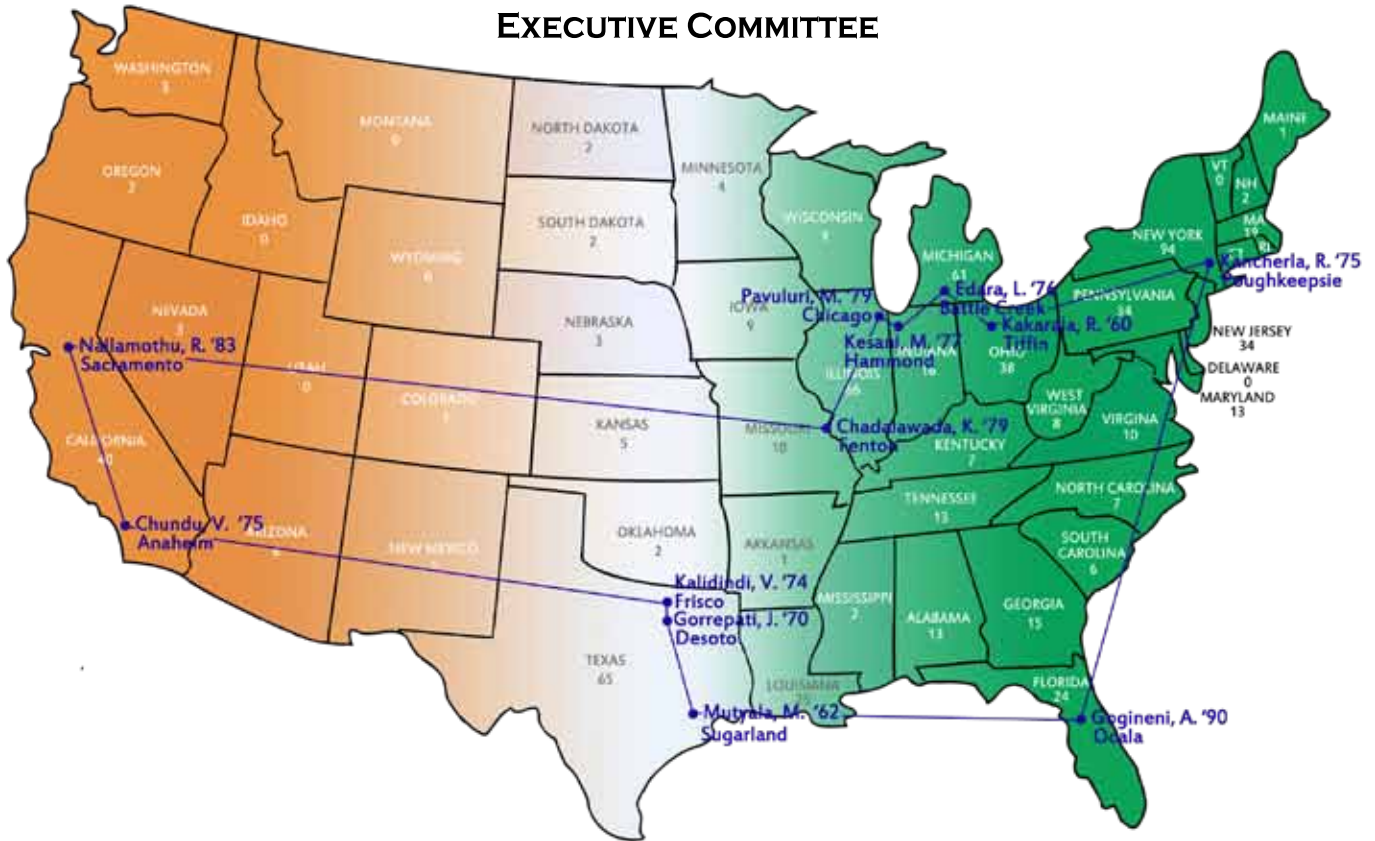
Secretary,RAMCOSA

K.Tagore,

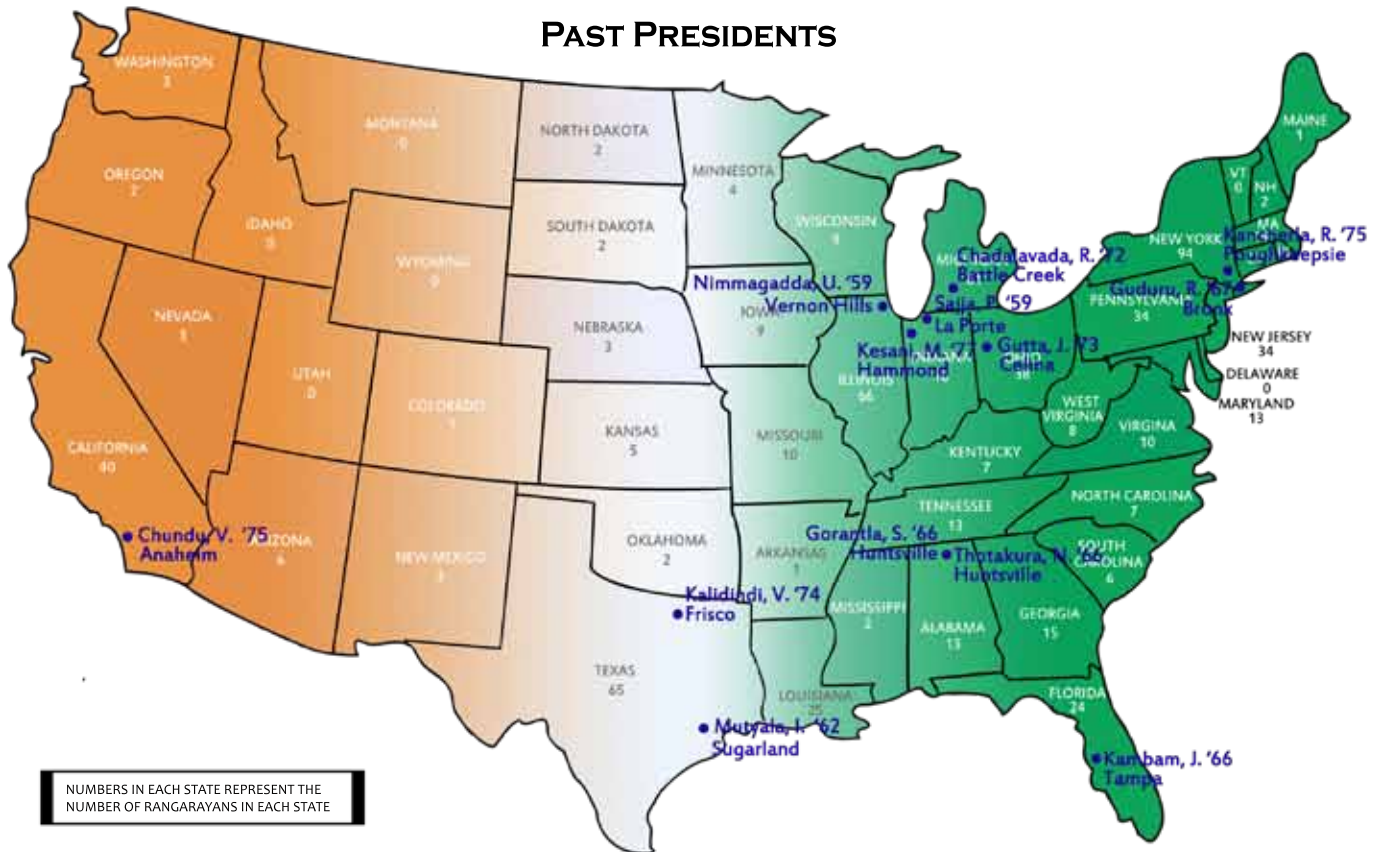
Treasurer,RAMCOSA.

NETWORKING ACROSS NORTH AMERICA

EXECUTIVE COMMITTEE



PAST PRESIDENTS



NUMBERS IN EACH STATE REPRESENT THE NUMBER OF RANGARAYANS IN EACH STATE

The Dr. Bhanu Prasad Memorial Trust



Dr. Moturu Bhanu Sankar Prasad, Fondly known as Bhanu (Rangarayan 1961) to the family and friends showed constant affection, charming wit, lasting generosity and a constant obsession to help others.

Bhanu passed away on October 25, 1994 leaving loving wife, Dr Lalitha Kumari (1965) and doting daughter, Shanti.

To celebrate Bhanu's life, friends of Bhanu created Dr BHANU PRASAD MEMORIAL TRUST and have raised money through TANA FOUNDATION.

The main purpose of the trust is to use the interest generated to purchase the books and journals for the library, essential equipment for the laboratories and maintenance of the auditorium of Rangaraya Medical College. Govt. of A.P has issued G.O on June 30, 1995 to name the auditorium after Dr Bhanu Prasad and inauguration took place on Nov 28, 1995.

An amount of \$40,000 was raised total of 13.5 laks deposited initially in Andhra bank in Kakinada. Interest is earned every year, half the interest earned is added to the principle and the other half is spent yearly. The trust has so far spent since 1996 every year total of Rs17,58,698/- mainly for library books. 752 text books and various journals were provided to the clinical library. Approximately Rs4 laks was spent on the auditorium and Rs1.35laks/- to provide internet facility to the library. The present assets of the trust in fixed deposits is Rs30 laks/-.

We would like to thank all the generous donors and the conveners of the trust since its inception.

Sincerely,

Prasad Kakarala

Prasad Choudary Kakarala, Founder
Dr Bhanu Prasad Memorial Trust

Editor's Note: This true story of obsession to help others is just so heart-warming that pushes us to think inwards at least for a day to test ourselves if we can be like that! What an honor to celebrate the life of this hero, Bhanu Prasad! It is equally profound to watch the "Trust Fund" take its shape as his loyal friends turn his life into a legacy.

Trail Blazers in Philanthropy: An Inspiration for Us All

“The value of a man resides in what he gives and not in what he is capable of receiving.” — Albert Einstein

Trail Blazers in Philanthropy: An Inspiration for Us All

Dr Paruchuri Anjanaylu

'59 from Detroit region has sponsored 9000 cataract surgeries by organizing 45 camps. He contributed 75lakhs to Macherla Eye hospital. He was responsible for laying roads, donating for games and scholarships in schools, inhalers for the needy, parks and shelters, water tanks, cycle stands, training tailors for livelihood, mid-day meals under the organization named mandalam, maha prastanam and aparakarmasala to name just a few in several villages. He donated to more than 10 temples including a mosque in rural Andhra. Therefore, his contributions spanned from medical help, civil improvement and feeding the poor.

Dr. Usha Rani Nimmagadda

donated \$250,000 to purchase a building to house the Indian American Medical Association's Charitable Clinic in Chicago, 2002. Served as Chairperson of Indian American Medical Association of Illinois Charitable Foundation, 2009-2010, that runs a free clinic in Chicago that serves approximately 50-



Dr. Usha Rani Nimmagadda Receives an Award from Chicago's Mayor Daley

60 needy patients each week, received the 2010 award given by Chicago Mayor Richard Daley, City of Chicago Commission on Human Relations for her contribution to the Free Health Clinic and great commitment and contribution in the field of Health care. She established two trust funds for the benefit of the residents and the young physicians at Illinois Masonic Medical Center and American Society of Anesthesiologists. She actively supports Hindu Temple of Greater Chicago.

Dr. Prasad Choudary

Kakarala '60 sponsored 180 students for college education in India through BREAD. He established a Primary Health Center and a high school in his native village, and provided sanitation, safe drinking water and elementary school building in surrounding villages. He established endowments for yearly scholarships in two colleges in Tiffin, Ohio, and annual scholarships in six high schools in Seneca County for College bound Seniors. This is a

true example of generosity both in India and USA.

Dr. Obayya Chennareddy

from South Barrington, Illinois donated over \$15,000 for building safe drinking water plant in his village

Konijedu in Ongole district and construction of room in youth hostel in Guntur.

Dr. Rajendra Kakarla '76 from St. Mary's Ohiodonated more than \$30,000 towards monthly medical camp that spanned over 10 years in his villages at Kanumurr and Hanumanthraopalem in Krishna district, provided free medications, constructed bus shelters, rooms for school in villages, and funeral grounds.

Drs. Narendra '76 and **Mani** '79 Pavuluri, Chicago Illinois contributed more than \$50,000 for construction of youth hostel and scholarship for poor students in Guntur District, and education for the blind and underserved poor in Krishna and West Godavari districts. Additionally, Indian family properties are channeled to the local needy.

Dr. Lokeswararo Edara '76 Battle Creek, Michigan contributed to building community hall, and funeral grounds, eye camps in Ithanagar, Tenali, 250 cataract surgeries, computer in Yadlapalli high school, water plant in Kollur, scholarships for the poor in Guntur district, 100 cataract surgeries in Mynampadu village in Ongole district and we cannot keep up with the count!

Drs. Vishnu and Jyothi Nutakki contributed \$ 7,500 to youth hostel to educate the poor followed by regular annual donations of \$500. **Dr. Jyothi**

Nutakki (along with her dad **Dr. Narasimha Rao**) constructed an entire school in their village in Krishna District populated by 80 students and five teachers. This school is further equipped with computers and a playground with sports gear.

Dr. Jaganmohan Rao Kaklarala '58 established established Kakarala Krishnamurthy Government Primary Health Center, multispecialty clinic and paramedical training center in at Pedapadu, West Godavari district.

Dr. Bosebabu Mandava '60 started the Mandava Srirama Murthy Primary Health Center, and sponsored 100 students for college education through BREAD society at Yalamarru, Krishna district.

Dr. Hema Prasad Yadla '60 Built a Library and established Vocational Training Center in Chiluvuru, and sponsored several eye camps in Guntur district.

Drs. Gayathri Devi and Raja Srikrishna Talluri '84 with his brother Jay Talluri gave funds to build 300 bathrooms in their village, eye camps, and cremation expenses for poor people. Other sponsorships include support for higher education for poor students, complete education and transportation from Kindergarten to 10th grade for 200 students, Bhadradi cricket cup, and Bhadradi kalabharathi every year. That must give you lot of

ideas to give much more.

Drs. Suresh '76 and **Yamuna Kasaraneni** '80 donated to Vinuknoda girls hostel, Sankara eye hospital in Guntur, Kakani old age home, Dr. Jayapradamba degree college, Srisailem temple and, all the way to temples in Portland, Oregon.

Dr. Nageswara Rao Mandava, surgical oncologist became the director of a surgical residency program at Catholic Medical Center in New York at a very young age (He was in his mid thirties). Arising from his passion in his field of work, he donated significant amount of money to cancer hospitals helping poor people in Andhra Pradesh. He is a perfect fit for Sai Baba's quote, "Hands that serve are holier than lips that pray." We heard that his wife, Lakshmi garu is an incredible person. In the spirit of RMC reunion, we can proudly call him Nageswa-rangarayan. Don't get confused with Mondavi wines. Dr. Mandava is more valuable and certainly much sweeter.

Now, are you mesmerized and moved? There are so many unsung heroes and heroines. Let's find them, celebrate them, emulate them and join the spirit of sharing!

Disclaimer: This information is only meant to not just inspire others to do the same as we already know countless number of RAMCANA members are "do gooders." We salute you, and we want you to continue the legacy of doing good, and more importantly share those stories with us. Keep the circle going!

We Stand On Their Shoulders: Our Past Presidents Talk!

Over the years, RMCANA has been led by many outstanding presidents. Here, they share their stories



Dr. Uppendra Nimmagadda

Dr. Uppendra Nimmagadda

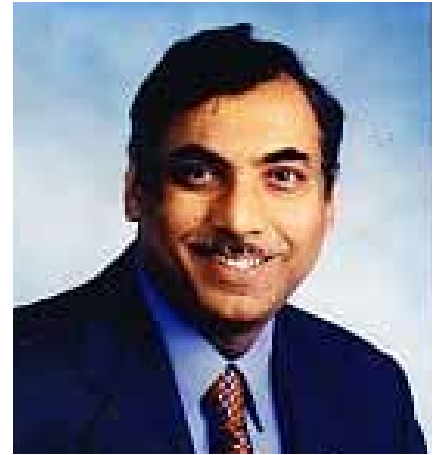
A group of young Rangarayans met in the windy city Chicago in 1971 and decided to start an organization called Rangaraya medical college old boys association to revive the culture of Rangarayans in America. Only a few Rangarayans in Chicago and suburbs attended this meeting but they were not deterred and were even more determined to create

Rangaraya association and spread the message across the USA. The driving force behind this budding organization was none other than our Proud Rangarayans Dr. Uppendranadh Nimmagadda and Dr. Mallikarjuna R. Anne.

Dr. Uppendranath Nimmagadda completed his M.B.B.S from Rangaraya Medical College in 1964 with gold medals in Pathology and General surgery. Came to USA in 1967 and completed his General and vascular surgery residency in Chicago in 1973. He practiced Surgery in Chicago area until his retirement in 1999.

Drs. Usha Rani and Uppendranadh were actively involved in various Community projects. He was a member of Indian American Med Association of Illinois and instrumental in establishing the

Free Health Clinic in Chicago. Nimmagadda family donated \$250,000 to purchase the building for the Clinic and its operations. He was Founding member of Hindu Temple of Greater Chicago and Served as President for two terms.



Dr. Nagendra Rao Thotakura

Nagendra Rao Thotakura '66:

It is so good for Rangarayans of R.M.C.A.N.A come together to have a successful Reunion. It brings fond memories to think of Kakinada days, be the campus, hostel, day scholar life, teachers, friends, the places we hang out like Bhanu gudi center, cinema road. the Anatomy, dissections, library, combined study, cramming for the exams, Hospital rotations and what not. Those are what you call " Good Old Days"

It was a privilege to be your President 1991-1993 and start RMCANA in 1991, written the By Laws had them approved at our General Body Meeting. We had a successful Reunion with over 90 of our Alumni members attended .We developed the Logo and the first Souvenir with 250 member list with addresses. Over 90 members paid their Biannual Dues. Few have become Life Members. Sri Mullapudi Harischandra Prasad

addressed our Alumni meeting at TANA and politely reminded everyone to call the college as Rangaraya Medical College and not Kakinada Medical College as few were referring to. Incidentally his Family trust donated the money and it was named after his late brother in law late Mr P.V Ranga Rao Garu. \$5000 to buy a photo copier and books for the Library.



Dr. Subbarao Gorantla

Subbarao Gorantla '66: I took over from Dr. Nagendra Rao Thotakura in 1993 and completed my term in 1995. During the two years, we got tax exempt status for our organization (The organization does not need to pay taxes for our income, but it is not tax deductible for the individuals paying the dues, donations, etc). We had the biannual reunion along with GMC and KMC in St. Louis in 1994 and it was a great success. We published a souvenir at the convention. I also visited Kakinada and met the Principal of our college and the hospital superintendent to revive the contacts. Our local old boys association in Kakinada, under the leadership of Dr. Krishnam Raju, who was our classmate and at the time professor of

pathology (now the vice chancellor of Health sciences university) was very active then. They arranged a nice meeting with their executive committee. This led to us donating much more.



Dr. Jayakumar Kambam

Dr. Jayakumar Kambam, FACA I served as: Vice President, Rangaraya Medical College Alumni of North America. 1993-1995. President, Rangaraya Medical College Alumni of North America. 1995-1997. (Vice President: Dr. Indira Mutyala, and Secretary & Treasurer: Dr. Ramanareddy Guduru).

In my tenure, as Vice President, I have helped and published the first full RMC alumni director.

In 1996 we had our combined Guntur, Rangaraya, and Kurnool Medical Colleges alumni meeting in Atlanta. We had a formal CME session in Atlanta and I was the CME Director.

In 1997, we had our alumni meeting in Los Angeles during TANA meeting. Over one hundred alumni attended that meeting. Our old Principal then living in CA gave us a few minutes of Key Note speech.



Dr. Indira Mutyala

Indira Mutyala: It is my pleasure & privilege to serve RMCANA as president from 1997 to 1999. During my term as president, I sent news letter to all RMCANA members (294) every three months, to share the information, to improve communication and to encourage them to participate in improving our organization. Many of our members called me and expressed their appreciation in receiving the news letters. During that time I requested Dr. A.V. Krishnam Raju, professor of Pathology, in person to help our RMCANA members in getting needed information like credentials from our medical college to get state licensure in U.S.A. I shared this information to all RMCANA members to contact Dr. Krishnam Raju if they need any documentation from our medical college. I also met with RAMCOSA president Dr. Pullarao and his executive committee.

During my term, we collected and sent several journals of various specialties to Rangaraya Medical college library. I released RMCANA member's directory in 1999. I tried to get pictures from all members to include in

the directory. I received only few pictures but many phone numbers and correct addresses. I started Rangaraya Liaison in other countries to exchange views and information among us. During our Reunion I also extended invitation to Rangarayans in other countries. During our Reunion at TANA in 1998, we all enjoyed Dr. Apparao's visit from England and his melodious singing took us back to past memories. Besides our Reunion at TANA in 1998, we also had our biannual Reunion along with GMC & KMC at Pittsburgh in 1999. It was well attended and successful. At that time, I handed over my duties and responsibilities to Dr. Ramana Reddy Guduru.

On a personal note, I am happy to say because of my strong desire to do social service in both India and USA along with my husband, Dr. Murthy, we took early retirement.

Our charity activities involve mostly in education and health. On our visits to Kakinada, we spend time with general hospital superintend and the principal of R.M.C. to discuss the needs of hospital and college. As per their request, so far, we developed the Physiotherapy unit and Obstetrics intensive care unit in Government general hospital which are helping both the patients and the students. I would like to thank all RMCANA members for their support during my term.

Dr. Ravi Chadalavada '72: During the term 2002 to 2004 Dr. Ram Mohan and I have started consolidating the base organization by increasing the contacts regionally. One of those success stories did happen in

upstate New York under Dr. Ram Mohan's supervision. I did visit that meeting as secretary. We kept the correspondence up-to-date



Dr. Ravi Chadalavada

with RMCANA members during that time. I am not exaggerating and I am proud to say that during 2002-2004, the seeds of collecting funds for the RMCANA library began. During this time, as secretary I did conduct RMCANA meeting at ATA convention in Chicago for the first time, and at TANA meet at Anaheim.

Subsequently, during 2004-2006 - meetings took place at Chicago GMCANA/RMCANA and Detroit TANA meetings. Dr. Veeraiah was the secretary during this period. He visited Kakinada and met personally local leaders at Kakinada for the library site. I passed on the baton to Dr. Veeraiah at the Orlando meet.

Ram Mohan Kancherla: I took over as Secretary and Dr. Jayanth Gutta as President in 2000 in Long Island Re-union. My first task was to obtain and consolidate the database of the Rangarayans in USA. From several resources we were able to compile more than 400 addresses. Then with the help of our Rangarayan Dr. Nageswara

Rao Mandava, our web site was launched. We started to actively enroll Rangarayans as Life Members. I maintained communication by snail mail with our Rangarayans before and after each reunion. We organized the TANA 2001 in Philadelphia under my tenure. At that time, we updated and approved the by-laws. I visited our College and met with Dr. Krishnam Raju garu and then East Godavari District Collector, who was very interested in developing our Hospital. We sent several scientific journals and text books.



Dr. Ram Mohan Kancherla

Subsequently, in 2002, I took over as President and Ravi Chadalavada as Secretary. We had a successful North East Regional meet in Westchester, NY. We started to collect the donations for a major Project. We continued our efforts to increase our Life Membership. After my term completed as President, I continued active participation as Chairman, Board of Trustees. Along with Veeraiah, Secretary and Ravi Chadalavada, President a decision was made to build a Library in Pre-clinical Campus. We already collected

a sizable donation by that time. Rest of the money was collected through appeals at meetings, personal contacts and mailings. Several Rangarayans have been very generous. I am very glad that we came together as a team to realize our goals and finally gift the State of the Art Library to our College.



Dr. Veeraiah Chundu

Veeraiah Chundu: I got involved in RMCANA from 2002. I was active in 2004 in organizing GMC/ RMC meet in Anaheim, CA. I was elected to executive board as secretary at that reunion. I visited Kakinada in 2003 and spent time with Principal Krishnam Raju Garu. He had suggested that we should do some project as old students of college and had given 3 different projects. I had discussed those projects with past president Rammohan Kancharla, who was instrumental collecting data base and putting back RMCANA on track, president Ravi Chadawada and few lead people-Rajendra kakarla, Nageswara Rao Mandava, Jayanth Gutta, Sasikiran Naidu, Lokesh Edara and Mohan Kishore Kesani. We all felt the best project to do was building 24/7 library in preclinical campus. Krishnam Raju Garu was instrumental in securing space for library and

selecting an architect. I worked very diligently with architect to come with a building that is reasonable and affordable. We collected funds in every meeting and every gathering with our friends. While we were gathering friends, I felt I need somebody locally from Kakinada to oversee the project. I wanted to thank Drs. Murthy and Indira Mutyala for accepting this difficult responsibility. We would not have done the project without their dedication and hard work. Finally, after 4 years of countless hours, dedication and sacrifice from lot of our RMCANA members, we have Dedicated 'Golden Jubilee RMCANA library' to College in Jan 2010. YES, we did it!!! I cannot mention how many people I need to thank to make this library project successful. Please allow me to thank ALL of you who inspired me, guided me, supported me and donated money to make this dream possible.

We did not always have the picture or sadly missed the pearls of wisdom in print from all the presidents. You would understand, right? We will post any upgrades in our web: A place to visit in today's world!



**Dr. Ramana Reddy Guduru, '73
President 1999-2001**



**Dr. Babu Sajja, '59,
President 1988-1991**



**Dr. Jaynath Gutta, '74,
President 2001-2002**

Editor's Note: Did you notice the pattern in all the narratives as "*al Presidente?*" They are leaders, strong and forceful, go meet the Principal at the RMC, then the local executive committee, then raise the funds or spread the will for good deeds, work on library or other such acts, as each one leaves their thumb print. Your turn next?!

IN WARM RECOGNITION

Special Thanks to our RMCANA Library India Champions.

*Thanks to the
hard work and
dedication of
some very special
members, a great
vision has come
to life.*



Prof. Vadapalli
Satyadev

We want to recognize the great contributions of **Prof. Vadapalli Satyadev** for his active involvement from the design stage to completion of the RMCANA golden jubilee. He was responsible for the financial management and supervision of the library project construction. Dr. Satydev is also a member and treasure of Bh Memorial Trust.



Honorable C.M Dr. Rajasekhara Reddy Golden Jubilee Function



Dr. Venkata
Lakshminarayana
Saladi

Dr. Venkata Lakshminarayana Saladi is Member-Treasurer of RMCANA-India Trust and he is also taking active part in the day to day management of library as a Library board member. He is very helpful in guiding us to acquire the much needed text books and periodicals for the library covering different specialties. He is also an active member in Bhanuprasad Memorial Trust. He is helping RMCANA to coordinate with students staff of R.M.C.

A DREAM FULFILLED

To Improve Health with Compassion, Dedication and Excellence

From the humble beginnings as a Diagnostic center, Global, Vijayawada has grown in to a 100 Bed Modern Multi— Specialty Hospital.

Having lost both parents to Cancer, mother in 1992 and father in 1995, I wanted to do something that makes a difference in early diagnosis and treatment. Thus a dream was born among the fields and dust in Krishna District to start Global.

With collaboration from friends and families, we formed Global Medical L.L.C and partnered with a medical organization in Hyderabad to open a center in Vijayawada.

Although run under the chairmanship of an honest and noted person, the people who were running were not. This resulted in dispute leading to finally winning but breakdown of the partnerships. This increased our determination and investments.

From the humble beginnings as a Diagnostic center, Global, Vijayawada has grown in to a 100 Bed Modern Multi Specialty Hospital. Our objective is to bring state of the art Medical Care to our people at affordable cost in a private setting. The advanced critical care at Global has all the technological resources necessary like Ventilators, Monitors, A,B,G and other readily available lab and radiology with on site Intensivist.

Our Operation Theaters consist of 5 Surgical Suites with the latest Equipment. Our patients as well as the residents of the neighboring districts have access to our most comprehensive Diagnostic Imaging Center with High resolution Whole Body C.T Scanner, 1.5 Tesla 16 Channel M.R.I, Digital Mammography,

U.S, Color Doppler, X Ray with Image Intensifier. Our O.P runs from 10 A.M to 8 P.M with specialists in various fields and equipment like Echo, TMT, Spirometry, Gastroscopy, Colonoscopy, Dental, Dietary, Physical Therapy etc. We just placed an order to install Cardiac C.T.

Recognizing the need to improve the availability of Para Medical Staff, we started Global College of Para Medical Sciences and Global College Of Nursing and have 250 students enrolled in these Degree and Diploma Colleges. With over 25 Full time Doctors on Staff we bring quality Medical Care to the residents and Continuing Education to all the Doctors in the area on a regular basis.

Like anything, challenges remain, to manage remotely, retain the talent, how to be a Roman when you are in Rome. In the end what matters is Passion and Perseverance.

Dr. Nagendra Rao' 66 is truly an entrepreneur who turned his passion, a deep instinct of altruism propelled by his mother's cancer into a thriving Cancer Institute! His leadership and organizational skills shine in all fronts!

Effective Bedside Manner: Back to the Basics

involving the patient in decisions regarding their health, and helping the patient feel at ease. Poor bedside manner, on the other hand, can be characterized by arrogance, failure to listen to a patient, abruptness, and dismissal of a patient's fears. Being a physician is an incredible privilege. We are often there to help and guide people at the most crucial points in their lives (births, deaths, the illness of family and friends, etc.). We all know that times are changing, but good bedside manner and a sincere effort to maximize the human touch of medicine certainly never go out of style.

“Being a physician is an incredible privilege. We are often there to help and guide people at the most crucial points in their lives”

Ganapathi R. Gottumukkala

I would like to begin with a quote from Sir William Osler, one of the most influential clinicians that ever lived.

“The practice of Medicine is an art, not a trade; a calling, not a business; a calling in which your heart will be exercised equally with your head”

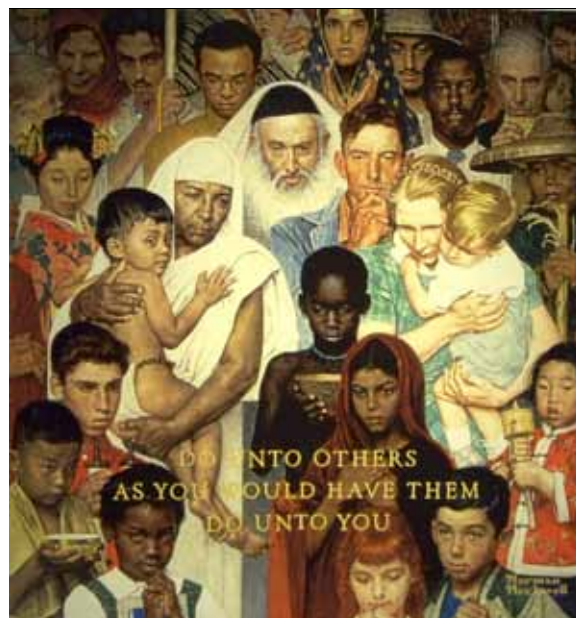
As technological improvements allow for the continual progress of clinical medicine, let us not forget the tremendous importance of proper bedside manner. Basic medical knowledge and clinical skills, while fundamentally important, do not suffice on their own. Successful medical practice is ultimately rooted in effective patient-physician interaction. Every patient wants to find a doctor that listens. Though it may take a few extra minutes

to have a meaningful exchange with a patient, the value of such efforts are immeasurable. Sitting down, maintaining good eye contact, and allowing patients to fully express themselves will allow your patients to develop a sense of comfort and trust. Logistically speaking, this may even end up saving you time and money on risk management courses later on. More importantly, crucial information can easily be missed when a patient is not given enough time to thoroughly describe his or her situation.

Most of us would agree that exhibiting effective bedside manner involves showing empathy, being open to communication,

I conclude this article by reiterating Dr. William Mayo's philosophy: “The best interest of the patient is the only interest to be considered”.

Note: The intent of this article is primarily to inspire the young upcoming doctors who may get lost amid the excitement of modern medicine and overlook the classical values upon which the basic practice of medicine continues to rest.



Remembering & Reminiscing



Dr. Veeraiah Chundu, our past President (treasure hunt for you! You will find his picture in two places in this souvenir), the tireless Neonatologist has one thing in common between saving the precious premature babies and saving the collective vision of all those who also worked relentlessly for the library. Fundraising, working with architect, you name it, he did it. Indeed, reflect on all those who helped, mentioned among the past presidents' collated letters, and donors!! Each one of them made a mighty precious contribution, yet, so..so.. humble. Kudos. Here is the prize!!



Pat The Child: 30 Years Later

“I think we are immersed in social experiment at an individual family level. It is a kaleidoscope of cultural diversity within our Indian community.”

Mani N. Pavuluri

I distinctly remember writing an article “Pat the Child” for the RMC souvenir on raising children with positive aptitude in 1980. I was not sure if it was to impress our General Secretary at RMC that I will be a good mother if he chooses to marry me or it was a preemptive strike at being a child psychiatrist. Whatever it may be, I ended up having two kids and learnt the hard way that it was easier to write the theory than live in the reality. While all of us parents agree that it is absolute blessing to raise our kids, we all know the unique struggles of helping our children embrace the best of both worlds, eastern and western.

I think we are immersed in social experiment at an individual family level. It is a kaleidoscope of cultural diversity within our Indian community. No two families are exactly alike in their ways, though

we all hold the same principles. I tried Chinmaya mission although kids pleaded each day for letting them off the hook, yet they enjoyed the peer group. They enjoyed the religious stories of Hanuman and “Elephant God.” Yet they resisted. I tried feeding them idlee atleast three times a week to three times a month to never as soon as they started school and tasted the other foods. When they were young, I used to buy the long cute Indian Jodhpurs and as years go by, they gave up on them too. I started reading chicken soup for soul on Sunday in lieu of Chinmaya mission at least to imbibe values and that ritual fizzled out in no time. I tried to teach the language Telugu, and succeeded ‘in part’ short of the written part. Writing in Telugu seemed like asking too much when practical application was questioned.

Then, we made sure we surrounded ourselves with enough Indian families so that our kids enjoyed the joy of being wrapped by abundant affection of mentor like “aunts” and “uncles.” I am pretty sure you can relate to this quest. So, is it religion, dress, food, language or social ambience or there is more to it in our culture for all of us?

On reflection, our culture, while is beautifully bound by the rituals of social and religious etiquette, holds deep values that are like gold nuggets. Yes, I wrote 30 years ago that kids are not blank slates to be written on and that they have their own minds that need fostering. While I hold on to it, I am rethinking that whole idea in another angle.

As an immigrant mother, I am eager to grab the chance of inculcating what we think are the best in both worlds. I observed the family culture of Indian families that enjoy the best cohesion. The first quintessential quality appeared to be cultivating intimacy. Indeed, it is not uncommon to note teens shrug their shoulders or spend inordinate amount of time in their rooms. I think a cordial relationship of active communication role modeled by parents will help create a sense of joy in the home. Another thing is to talk about mundane things to your children. When did you ever talk about your day or engage in small talk with your child about your thoughts other than just lecturing or instructing them? Recently a couple of

teens visited us for summer vacation. Their dad called them each day and simply told them what he or his wife did all that day plus more. It was at equal footing. Another tip is to act and foster intimacy than be intimidated and inhibited by their “aloof” stance. One modicum of such communication is to use humor if you can. In fact, us south Indians take life too seriously and there is little light heartedness. Bring that on! There are times when, as parents, they only allow positive things or switch off and revolt if you criticize and it is time for us to turn off from giving harsh feedback I guess. Timing is everything.

The factors we cannot control are the kind of kids God delivers. One child may elicit love by

“When they were young, I used to buy the long cute Indian Jodhpurs and as years go by, they gave up on them too.”

hugging and being highly respectful while the other one is inherently strong willed and leans on being oppositional. You wonder what you did wrong and how things turned out this way. You either give yourself a hard time deep in thought if you are biased unintentionally towards one and not the other or if the child is manipulating

you. The truth, more often than not, is neither. Each child has his or her own temperamental characteristics and you are just a participant in the dyadic relationship. Each child, therefore, elicits different YOU. As consistent as you are, realize that no two relationships are the same, even though all are of great quality!

Another agonizing thing at cross roads is to constantly worry if you made the right decision to live in a certain place. You may have thought a small place is safe or big city is great for cultural exposure. Private school may offer sure shot at getting good education or public school is just as good if your kid is smart enough, provides great value system and teaches street smart ways. City may teach



My Targets of Intervention: Rohan and Chetan



RMCANA Kids!

groovy life skills and suburbs may offer safe haven amongst immigrant neighbors and good school system. At the end of the day, you can't do two things at once. You are constantly making decisions based on your experience and beliefs. You can only do the best you can and not look backwards.

One thing I feel strongly about Indian community and it is the last frontier we need to cross is getting along with the local Americans at an equal social footing. I hear so many people tell me "Oh I can't talk like so and so." Conversely, I see very simple barely educated families get along famously with locals. I noted one difference. We make a big deal about differences. I vouch for the fact that there are so many similarities than

differences. We are all global citizens. We analyze and interpret beyond reason. I wonder if we can simplify this. I encourage you considering them (if indeed you are the retracting type), in fact tomorrow when you see one, to act like you saw someone in Kakinada at Bhanu gudi! See the magic. We are all humans. Our kids need to adapt and be assimilated and fully feel confident emulating us right as young kids, not till they get to be much older to find their ways! Now last but not the least, as a shrink, I have one thing to say. If there are blues and there are things that are bothering you with your child's emotions or cognitions or behavior, reach out to talk to someone with an open mind. Get help for problems and do not hide. Act early and know

that people care, for, your child is more important than what others think. At the end of it all, you can only do what you can, and cannot look back. After all, we believe in destiny. I know you care deeply.

Celebrate parenting. The concluding sentence that I wrote 30 years ago, "The saying spare the rod and spoil the child must now be replaced with spare the love and spoil the child" is being rewritten now. To be meaningful to us in our life in US of A, I now say: Don't bend backwards till you fall out of your center of gravity. You already try too hard, so pat yourself first before you pat your child!

RMCOA Building: Dressing up and Almost Ready!

This is a fabulous building with auditorium, kitchen, several bedrooms, dining hall and much more! This is in final stages of construction that began in 1993, and after 17 years, and under the term of Dr. K.L. Narayana's RMCOA leadership, it is finally reaching completion! Thanks to all those who helped in realizing this dream that came to a reality!



*Dr.K.L.Narayana, 76
President, RMCOA*



Think of just building something in a city where you don't live.

it is not your own home, you give lots of money, although for a good cause, and gather folk to help on a daily basis to complete and keep accountability in check in India!

Tall order, would you not say?



WITH

GRATITUDE

Thank You Note From Our Professors: The Potinenis

Indira and I were proud and privileged to have served Rangaraya Medical College almost from its inception in various capacities until 1982. We had the good fortune to be loved and respected by the students of the college and the pleasant feelings run through our minds whenever we recollect and remember the years we spent in Kakinada.

The intimacy we developed with our students, akin to that of parental bond with their children, makes us feel that we had the best part of our lives in Kakinada. We were all like a big RMC family, not mere friendship or relationship, but because of close and constant association.

It gives us great pleasure when students and staff members take the trouble to meet or contact us at Chicago even after 30 to 40 years when they happen to be in USA either on a visit or most often to visit their newly-born grandchildren.

There is no greater reward for a teacher than to receive affection and respect from students and we are extremely thankful to all Rangarayans for giving us this pleasure and immense satisfaction.

Warmly,

Narasimha Rao and Indira Devi Potineni

Narasimha Rao and Indira Devi Potineni

Tribute to the Professors Who Crossed the Seas Along with Us

"Dr. Rao extended his tough love and compassion. Dr. Indira was known for her impeccable word and endearing charm."

Mrs. Indira and Dr. Narasimha Rao are the couple who were Professors in English and Biochemistry respectively that some of us have the fortune to know or were directly taught by them. Indeed, they are stellar couple who dedicated 23 years of their life at Kakinada in RMC and another 23 in USA. Dr. Narasimha Rao additionally served as Chief Superintendent of the examinations and the warden of the men's hostel for a decade, while Mrs. Indira served as warden of the women's hostel. They certainly are the two guardian angels and the power couple.

There were countless incidents of mentorship to stream line youngsters playing poker in study hours or waddling experimenters who were drunk where Dr. Rao extended his tough love and compassion. Dr. Indira was known for her

impeccable word and endearing charm, the pillar of social grace for all the girls to emulate.

Needless to say it is hard to even imagine the not so easy transition to the USA that we all know only too well. Yes, it is the tough mid career move that they negotiated in an amazing way. Here is an example to illustrate the retrospectively hilarious scenarios often narrated by Dr. Rao: "We were staying in a medical center complex and



Tribute to Dr.Indira Devi & Dr.Narasimha Rao, Great parents & great Grandparents, With love, Vishnu,Jyothi,Vinod,Akhil,Aishwarya & Alok Nutakki Ravi,Vasanthi & Teja Potineni. Congrats to all Rangarayans for their many accomplishments!

one morning, I was returning after driving my wife to work. The manager of the Medical center was at the entrance of the building and asked me where I went so early. As we used to say in India, I said "I went to drop my wife". Then he immediately said "Oh! She seemed to be such a nice lady. Do you mind if I picked her up."

Dr. Rao had the fabulous spirit to join the laughter as he realized the cultural difference in the use of language. They truly endured the life in USA and excelled in running a laboratory, again as a couple, showing the formidable joy of sharing in the thick and thin of life's journeys!

Dr. Rao was facilitated at RMC during the 7TH Alumni reunion in 2005 when scores of students came by to pay their respects. We now invite them as the beloved couple who served RMC, who remain unique in being our role models especially illustrating a graceful transition to the adopted country along with all of us.

We salute to all the goodness you continue to show us to live by. For that, we thank you!!



First Beer

“Every time this comes to mind, we all break into laughter!”

Kurmanath

Eight of us guys in first year medical school wanted to do something macho and exciting. So, we decided to get drunk. Bought three beer bottles and hid them in a bag and took them to the pavilion around midnight. We forgot to get an opener. Remembering a scene from a movie, I tried to open them with my teeth. I got them opened and was so proud. I felt some powdery stuff in my mouth. Ignored it and started drinking.

All eight of us shared those



three bottles. All of us hated the taste and kept on giving it to the other person to finish it. Then we thought we got drunk and everybody started acting

drunk like in movies and had lot of fun and finally went back to our rooms. Later I realized that white powder was my broken tooth. By the time we finished medical school, it sunk in that three beers will not even get one person drunk, let alone eight guys. Every time this comes to mind, we all break into laughter!



Cardiology Associates

Arvind Gandhi, M.D.
Prakash Makam, M.D.
Ravi Bhagwat, M.D.
Wail Asfour, M.D.
Miguel Gambetta, M.D.
Mohan Kesani, M.D.
Jay Pandhi, M.D.

- Comprehensive cardiac and vascular evaluation and treatment
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5500 Hohman Avenue, Suite 2G
 Hammond, IN 46320
 (219) 931-8708

Building Memories

Batch 85 Silver Jubilee Reunion in Kakinada

in the first week of January 2011.

Contact: Dr.Prasad Nalluri, 409-504-4666
drnalluri@gmail.com

Batch 60-61 Golden Jubilee Reunion in Kakinada

in the second week of January 2011

Contact person in USA: Dr.Venkata Rao Yelati , Phone# 254-624-9099,
vryeleti@gmail.com

Contact person in Kakinada: Dr. Rangarao Garu , 9848337830

Batch 62 Golden Jubilee Reunion in Kakinada

in the first week of January 2012

Contact , Murthy Mutyala, 832-754-0924
mutyala41@yahoo.com



2002 Reunion Gala

Behind the Scenes: What it Takes



Dr. Ratnajji Nallamotheu,
The Web Master

Well, one can only begin to think of how many people had to volunteer countless hours in fund raising, teleconferences, arranging folk to perform, write and construct websites, constantly trouble shoot, pull people together, banking and payments, collecting addresses, seamless arrangements, orchestration with Guntur and other college organizations, liaise with Indian teams of medical professionals as well as artists, publishing, booking the place including reservations, constant crafting of emails, networking to keep the organization alive and creating the momentum to the next generation of leadership. Now you will understand the depth of the letters and the compliment pages and passion that went into RMCANA.

RMCANA heard that Dr. Krishnaveni, Indiana, is an avid Bharatanatyam dancer. She is incredibly disciplined in her work routine at the hospital, alongside yoga and healthy diet. One is inspired by such impeccable life style. She is instrumental for working with Convenor Dr. Kurmanath in streamlining registration for St. Louis Meet.

We are calling on NEXT WAVE OF ALUMNI such as Dixit, Gogineni, Nalluri, Nallamotheu, Parvathaneni, Vellanki, Talluri, Chennareddy et al. to lead RMCANA. And if we did not include you, the reader, that is because we are waiting for you to proactively join! This is your organization. It is Ratnaji Nallamotheu who built the website! He is our golden boy!!!!

RMCOA MEETING

Biennial Meeting
January 2012
First Weekend.



**In Close Collaboration
with**

**RMCA
&
RMCOA**

**We are in it
together!!**

*You are all cordially invited to
attend the Biennial Meeting
RMCOA in the first week of
2012 in Kakinada, INDIA.*

- **General body Meeting**
- **Entertainment**
- **Banquet**
- **Group Photos, and Lots More**

Contact person in INDIA:

Dr.K.L.Narayana, President, RMCOA

sdestates@yahoo.com, Tel#(984) 909-4545

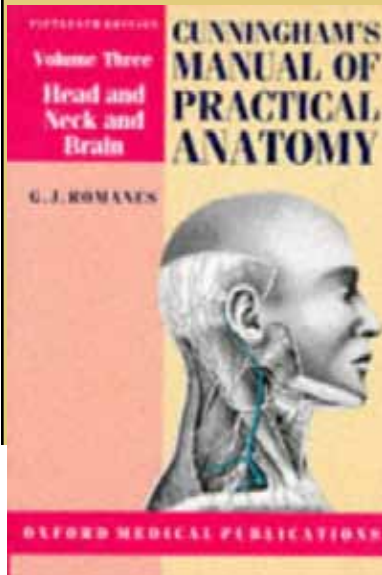
Dr.Vadrevu Ravi, Secretary, RMCOA

ravi58v@yahoo.com, Tel# (984) 816-0147



కృషి వుంటే మనుషులు

సరిగ్గా యాభై ఏళ్ళ క్రితం ఓ పదేళ్ళ పసివాడు అప్పటి దాకా ఓ కామందు దగ్గర కాయకష్టం చేస్తూ, ఆ కామందు వరండాలో చదువుకునే పిల్లల్ని చూసి ఆకర్షితుడై, ఆ కామందు ప్రోద్బలం తోనే సరస్వతి ఉపాసన ప్రారంభించి, మెడిసిన్లో సీట్ సంపాదించి, ప్రతి సభైకు పదునాలుగు సార్లు పలక మీద రాసి మరీ పరీక్షల కెళ్ళి, పి.జి. ఎంట్రన్సు లో ఓపెన్లో ఐదో ర్యాంకు సాధించి, సర్జరీ చేసి ప్రొఫెసర్ అయిన వైనం చూస్తుంటే మరీ కృషి వుంటే మనుషులు ఋషులు అనే నానుడి గుర్తుకొస్తుంది కదూ!!



ఇంగ్లీష్ భయం

అనాటమీ రోజుల్లో ఒకాయన కే.వి.రావు అని ఉండేవాడు, ఎమైనా అడిగితే నా పేరు కే.వి. రావు, నా కేవి రావు అని అంటుండేవాడు. ఒక సారి ఆయన అనటామి కన్సింగ్ హమ్ మాన్యువల్ పోయింది, ఎంత వెదికినా కనపడలే, చివరి కెవరో ఆవుద్ అఫ్ స్టబ్ థామస్ గాడిని అడగమన్నారు, అంతే ఒక్క సారిగా సీరియస్ ఐపోయి, ఎదవ మాన్యువల్ పోతే పోయింది ఇంకోటి కొనుక్కోవచ్చు, ఇప్పుడు వాడితో ఇంగ్లీష్ ఎవడు మాట్లాడుతాడు? నేను చస్తే అడగనని మొండికేసాడు. ఇప్పటికీ ఆ దృశ్యం తలచుకుంటే నవ్వాగదు నమ్మండి.

నాకు మళ్ళీ చదవాలని వుంది

నిజం, 'ఎక్కడో లేదు నా పవిత్ర దేవాలయం రంగరాయ మెడికల్ కాలేజీలోనే.' మళ్ళీ పి.పి.సి.లో చేరి ఫైనలియర్ పాసై హౌస్పర్షన్ చేయాలని వుంది. మధురంగా కదిలిపోయిన గతం మళ్ళీ కళ్ళ ముందు నిలవాలని వుంది. మరువలేని మధురానుభూతుల్ని, అపురూపంగా దొరికే అరుదైన ఆ అదృష్టాన్ని మళ్ళీ మళ్ళీ అందుకుని చరితార్థత నందుకోవాలని వుంది.

ఈ భావాలు నాకేనా కలిగేవి? ఈ స్పందన నాకేనా పరిమితమయ్యేది? లేదు ఇది మా కాలేజీలో చదివిన ప్రతి ఒక్కరి సొత్తు. ప్రతి ఒక్కరి అనుభూతీ, అందరి స్పందనా. అవును, మా కాలేజీ అటువంటిది. ఆ వాతావరణం అటువంటిది. మా అనుబంధాలు అటువంటివి. మేము పెంచుకున్న ఆత్మీయత బంధాలు అటువంటివి.

ఎన్నో ఏళ్ళ తరువాత ఎప్పుడు ఎవరం ఎక్కడ కలుసుకున్నా ఆత్మీయతలతో పులకించిపోతాం. పవిత్రానుబంధానికి అర్థాలు చెప్పుకుంటాం. అరమరికలు లేని ఆత్మీయత కలబోసుకుంటాం.

భారతీయుడు ఏ దేశమేగినా నాది భారతదేశం, నేను భారతీయుణ్ణి అంటూ ఆనందాతిశయంతో చెప్పుకున్నట్టే మేమూ ఏ దేశంలో అడుగుపెట్టినా ఎన్ని గౌరవపీఠాలను అధిష్టించినా సగర్వంగా చెప్పుకుంటాము, 'మేము చదివింది రంగరాయ మెడికల్ కాలేజీలోనని, మేము వైద్యపట్టా పుచ్చుకున్నది ఆ పవిత్ర దేవాలయంలోనేనని.' ఆ పవిత్ర దేవాలయం తాలూకు మధురస్మృతులే మైమరపించే గతంలోకి తీసుకు వెడుతున్నాయి. మరువలేని గతం తాలూకు మధురానుభూతుల్ని బంధాలనూ అనుబంధాలనూ చిత్రవిచిత్రంగా కళ్ళ ముందు నిలబెడుతుంటే మైమరచిన మస్తిష్క పొరలలో రంగరాయ వైద్య కళాశాల అస్పష్టంగా మెదిలి స్పష్టమైన రూపులు దిద్దుకుంది.

కళ్ళ ముందు ఎన్నో సంఘటనలు- వందలు- వేలు- సినిమా రీళ్ళలా కళ్ళముందు తిరుగుతున్నాయి.

1962-63లో అప్పట్లో మా హాస్టల్స్ ప్రైవేట్ ఇళ్ళల్లో శ్రీరామనగర్లో వుండేవి. రిజిస్టర్లో వయసు చాలా ఎక్కువ పడిన కారణంగా మెడికల్ కాలేజీలోకి వచ్చామేగాని నిజానికి అంత దూరాన అమ్మను, నాన్నను విడిచి హాస్టల్లో వుండాల్సిన వయసు కాదని.

చదివితే డాక్టరే చదవాలి, అయితే డాక్టరే అవ్వాలి. అదీ మా నాన్నగారిలా మంచి డాక్టర్గా. పంతం పడితే ఏ పరిస్థితుల్లోనూ ఆ పంతం నెరవేరాలి. నెరవేరి తీరాలి. అదీ నా మనస్తత్వం. మా అంకుల్ అప్పటి చీఫ్ మినిస్టర్ డాక్టరు నీలం సంజీవరెడ్డిగారు నా ఆవేదనను అర్థం చేసుకుని నన్ను మించిన పంతంతో నాకు మెడిసిన్ సీటు ఇప్పించారు. నన్ను వదిలి వుండలేని తాతగారు, నాన్నగారు, అమ్మగార్ల ఆశీస్సులతో కాకినాడలో అడుగుపెట్టాను.

అవి హాస్టల్స్ను భావనే దూరమైపోయింది. ఒక్కొక్క గదిలో ముగ్గురం చొప్పున వుండేవాళ్ళం. సీనియర్స్ జూనియర్స్ అన్న బేధాలు మాలో వుండేవి కావు. అక్కచెల్లెళ్ళ కన్నా ఎక్కువగా కల్సిపోయాం. అయినా పసితనం దిగులూ. తెనాలి నుంచి మా అమ్మానాన్నగార్లు మా కాంపౌండర్ కృష్ణమూర్తి చేత ప్రతీ వారం నాకిష్టమైన గుత్తి వంకాయ కూర, బాదం హల్వా పంపేవారు. అవి చూసుకుని ఏడుపు ఆపుకోలేక పోయేదాన్ని. మా హాస్టల్ ప్రక్కనే మా నాన్నగారి క్లాస్ మేట్ డాక్టర్ ఎస్. జగన్నాథంగారి ఫ్యామిలీ వుండేది. వారు నా లోకల్ గార్డియన్స్. హాస్టల్లో బావుండదని వాళ్ళింటికి వెళ్ళి కరువుతీరా ఏడ్చేదాన్ని. వారి అబ్బాయిలు ప్రసాద్ (ఇప్పుడు ఫిజీషియన్), కుమార్ చిత్రంగా, జాలిగా చూసేవారు.

ధనకళ్యాణీ, దేవబాల, విలాస్, ఇందిరా, నేనూ కంబైన్డ్ స్టడీస్ చేసేవాళ్ళం. ఏమాత్రం సందేహం వచ్చినా బంగారురాజుగార్ని (ఫిజిక్స్), శర్మగార్ని (ఫిజిక్స్), జానకిరామశాస్త్రిగార్ని (ఇంగ్లీష్), శంకరభానుగార్ని (కెమిస్ట్రీ) ఊపిరి తీసుకోనిచ్చేదాన్ని కాదు. వాళ్ళ ఇళ్ళకు వెళ్ళి పీఠం వేసుకుార్చుని సందేహాలు తీర్చుకునేదాన్ని. ఆదర్శ గురువులు. సబ్జెక్ట్ మీద అంత ఇంట్రెస్ట్ చూపిస్తుంటే వారూ ముచ్చటపడేవారు.

మా మిత్రులు మోనోయాక్షన్లో, పాటల్లో, రచనల్లో అన్నింటా బహుమతులు గెల్చుకునే నన్నందర్లోకి ప్రత్యేకంగా చూసేవారు. ‘శ్రీరాముని చరితమును’ (లవకుశ), ‘పాడుతూ తీయగా’ (మూగమనసులు) మొదలైన పాటలు పాడించుకుని అందరూ పారవశ్యంతో కన్నీళ్ళు పెట్టుకునేవారు. ఇలా ఆడుతూ పాడుతూ చదువుతూ హౌస్పర్జన్సీకి వచ్చేవాం. పి.పి.సి. నుంచి హౌస్పర్జన్సీ వరకూ వ్రాయాలంటే ఒక మహాగ్రంథం వ్రాయచ్చు. ఆ ప్రయత్నం స్వల్పంగా చేశాను.

‘మల్లెల మనసులో మమతల ఊయల’ అనే సీరియల్ చదివి, నావెల్ చదివి ఎందరో కాకినాడ పనిగట్టుకు వెళ్ళి మా రంగరాయ వైద్య కళాశాలని ఒక యాత్రాస్థలంలా చూసి వెళ్ళేవారట. ఆ అనుభూతుల్ని నాకు ఎందరో ఉత్తరాల ద్వారా వ్రాశారు.

నా దేవాలయం రంగరాయ వైద్యకళాశాలలోకి అడుగుపెడుతుంటూనే అవ్యక్తానందంతో వులకించిపోతాను. స్వాగతంగా తలూపే చెట్లు కబుర్లు చెబుతాయి. అవును, ఆ చెట్ల క్రింద ఆత్మీయులతో సన్నిహితులతో మనసు విప్పి మాట్లాడుకునేవాళ్ళం. బడ్డీకోట్టు నుంచి తిరిగి వస్తూ సేద తీర్చుకునేవాళ్ళం. నేనూ, సమత, ఆశా, సరూ, రాజేష్ సబ్జెక్ట్ డిస్కషన్స్ తో బాటు గిల్లికజ్జాలు పెట్టుకునేవాళ్ళం.

డాక్టర్ గిరిధర్, లక్ష్మీ, వారి ముద్దుల కొడుకు కల్యాణ్ తో ఆత్మీయతను ఇచ్చి పుచ్చుకునేవాళ్ళం. గిరి జీనియన్. ఫోటోగ్రఫీలో ఎక్స్ పర్ట్. ఎస్.పి.ఎమ్. క్లాస్ లో నేనూ శ్రద్ధగా వింటున్నట్టు నటించడం గమనించిన గిరి చటుక్కున నా ముందుకొచ్చి నా కళ్ళను మాత్రం ఫోటో తీశాడు. ఆ ఫోటో మాత్రం వుంది. గిరి మటుకు ఈ లోకాన్ని వదిలి వెళ్ళిపోయాడు.

పరీక్షల్లో మా మానసిక వత్తిడి, హాల్ టెట్స్ తీసుకోడానికి పాలిపోయిన మొహాలతో పడిగాపులు పడి వుండటం, పరీక్ష పాసయాక పండగ చేసుకోవటం ఇలా ఎన్నో ఎన్నో దృశ్యాలు కళ్ళకు కడుతూనే వుంటాయి.

ఇంటర్ మెడికల్ కాలేజీ కాంపిటీషన్స్ లోనూ నేనూ, మా చెల్లి హేమ (ఇప్పుడు కెనడాలో పీడియాట్రిషియన్) చురుకుగా పాల్గొనేవాళ్ళం. శ్రీ ఆదివిష్ణు ‘ఆశ్రయం’, ‘అతిథి’ అప్పట్లో అద్భుతంగా ప్రదర్శించేవాళ్ళం. ఎన్. కృష్ణారావు, నాగశాయిబాబు, సత్యన్నారాయణ, రత్నాకరం ఆచారి, కిషోరు, లక్ష్మి, చెల్లి ఎంతో ఉత్సాహంగా పాల్గొనేవాళ్ళం. సి. మధు పాటల్లో హేమతో పోటీపడితే రచనల్లో నాతో పోటీ పడేవారు (ఇప్పుడు హైద్రాబాద్ లో కార్డియాలజిస్ట్).

ఆ దృశ్యాలు క్షణాల మీద మారిపోయేవి. డాక్టర్ డి. సుందరశివరావుగారు, డాక్టర్ పి. రామచంద్రరావుగారు పెథాలజీ చెబుతుంటే తన్మయత్వంతో వినేవాళ్ళం. మార్కులు ఎక్కువ తెచ్చుకోవటానికి పోటీలుపడేవాళ్ళం. డాక్టర్ వెంకటసుబ్బుగారు, డాక్టర్ జి.వి. సీతారామయ్య

గారు ఫార్ముకాలజీ చెప్తుంటే ఆ సారాన్ని నూరి ముద్ద చేసి మింగేయ్యాలన్నంత ఉత్సాహం వచ్చేది.

డాక్టర్ కె.జి.కె. గుప్తాగారికి మెడికల్ కేస్ ప్రజెంట్ చెయ్యటానికి ఎంతో ఉత్సాహపడేదాన్ని. మా ప్రిన్సిపాల్ డాక్టర్ విస్సా రామచంద్ర రావుగారి ద్వారా అనాటమీ మీద విపరీతమైన ఆసక్తిని పెంచుకున్నాను. మంచి స్టూడెంట్గా తను మెచ్చే చిత్రకారిణిగా నన్ను గౌరవించే డాక్టర్ పి.ఎస్. మూర్తిగారి ద్వారా పీడియాట్రిక్స్ అవపోసన పట్టాను. కొరుకున పడనిది నాకసలు పడనిది మైక్రో బయాలజీ. ప్రొఫెసర్ లక్ష్మీనాయుడుగారు క్లాస్ లో ఎంత సీరియస్ గా వుండేవారో ఇంట్లో అంతకుమించిన అనురాగాన్ని చూపేవారు.

అప్పట్లో కొలీగ్ స్టూడెంట్స్ తో ఎలా వుండేవాళ్ళమో, అసిస్టెంట్ ప్రొఫెసర్స్ తోనూ, ప్రొఫెసర్స్ తోనూ అలాగే వుండేవాళ్ళం. చాలా భాగం ప్రొఫెసర్స్ దరూ మా నాన్నగారి క్లాస్ మేట్స్ అవటం వల్ల వాళ్ళంతా నా మీద ప్రత్యేకమైన వాత్సల్యాన్ని చూపించేవారు. హాస్పిటల్ లో అడుగు పెట్టినప్పుడు ఎంత ఉత్సాహంగా వుండేదో అయిపోతున్నకొద్దీ అంత దిగులుగా వుండేది.

డాక్టర్ వి. సాంబశివరావుగారు, డాక్టర్ తిలక్ గారితో వచ్చి డైనింగ్ హాల్లో కూర్చునేవారు. వెంటనే నా గదిలో వున్న ఆవకాయి, మాగాయిలకి కాళ్ళొచ్చి కదిలిపోయేవి. సాంబశివరావుగారికి మా యింట్లో ఊరగాయలంటే అంత ప్రాణం. మొన్నామధ్య నవోదయ నర్సింగ్ హోంలో కల్పినపుడు ఆవకాయని తల్చుకున్నీ, అప్పటి ఆత్మీయతను తల్చుకున్నీ మనసారా నవ్వుకున్నాం.

ఈమధ్య గుంటూరు వెళ్ళినప్పుడు డాక్టర్ గుప్తాగార్ని చూడటానికి వెడితే వారికి వారి కుటుంబసభ్యులకూ నాకూ మధ్య మాటలు మూగబోయాయి. ఎన్నో ఏళ్ళ తరువాత కల్పి భోజనం చేస్తూ గతం కలబోసుకుంటుంటే కళ్ళ నీళ్ళు తిరిగాయి. వారింట్లో నాకిష్టమైన పప్పులపొడి ఎప్పుడూ వుండేది. గుర్తుకు తెచ్చుకుంటుంటే శ్రీమతి ఇందిరగారు పప్పులపొడి కట్టిచ్చారు.

మా దేవాలయంలో ప్రతీ ఒక్కరం ఆత్మ సంబంధీకులం. మామధ్య వయోభేదాలు లేవు. ఎటువంటి తారతమ్యాలు లేవు. వున్నదల్లా ఆత్మీయతా అనురాగం, అనురాగబంధం.

డాక్టర్ కొమ్మూరి వేణుగోపాలరావు, డాక్టర్ సమరం, ఇస్మాయిల్, శ్రీ జానకిరామశాస్త్రిగారు, శ్రీ ఆమంచి సోమసుందర్, హనుమంత రావు, శ్రీ పర్చూరి రాజారాం, శ్రీ హనుమయ్యగార్లతోడి సాహితీ సహచర్యం నాలోని సాహితీ పిపాసకి ఊపిరిపోసేది. డాక్టర్ ఎన్.ఎస్.ఆర్. శాస్త్రి, శ్రీమతి రోజాగార్ల ఆప్యాయత నూతనోత్సాహాన్ని కలిగించేది.

వాషింగ్టన్ (యు.ఎస్.ఎ.)లో ఒకవైపు కల్చరల్ మీటింగ్ జరుగుతుండగా వేరొకవైపు 'శ్రీరంగరాయ వైద్య కళాశాల విద్యార్థి సదస్సు' అన్న బేనరు చూసి నిశ్చేష్టురాల్యాయ్యాను. అప్రయత్నంగా ఆ మీటింగ్ హాల్లోకి అడుగుపెట్టాను. అపూర్వ ఆదరాన్ని అందుకున్నాను.

ఈనాడు దేశం నన్ను 'కృష్ణక్క'గా అభిమానిస్తోంది. ఎన్నో అవార్డులతో సత్కరిస్తోంది. ఇటు డాక్టరుగా, రచయిత్రిగా అరుదైన అదృష్టాన్ని, అనూహ్య స్థానాన్ని స్వంతం చేసుకున్న నా మనస్సు పులకరించిపోతోంది. నా వైద్య కళాశాల గుర్తుకు వచ్చి ఆత్మీయతతో స్పందించిపోతుంది. నా సహాధ్యాయుల్ని నూతనోత్తేజంతో పులకించిపోతోంది. నా ఆచార్యవర్యులను తల్చుకుని వినమ్రతతో తలవాలిపోతుంది. ఆనాటి స్మృతులను తల్చుకుని వచ్చే జన్మంటూ వుంటే మళ్ళీ డాక్టరునే అవాలని వుంది. అదీ మా రంగరాయ వైద్య కళాశాలలోనే చదవాలని వుంది. వచ్చే జన్మదాకా ఆగలేకనేమో నా మనసు ఈ జన్మలోనే చదవమంటోంది.

చదవాలని వుంది. కాని ఎలా! ఎలా!!

Dr. Krishna Kumari's article was
originally published in 1993
RMCOSA souvenir (1962 batch)

ఎస్. రఘు



మా అత్తగారి చంద్రహారం మా మామగారి మాటలు

మీరు యీ పై పేరును చదివి భానుమతి రామకృష్ణగారు వ్రాసిన కథ అనుకుని సంబరపడతారేమో. కాని యిది ఆవిడ వ్రాసిన కథ కాదు. అసలు యిది కథ కాదు. కథలాగే కనుపించే జరిగిన కథ. ఇందులోని కొన్ని పాత్రలకు రంగరాయ వైద్య కళాశాలకు సంబంధం వుంది కాబట్టి యిది అమెరికాలోని ఆ కళాశాల పూర్వ విద్యార్థుల సమావేశ సందర్భంలో ప్రచురితమయ్యే సావనీరులోనే ప్రచురించాలని అనిపించింది. అమెరికాలో, 'ఒకటి కొంటే మరొకటి ఉచితం' అనే పద్ధతి మామూలు కదా! అందువలన పనీపాట లేకపోవుట వలన ఒకటి వ్రాయమని కోరితే రెండు వ్రాశాను. ఎన్నో సంవత్సరాలు ఆ కళాశాలలో పనిచేశాను కాబట్టి, కొద్దోగొప్పో సంపాదకులు తెలుసు కాబట్టి యీ కథలో పన ఉన్నా లేకపోయినా అచ్చు వేస్తారనే ధైర్యంతోనే యీ అవకాశాన్ని వినియోగించుకోవాలనిపించింది. ఇది నా తొలి ప్రయత్నం కనుక, అందులో 28 సంవత్సరాల నుండి చికాగోలో స్థిరపడుట వలన, తెలుగు ప్రాంతానికి దూరమవటం వలన, తెలుగు మాట్లాడటం, చదవటం తగ్గుట వలన యిందులో తప్పులున్నా పొరపాటున యీ కథ కాని కథ ప్రచురించబడితే మీరు చదివి ఆనందించవలసిన విషయాలు యిందులో వుంటే ఆనందించవలసినదిగా నా కోరిక. ఎప్పుడు బోరు కొడితే అప్పుడు మీరు నిరభ్యంతరముగా యిది ప్రక్కన పెట్టి మీ పని మీరు చూసుకోవచ్చు.

కథ వివరాలకు వెళ్ళే ముందు మా(నా) అత్తగారిని గురించి కొంచెం చెప్పాలి. ప్రస్తుతం ఆవిడ వయస్సు 94 సంవత్సరాలు. ఆవిడ పేరు వెనిగళ్ళ సీతామహాలక్ష్మి. ఎప్పుడూ స్వగ్రామమైన ఇందుపల్లిలోనే ఒంటరిగానైనా ఉండటమే యిష్టం. ఆవిడకు చిన్నప్పుడు చదువుకోవాలని పించినా అప్పటి పరిస్థితుల దృష్ట్యా వీలుకాకపోవటం వలన, ఐదవ తరగతిలోనే తన చదువు ఆగిపోవుట వలన తన పిల్లలనన్నా బాగా చదివించుకోవాలనే తాపత్రయం గల మనిషి. ఆ తాపత్రయమే చివరకు ముగ్గురు పిల్లలన్నా ఆమెను ఒంటరిగా మిగిల్చింది. మామగారు 23 సంవత్సరాల క్రితం చనిపోయినపుడు మేమందరము మొత్తం 30 ఎకరాలకు దగ్గరలో ఉన్న పొలం గురించి ఇక ఆశ వదులుకోవచ్చు అనుకొన్నాము. అయితే అప్పటి నుండి క్రితం సంవత్సరము వరకు మామగారి కంటే సామర్థ్యంతో వ్యవసాయం చేయించగలిగారంటే నమ్మటం కష్టం. పైగా డబ్బును వడ్డీలకు త్రిప్పుతూ, నోటితోనే లెక్కలు కట్టుకుంటూ చాకచక్యంగా పెంచగలిగారంటే ఎవరికయినా నమ్మశక్యంగాని విషయమే. ఇక వారి పిల్లల విషయం కూడా చెప్పి అసలు విషయానికి వస్తా. వారికి ఒక కుమారుడు, ఇద్దరు కుమార్తెలు. కుమారుడు రామచంద్రరావు దక్షిణ హిందూదేశమంతటికీ 'లోటస్ కంపెనీ డిస్ట్రిబ్యూషన్ మానేజర్'గా పనిచేసి రిటైరయి ప్రస్తుతం హైదరాబాదులో ఉంటున్నారు. మొదటి కూతురు పోతినేని ఇందిరాదేవి 28 సంవత్సరాల నుండి, రెండవ కూతురు నిమ్మగడ్డ ఉషారాణి 43 సంవత్సరాల నుండి చికాగోలో వుంటున్నారు. గత కొద్ది సంవత్సరముల నుండి ఆవిడ ఆరోగ్యం అంత బాగా లేకపోయినా, కుమారుడు హైదరాబాద్ వచ్చి వుండమన్నా వెళ్ళి వారంరోజుల లోపలే ఇంటి మీద, ఊరిమీద బెంగతో తిరిగి వచ్చేస్తారు. అదృష్టవశాత్తు చిన్న అల్లుడు నిమ్మగడ్డ ఉపేంద్రనాథ్ కొందరు స్నేహితులతో కలిసి విజయవాడలో ఎన్ఆర్ఐ కాలేజి, హాస్పిటలు పెట్టుట వలన, ఆవిడకు ఎప్పుడు ఏమాత్రం బాగాలేకపోయినా, ఆవిడ ఘోష చేసిన వెంటనే కారు పంపించి తెప్పించి హాస్పిటలులో ఆరోగ్యం కుదుటపడే వరకు ఉంచి తిరిగి పంపించే ఏర్పాటు చేయుట వలన మాకెవ్వరికీ ఆమె ఆరోగ్యం గురించి ఆదుర్దా

పడవలసిన అవసరం తప్పింది.

ఆవిడకు వివాహమయినప్పటి నుండి ఒక చంద్రహారం వుండేది. మా మామగారు అమ్మాయిల చదువు దగ్గరకు వచ్చేసరికి కొంచెం వెనుకాడేవారు. ఆయనకు ఎప్పుడూ పొలం పెంచుకోవాలని కోరిక వుండేది. పెద్ద అమ్మాయి ఇంటరు పూర్తయ్యేవరకు అభ్యంతరం చెప్పలేదు గానీ బి.ఎస్సీ (ఆనర్స్), ఎమ్మెస్సీ చదవటానికి ఆంధ్రా యూనివర్సిటీకి వెళతానంటే ఒప్పుకోలేదు. ఇందిర బాధపడుతుంటే మా అత్తగారు, “నీకెందుకమ్మా! నా చంద్రహారం అమ్మి నేను పంపిస్తాగా,” అనేసరికి ఆయన అభ్యంతరం వదిలి పంపించారు. రెండవ అమ్మాయి ఉషా రాణికి ఇంటరు పూర్తయ్యేసరికి కాకినాడలో రంగరాయ వైద్య కళాశాల పెట్టుట వలన అక్కడకు వెళ్ళాలనే కోరిక వ్యక్తం చేశారు. ఆ వేసవి సెలవులలోనే నాకు, ఇందిరకు కూడా అక్కడ ఉద్యోగాలు దొరికాయి. ఆ సమయంలో మేము కూడా ఇందుపల్లిలో ఉన్నాము. “బేబి మెడికల్ కాలేజీకి వెళ్తానంటోంది. మీ అభిప్రాయమేమిటి?” అన్నారు. నేను, ఇందిర, “మేము తొందరలోనే అక్కడ ఉద్యోగాలలో చేరతాము కాబట్టి ఉషను కాలేజీలో చేర్చితే మా యింట్లోనే వుండి చదువుకోవచ్చు,” అన్నాము. ఆయన మాత్రం, “డాక్టరు చదివిస్తే, మళ్ళీ డాక్టరును తేవాలంటే కష్టం కనుక నాకు యిష్టంలేదు,” అన్నారు. అక్కడే ఉన్న ఉష కంటిలో నీరు తిరగటం చూసి, మా అత్తగారు, “నీకెందుకు నేను చదివిస్తాగా,” అని మళ్ళీ చంద్రహారం అస్త్రం ప్రయోగించారు. వెంటనే మా మామగారు నావంక చూసి, “ఇక లాభంలేదుగాని నేను రేపు డబ్బు యిస్తాను. మీరు వెళ్ళి డొనేషను కట్టి రండి,” అన్నారు. ఆ విధంగా ఉష రంగరాయన్ అయింది.

ఇంతసేపూ అత్తగారి విషయమే వ్రాస్తున్నాడు. నాతో ఎంతో సన్నిహితంగా ఉండే నా అల్లుడు నేను చనిపోయాను కాబట్టి నన్ను మరిచిపోయాడని మా మామగారు ఎక్కడ అనుకుంటున్నారో అనే భయం పుట్టి మామగారిని గురించి క్లుప్తంగా వ్రాయదలుచుకొన్నాను.

ఉపేంద్రనాథ్ కు, ఉషకు 1964 నవంబరులో వివాహమయ్యింది. వివాహమయిన తరువాత మేమందరము ఒక వారంరోజులు ఇందుపల్లిలో వున్నాము. నేనూ, మామగారు నా పెళ్ళయినప్పటి నుండి కలిసినపుడల్లా చాలా కబుర్లు చెప్పుకొనేవాళ్ళం. ఎందుకంటే మా యిద్దరి గ్రామాల మధ్య 3 మైళ్ళ దూరమే కనుక మా ఊరి వాళ్ళ విషయాం ఆయనకు, ఆ ఊరి వాళ్ళ విషయం నాకు తెలుసు. ఒకరోజున మేమందరము కలిసి కొంచెంసేపు కూర్చున్న తరువాత ఉపేంద్రనాథ్ స్నానం చెయ్యటానికి వెళ్ళాడు. అప్పుడు మా మామగారు, “ఏమిటయ్యా, ఉపేంద్రనాథ్ సరిగా మాట్లాడడేమయ్యా?” అని అడిగారు. “మీకు, నాకు మాట్లాడటానికి చాలా విషయాలున్నాయి. ఆయనదేమో గుంటూరు జిల్లా. పైగా ఆయన మితభాషి. అవసరమయినంత వరకే మాట్లాడతారు. అయినా ఆయన ఎక్కువగా మాట్లాడకపోవటమే మీకు మంచిది,” అన్నాను నవ్వుతూ. “అదేమిటి?” అన్నారు. “మీరు ఎంత కట్నం యిచ్చారు?” అడిగాను నేను. “ఏమీ యివ్వలేదు,” అన్నారు. “నాకెంత యిచ్చారు?” అన్నాను. “ఎనిమిది ఎకరాలు అమ్మాయికి యిచ్చాను,” అన్నారు. “న్యాయంగా ఆయనకు మీరు ఎంత యివ్వాలి?” అని అడిగాను. “కనీసం లక్ష అయినా యివ్వాలి కదా!” అన్నారు. “ఈమధ్య ఒక డాక్టరుగారు కట్నం విషయంలో ఏం చేశారో తెలుసుగదా?” అన్నాను. “మరదలుకు ఎక్కువ కట్నం యిచ్చారు కాబట్టి భార్యను ఆ తేడా డబ్బును తెమ్మని పుట్టింటికి పంపించారు,” అన్నారు. “అందువలన ఆయన ఎక్కువగా మాట్లాడితే, కట్నం ప్రస్తావన వస్తే చివరకు నేను చెడ్డవాడనిపించుకోవాల్సి వస్తుంది,” అన్నాను. ఆయన నవ్వుతూ, “అంతేనంటావా?” అన్నారు. “అంతే,” అన్నాను నేను కూడా నవ్వుతూ.

కాకినాడలో పరీక్షల సమయాలలో జరిగే హడావుడి మీ అందరకూ తెలిసిందే కదా! ఆ సమయంలో మామగారి దగ్గర నుండి వుత్తరం తీసుకుని ఎవరో ఒకరు రావటం మామూలే. కాని ఒకసారి మాత్రం, అర్ధరాత్రి సమయంలో ఎవరో ఆయనను కారులో తీసుకువచ్చి యింటి దగ్గర దింపటం చూడగానే పరిస్థితి అర్థమయింది. కొంచెంసేపు క్షేమసమాచారాల కబుర్ల తరువాత, “ఏమిటి యీసారి మీకు పెద్ద పనే తగిలినట్లుంది,” అన్నాను. “అవును బాగా కావలసినవారు,” అంటూ పేరు, సంబంధం గల చీటి యిచ్చారు. అబ్బాయి పేరు చూడగానే, “అంత బాగా చదవడు. మరి పరీక్షలు ఎట్లా వ్రాశాడో,” అన్నాను. వెంటనే, “బాగా చదివేవాడయితే మీ అందరి చుట్టూ తిరగటం ఎందుకయ్యా. అతను పాసవ్వకపోతే నేనుగన్నవరం తాలూకాలో ఎవరికీ మొహం చూపించలేను. పాసవ్వకపోతే నేను యిక్కడ నుండి కదలను. ఆ తరువాత మీ యిష్టం,” అన్నారు. అప్పుడు ఆయన ఇందుపల్లి మేజరు పంచాయితీకి ప్రెసిడెంటు.

అదృష్టవశాత్తు అతను పాసయ్యాడు కాబట్టి మేము బ్రతికిపోయాం.

నేను, ఇందిర అమెరికా వెళ్ళటానికి గ్రీనుకార్డు కోసం ఎదురుచూస్తున్నామని తెలిసి మా అత్తగారు, మామగారు కాకినాడ వచ్చారు. అత్తగారు మాత్రం మేము కూడా చిన్న అమ్మాయి, చిన్న అల్లుడులాగా బాగా సంపాదించుకుంటామని చాలా సంతోషంగా వున్నారు. మా మామగారు మాత్రం చాలా సీరియస్ గా నన్ను చూసి, “ఏమయ్యా! మేము ఏమాత్రం ఒంటిలో బాగా లేకపోయినా కాకినాడ వచ్చి వెళ్తున్నాము. అబ్బాయి మద్రాసులో వుంటున్నాడు. అంత దూరం వెళ్ళినా భాష తెలియదు కాబట్టి అక్కడకు వెళ్ళాలనిపించదు. అసలేమిటి మీ ఉద్దేశ్యం. ఇక్కడ బాగాలేదా మీకు? కారు ఉంది. ఇద్దరకూ ఉద్యోగాలున్నాయి. మీరు సంతోషంగానే వుంటున్నారనుకుంటున్నాము. ఒకవేళ డబ్బులు చాలకపోతే చెప్పు. నెలకు 5000 పంపిస్తాను,” అన్నారు. “అదికాదండీ, మేము డాక్టర్లము కాదు కాబట్టి అక్కడ కూడా ఎక్కువ సంపాదించలేము. జ్యోతి, విష్ణు ట్రీనిడాడ్ లో వున్నారు. రవి కూడా మెడికల్ కాలేజీలో చేరాడు. వాళ్ళకు ముందు ముందు అమెరికా రావటానికి ఉపయోగిస్తుందేమోనని వెళ్దామనుకుంటున్నాము,” అన్నాను. కొంతవరకు శాంతించారుగాని, “ఏమయినా నాకు మాత్రం నచ్చలేదు,” అన్నారు. మేము వచ్చేటప్పుడు కూడా మా అత్తగారు ధైర్యంగానే ఉన్నారు కాని మామగారి కంటిలో నీరు చూచి ఎంతో బాధపడ్డాము.

మేము అమెరికా వచ్చి 5 సంవత్సరములయినా ఇండియా వెళ్ళలేదు. జ్యోతి, విష్ణు ట్రీనిడాడ్ లో ఉన్నారు కాబట్టి అక్కడకు వెళ్ళి వచ్చాం. రవి ప్రతి సంవత్సరం యిక్కడకు వచ్చేవాడు. మా అత్తగారు మాత్రం రాలేదు. ఆయనకు రావాలనిపించి భార్యను, కొడుకును తీసుకుని అమెరికా వచ్చారు. అప్పటికి మేము పూర్తిగా స్థిరపడలేదు. ఇద్దరం యింటి దగ్గరయినా, పని దగ్గరయినా ఒకేచోట ఉండటం వలన, ‘అన్నమయితేనేమిరా, సున్నమయితేనేమిరా, అందుకే యీ పాడు పొట్టకు అన్నీ మేపేద్దామురా,’ అన్న సూక్తి ప్రకారం మేము కూడా, ‘ఇల్లయితేనేమిరా, లాబ్ అయితేనేమిరా అందుకే చేసే పని లాబ్ లోనే చేద్దామురా,’ అనుకుని ఉదయం 8 గంటల నుండి రాత్రి పది గంటల వరకూ లాబ్ లోనే వుండేవాళ్ళం. వచ్చిన కొద్ది రోజులలోనే ఆయనకు పరిస్థితి అర్థమయింది. ఆదివారం కలిసి కూర్చున్నప్పుడు, “5 సంవత్సరాలయినా మీరు మమ్ములను చూడటానికి రాలేదు. తొందరలో వస్తారనే సూచన కూడా లేదు. అందువలన మిమ్ము చూద్దామని మేమే కష్టపడి వచ్చాము. మీరు కష్టపడటం చూస్తున్నాము. యింత దూరం తీసుకువచ్చి ఏం కష్టపెడుతున్నావయ్యా?” అన్నారు. నేను కూడా నవ్వుతూ, “నేను కాదండీ! మీ అమ్మాయే నన్ను వద్దన్నా తీసుకువచ్చి కష్టపెడుతోంది,” అన్నాను.

ఇంతకూ అసలు మా అత్తగారి చంద్రహారం ఏమయిందో చెప్పలేదు కదా! మా అబ్బాయి రవి ఇష్టం లేకుండానే మా బలవంతం మీద అమెరికాలో వుంటున్నాడు. ఎప్పుడు పెళ్ళి చేసుకోమన్నా, “ఇప్పుడు కాదు,” అంటూ ఉండేవాడు. అప్పటికే 35 సంవత్సరాలు పూర్తి అయ్యాయి. అందువలన ఒకరోజు, “ఏమిటి పెళ్ళి సంగతి?” అని ఒత్తిడి చేస్తే, “నేను ఇక్కడ వున్నంతవరకూ పెళ్ళి చేసుకోను,” అన్నాడు. “ఇండియా వెళ్తే చేసుకుంటావా?” అని అడిగితే, “చేసుకుంటానేమో!” అన్నాడు. “అయితే ముందు సిటిజన్ షిప్ తీసుకో. అవసరమయితే తరువాత పనికి వస్తుంది,” అన్నాము. సిటిజన్ షిప్ తీసుకుని ఇండియా బయలుదేరుతుంటే, “ఒక సంవత్సరంలో పెళ్ళి చేసుకోవాలి. లేకపోతే తిరిగి రావాల్సిందే,” అంటే, “సరే,” అన్నాడు.

ఇండియా వెళ్ళి అత్తగారిని చూడటానికి వెళ్తే, “రవీ! నీవు పెళ్ళి చేసుకుంటే నా చంద్రహారం నీ భార్యకు యిస్తా,” అన్నారు. మరి చంద్రహారం మహాత్యమో లేక అమెరికా రావాల్సిన పరిస్థితి వస్తుందనే భయంతోనోగాని, 11 నెలల తరువాత ఫోన్ చేసి పెళ్ళి చేసుకుంటా నన్నాడు. పెళ్ళిలోనే మా అత్తగారు చంద్రహారం మా కోడలి మెడలో వేశారు. అందువల్లనేనేమో రవి గుంటూరులో కాంట్రాక్టులు చేస్తూ, అపార్టుమెంటు కాంప్లెక్స్ కడుతున్నప్పుడు దానికి, ‘సీతా హోమ్స్’ అని పేరు పెట్టాడు.

ఇదంతా మా కుటుంబ విషయాలు చెప్పాలని కాదు. ఇది ఒక ఉదాహరణ మాత్రమే. ప్రస్తుతం ఆంధ్రప్రదేశ్ అన్ని కుటుంబాలలోనూ చదువుకు ఎంత ప్రాధాన్యత యిస్తున్నారో, అవసరమయితే పొలములు, స్థలములు అమ్మటానికి సిద్ధపడుతున్నారో అర్థమవుతోంది. మా ఊరి నుండి కాలేజీకి వెళ్ళినవాళ్ళలో నేను రెండవవాడిని. ఇప్పుడు మా ఒక్క కుటుంబంలోనే 8 మంది అమెరికా, కెనడా, ఆస్ట్రేలియా, జమైకాలలో ఉన్నారు. ఇదే విధంగా ప్రతి కుటుంబంలోను ఎంతోమంది ఎన్ని దేశాలలోనో ఉన్నారు. ఇదే ఆశ్చర్యపరచే విషయం. సంతోషపడవలసిన ప్రగతి.

YouTube Mania

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They are fun. They are about the endearing
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Younger RMCANA members: Get involved and
add to this fun!



Name	Year Joined R.M.C
\$50,000 and above	
Vijaya Raghavarao/Ramadevi Pokala	1970
\$25,000 and above	
Aparna & Anuprasad Vellanki	1984
\$10,000 and above	
Gayathri & Raja Talluri	1984
Prasadrao B Mukkamala	1962
Satyaprasad Alapati	1979
Sitharama Swamy Katragadda	1963
Subramanyeswara Rao Chalasani - founder	1958
Someswara Reddy Karri	1975
Usha & Upendranath Nimmagadda	1959
\$5000 and above	
Jagannadharao Divvela	1967
Kamal Moulana	1975
Rajendra Prasad Kakarla	1976
Ramamohana Rao Kancherla	1975
Sampat K Ramanavarapu	1967
Satya Pratap Pokala	1972
Vijaya & Chandra Sekhar Koneru	1979
Vishnu V. Kalidindi	1974
\$2000 and above	
Bose Babu Mandava	1960
Haribabu Muddana	1965
Hema Prasad Yadla	1960
Jayashree& Navaneeta krishna Gorrepati	1970/1967
Kamala& Sivaramaprasad Tummala	1963/1962
Mahalakshmi Venigalla	1973

Mohana Kishore Kesani	1977
Laksmipathi Reddy	1969
Nirmala P & Prasad S Valluripalli	1970/1967
Ramanaiah Kakani	1976
Ravi Kolli	1975
Sashi Kiran Naidu	1978
Venkatarao Yeleti	1960

Venkateswararao Narla	1973
Vijayalakshmi & Bhargava Ravi	1977/1976

\$1000 and above

Ajay Reddivari	1976
Aruna Bavineni	1972
Babu Rajendra Prasad Vadlamudi	1966
Bhavani Prasad Chalikonda	1974
Chandrasekhara Azad Challapalli	1964
Dantuluri Raju	1963
Guduru Raman Reddy	1967
Hariprasad Reddy	1972
Jayanth Kumar Gutta	1970
Jyothi & Vishnu Babu Nutakki	1974/1970
Kishore Kumar Amaraneni	1972
Koteswara Rao Vemuri	1974
Krishnaveni Gorantla	1968
Kurmanadharao Chadalawada	1979
Lalitha Kumari Moturu	1966
Lokeswara Rao Edara	1976
Mallikarjuna Rao & Satyavathi Anne	1959
Mani & Narendra Nadh Pavuluri	1979/1976
Mohammad Ansari & Bose Manyam	1966/1967
Mohan Penmetcha	1970
Nageswara Rao Yarlagadda	1962
Naraharisetty V. Rao	1964

Obayya Chennareddy	1963
P.N. Varma	1961
Padma Dasari	1976
Padma Kudaravalli	1978
Padmanabha Raju Indukuru	1970
Prasad Choudary Kakarala	1960
Rajendra Prasad Bellam	1971
Ratnakar Pernenkil	1974
Subbarao Chennupati	1964
S.R.K. Prasad Vasireddy	1962
Sai Rajeswari Karlapudi	1974
Satish Chandra Talluri	1978
Satyanarayana Chilukuri	1960
Sikander Adeni	1974
Sireesha & Rajagopalarao Tripuraneni	1963/1965
Srihari Chitturi	1972
Subrahmanyeswara R. Tipirneni	1966
Suryanarayana Murthy Siram	1961
Venkata S. Ravi	1965
Venkatarao Neelati	1977
\$500 and above	
Ganapathi Raju Gottumukkala	1976
Kishore Alapati	1989
Krishnaveni Nadhan	1972
Ravi Chandra Sekhar Chadawalawada	1972
Sridevi Kodali	1977
Rama K Kongara	1960
Venkata S. Katari	1966
Rajini Aravapalli	1969
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Best compliments: Lokeswara Rao Edara (76) & Jyothi Edara:

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**OUR HEARTY
WISHES TO THE
RMCANA FAMILY!**

*Suresh Kasaraneni
and Family*

Drs. Suresh and Yamuna Kasaraneni are one of our RMCANA couples, they have one daughter Jaya! We snatched this picture last minute, so we hope to see the whole family in print may be in the next edition By the way, Suresh fixes broken bone!

PEDIATRIC BRAIN RESEARCH AND INTERVENTION CENTER

UIC COLLEGE OF
MEDICINE



We are interested in mapping living brain function and development and medication effects on reversing brain dysfunction and performance across the major pediatric psychiatric illnesses such as bipolar disorder, ADHD, psychosis, autism, and depression. In our center, functional neuro imaging and diffusion tensor imaging and genetics are being applied to clinical medicine to move the field forward. We are fortunate to serve patients from across the country, thanks to the wonderful networking that is possible this day in age. We love to hear from you on how we can improve lives of youngsters. Share your stories, and we will share ours. Do not hesitate to contact us. We go long way back, Rangarayans!!

We extend our warm wishes to RMCANA,

Mani Pavuluri, '79 M.D., Ph.D.
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***Congratulations to our beloved Professors
Drs. Narasimha Rao garu and Dr.Indira Devi garu.
Thank you for being a great inspiration
to all of us. Our Best Wishes to all the Rangarayans.***

**-The Venigallas
Mahalakshmi, Sambasiva Rao, Suneetha and Srikanth**



***Drs. Lakshmi and Sirish Parvathaneni, Asha and Adeesh send
their very best wishes to all of you!***

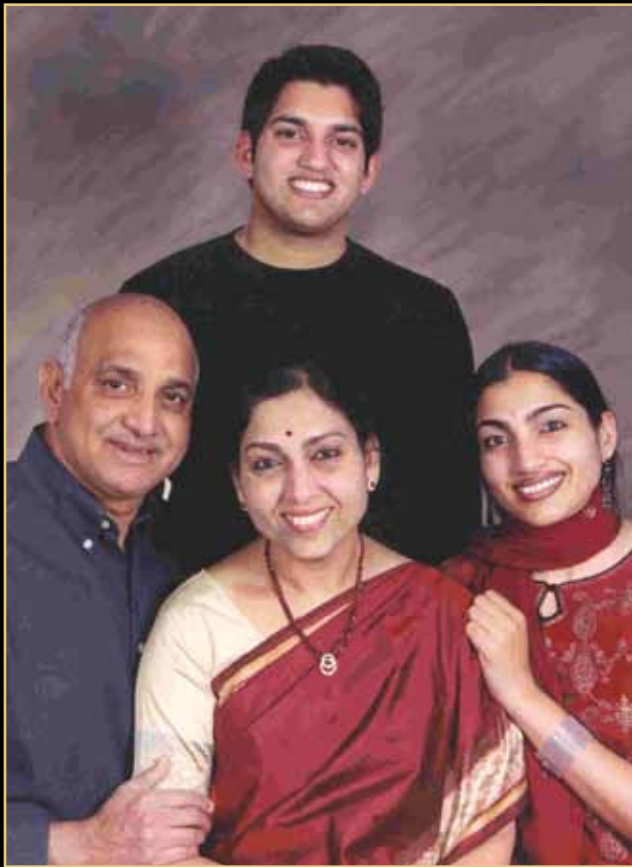


***Congrats to all Rangarayans for their many Accomplishments.
- The Nutakki Family***

***We also pay tribute to Dr. Indira Devi & Dr. Narasimha Rao,
Great parents and Great Grandparents,
With love,***

**Vishnu, Jyothi, Vinod, Akhil, Aishwarya
& Alok Nutakki (daughter's family)
and Ravi, Vasanthi & Teja Potineni
(son's family, not shown here)**





CONGRATULATIONS & BEST WISHES

*To the 2010
RMCANA Reunion
at St. Louis*

**Krishnaveni Gorantla, M.D.,
Kotiswamy Chowdary Gorantla, M.D.,
Kavita Gorantla
& Kalyan Gorantla**

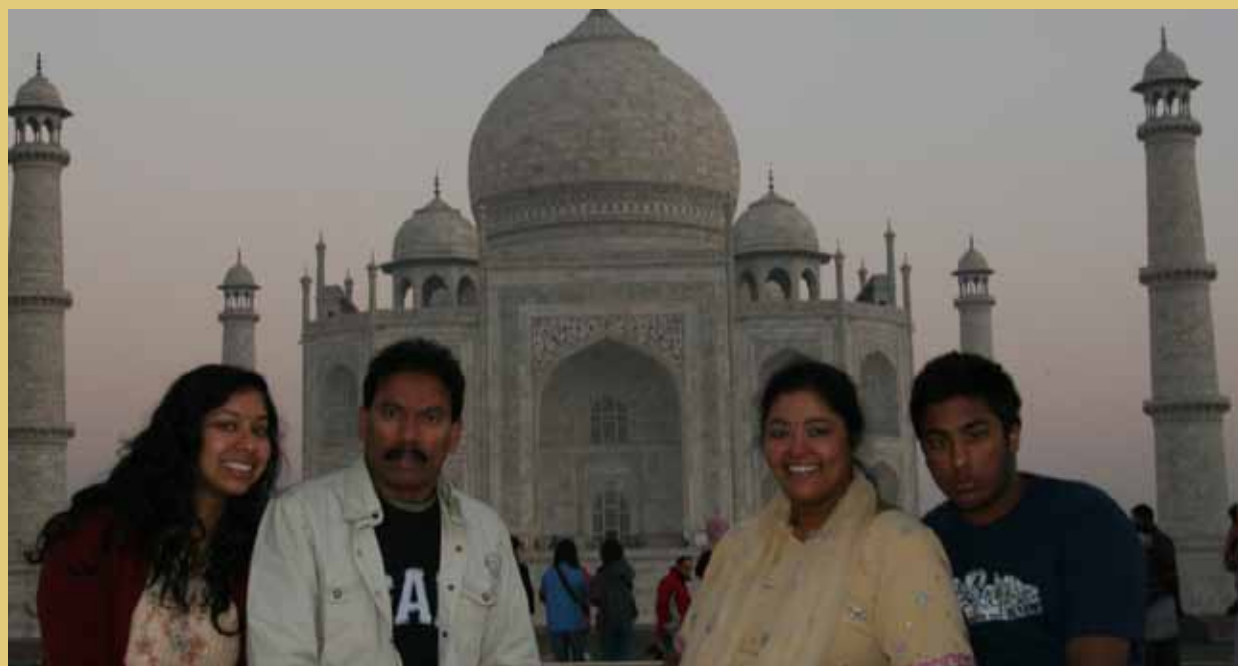


*With Best Wishes to RMCANA: Padmaja '84 and
Krishna Rao Chalasani and Family*



WITH COMPLIMENTS FROM
DR. ANIL GOGINENI '90,
MRS. KAVITHA, ANIRUDH,
ANEESH
(PULMONARY CRITICAL
CARE AND SLEEP MEDICINE,
OCALA, FLORIDA)

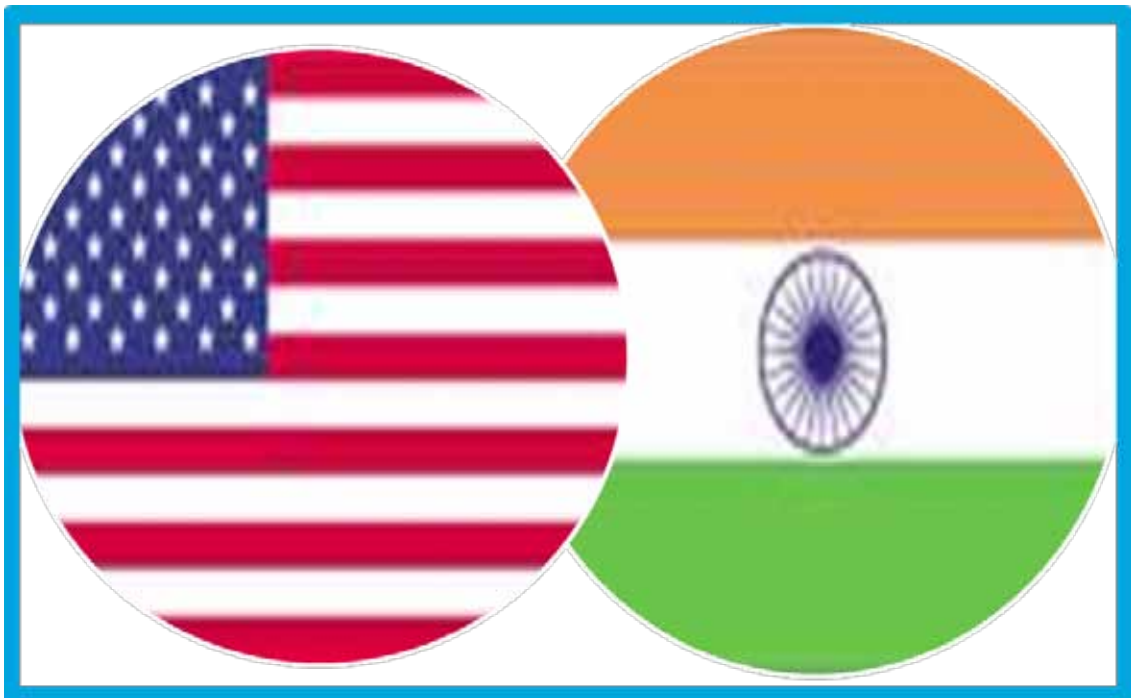
*PS: RMCANA is looking in the prism
and predicting that he will be the key in
our organization. We want our young
generation to take it to new heights.
We need you.*



*We wish RMCANA the very best! lets continue to cheer our
unity and progress, Veeraiah Chundu' 78,
Mrs. Lakshmi, Anupama and Raja*



Welcome to St. Louis
RMCANA Biennial Meeting -2010
Best Compliments from Dr. Vishnu Kalidindi
(with endearing memories of my '74 class reunion)



Best Compliments to
RMCANA
from Nalluri Prasad '85

*(RMCANA heard that he used
to be a real charming leader in
his hey-day at RMC)!!!*



*We wish the best
of everything for
our RMCANA
friends. Fondly,*

*Gayathri and
Raja Talluri '84
and Pooja and
Priya*

*Best Regards from
Kurmanadha and Mamatha Chadalaawada
And their Children,
Govind, Gita and baby Sivaram*



Best Compliments



*From,
Paruchuri Anjanayulu,
1959*



*My Best wishes to RMCANA from
Prasad Choudary
Kakarala'60
(FYI: He is the founder of the
Bhanu Prasad Trust and
Trustee of RMCANA)*



Fond Compliments

from the Family of Dr. Krishnaveni Nadhan

*Souvenir In the
Making-Made
Successful Due to
Your Generosity
A big thank-you
to you all!*

*Well, this is from your
editor as a last-ditch
effort to fill the pages.
Read and tell me what
your own tips are to
add to my initial thoughts.*

*I am at
312-636-8671.
Let's talk!*



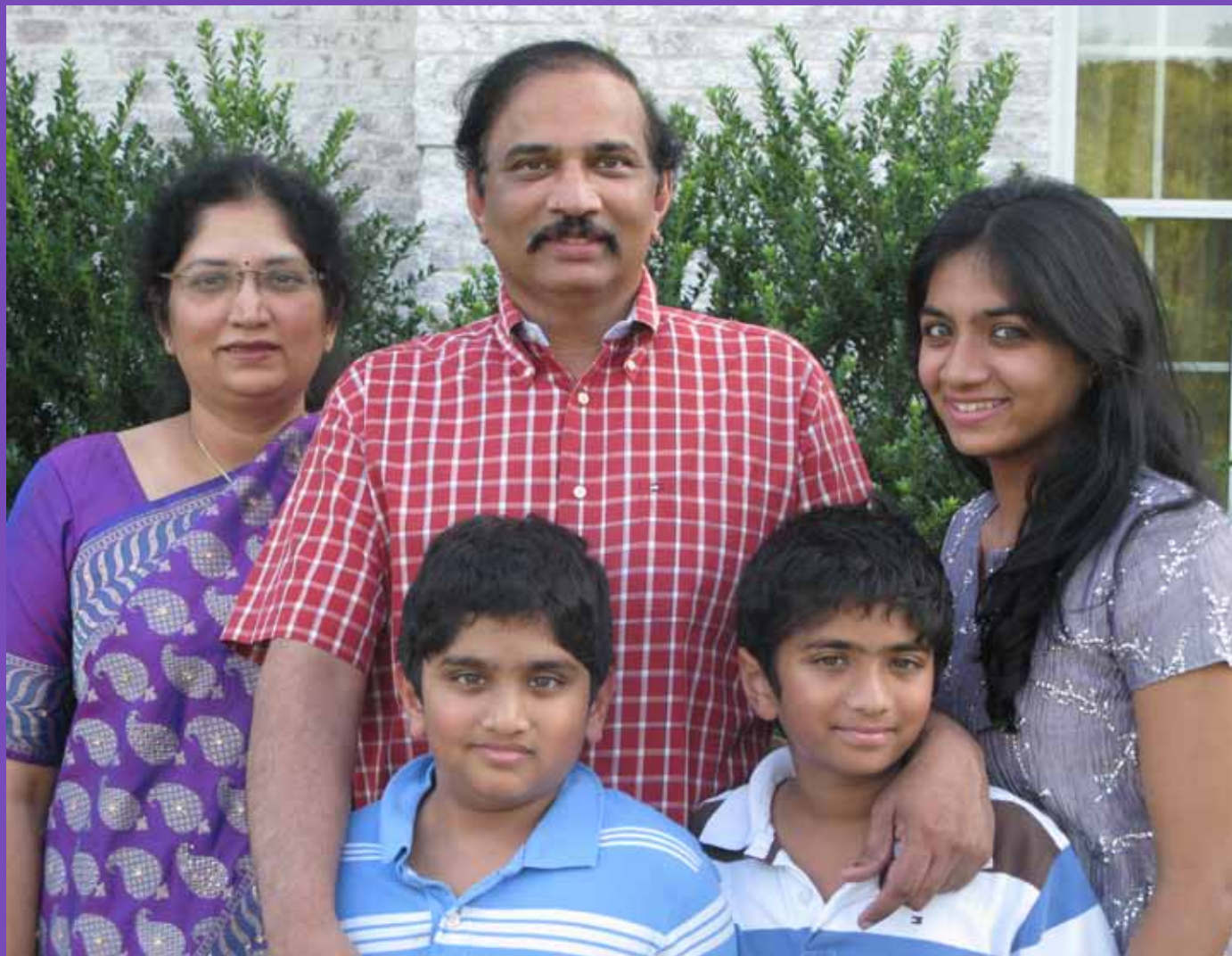
Best Wishes

“The RMCANA & THE RMCOSA”

*With appreciation for the excellent work of
Dr. K.L Narayana '76, for the RMCOSA building*

*-Lakshmi and Rajendra Kakarla, Cardiology ('76),
Pavan, Priyanka, St.Marys, Ohio*

Warmest Wishes



To RMCANA

*Jagga Rao Alluri, '77,
Mrs. Janaki, Swetha, Srikar and Sujay*

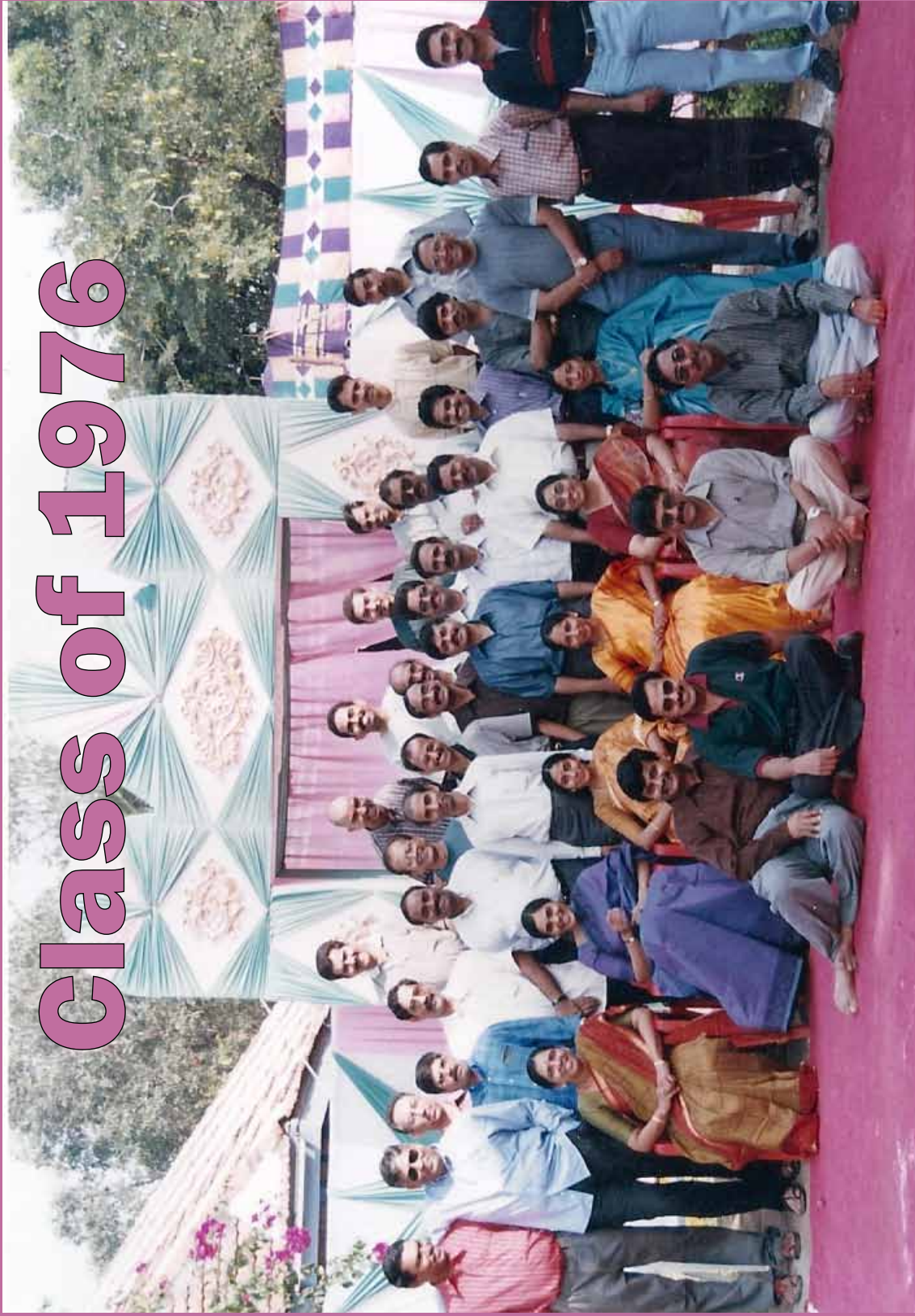
Our Compliments



TO RMCANA

Dr. Aparna and Dr. Anu Prasad Vellanki, '84
and family, in Litcher, Louisiana

Class of 1976



Silver Jubilee Reunion 2000 at Kakinada

RMCANA-2010

Please send this information if have not submitted before or update your information by visiting our web site. www.rmcanaweb.com press membership button to enter your information. Alternatively you can fill this form and send it to RMCANA executive committee.

First name : _____

Last name : _____

Address:

Street : _____ Suit/apt _____

City : _____, State: _____, ZIP: _____

Year of joining: _____

Speceality: _____

Email address : _____

Fax number : _____

Home phone : _____

Cellphone : _____

Office phone : _____

PLEASE MAIL THIS FORM WITH YOUR LIFEMEBERSHIP \$250 (FOR NEW MEMBERS)AND MAIL TO THE ADDRESS.

Anil Gogineni, MD

4152 SW 46 terrace

Ocala, FL 34474

agogineni@hotmail.com

352 804 3535



RMCANA
CELEBRATES!

With Best Compliments



FROM PHYSICIANS' ALLIANCE
HOSPITAL OF HOUMA, LOUISIANA

A Physician-Owned Hospital

Drs. Gayathri and Raja Talluri