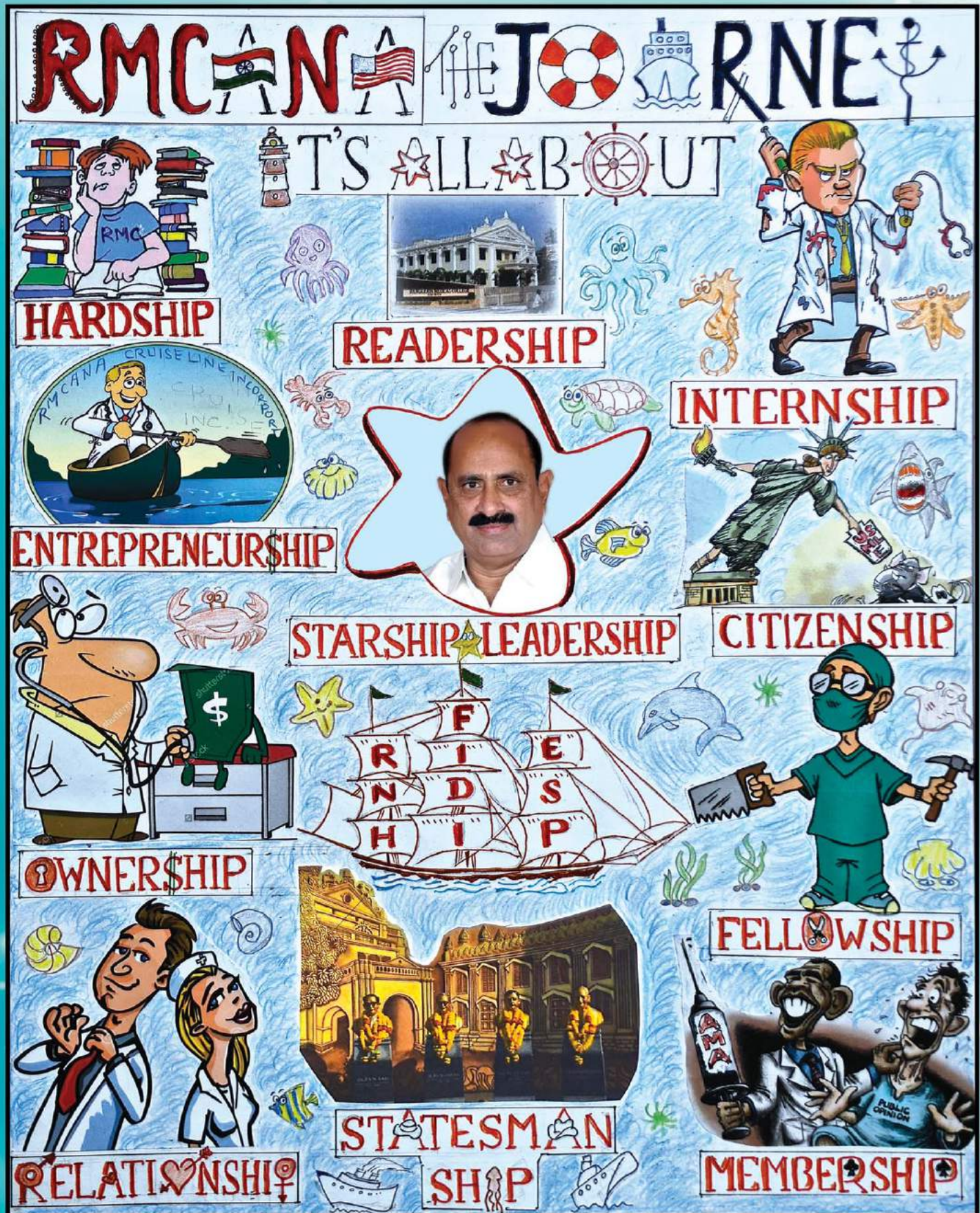


San Antonio Reunion 2016



విషాదుక చవితి శుభాకారక్షలతో...



RMCANA



R.M.C.A.N.A.

Rangaraya Medical College

Alumni of North America

EIN (501-C) # 63 -1126919

2014 - 2016

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Dear Rangarayans,

Welcome to SanAntonio.

We are all anticipating another memorable event. These memories are best served as souvenirs, and creating this souvenir has been quite the challenge.

Thank you contributors for your messages, articles, pictures and also for your donations.

In the future we hope to see more involvement and contributions from both older and younger generations. Constructive criticism is welcome for future improvements.

Enjoy –

Souvenir committee:

Dr Mohan Kishore Kesani

Dr Sasi Kiran Nayudu

Dr Ravi Kolli

Dr Lokeshwar Rao Edara

Dr Anil Gogineni

Special Thanks to-

Dr SV Lakshminarayana, RAMCOSA

Dr MV Anand, RAMCOSA

Dr Ok Murthy, Adviser, Data & Newsletter Coordinator

*Memory is a way of holding on to things you love, the things you are,
the things you never want to leave.*

– The Wonder Years

COVER STORY

People who work with me in my Psychiatry Practice have the feeling that all I do is SPILL couple of smiles and Pills and is BANKING SHIPLOADS of money. They are just seeing the TIP of the ICEBERG. They don't realize the fact that we were UNDERWATER till we reached this state of SAFE HARBOR. Yes, it's a SMOOTH SAILING now. But they don't realize that it was a ROUGH RIDE and had to WEATHER the STORM and ROUGH SEAS during this PASSAGE. No doubt our CARRIER is ANCHORED in SMOOTH WATERS right now. But our BUMPY RIDE started since our PORT OF ENTRY into ROYAL Rangarayan CREWS line. The CRUDE reality Kicked in when we left our MOTHERSHIP. We were RUDDER less as we pursued HIGHER SEAS. With out our parental RADAR, we went OVERBOARD and DRIFTED OFFSHORE at times during our teenage EXPLORATION. But we didn't SWAY or CAPSIZE and got our COMPASS back and with the help of Good SKIPPERS at RMC, we were back on the MAINSTREAM. Since then, there was no LOOKING BACK. It was not a CRUISE CONTROL as we had to change GEARS at several Points. From KAKINADA to KENTUCKY, it was a ROUGH COURSE. It was a long HAUL. Our PINNACLE of hope was still OCEANS AWAY. Our HARDSHIP started with 12 Shades of Gray's Anatomy. Our READERSHIP didn't end after we guys digested Guyton's Physiology books. We HARBORED International Dream after the INTERNSHIP. We didn't let our dreams Hijacked by FOREIGN MGEMS PIRATES. Though we had lots of KNOTS in the abdomen, with LIGHTENING speed we passed the COURSE. We have the IRONCLAD evidence in the form of ECFMG certificate. After getting off the DECK, we were called ALIENS. Some of us on J-1 were asked to pack our CARGO and go back to MOTHERSHIP for two years before LAUNCHING our career again. As good Citizens, we followed the rules and finally got the CITIZENSHIP. We assimilated ourselves with our Fellow Citizens and some of us even pursued higher PIER with FELLOWSHIPS and CRAFTED the ARTSMANSHIP with Surgical Precision. We expanded our FRIENDSHIP network with MEMBERSHIP drives, good RELATIONSHIPS. Some of us have attained STARSHIP and STATESMANSHIP. Through LEADERSHIP we now own a Piece of AMERICA. No LOOKING BACK. . What a JOURNEY it is. Keep SAILING.

This is my Story.. SAW the SEA, grabbed my KEYS to Success and RAN for the JOURNEY. NOW I DID it and Reached the STARSHIP.

SAW SEA KEY RUN NOW YOU DO. SASI KIRAN NAYUDU



SASI KIRAN NAYUDU

సం పాతకీయం



MOHAN KISHORE KESANI

రెండేళ్లకోసారి పునస్థమాగమం

సజ్జన సాంగత్యం, వయసైపోతుందని

ఒకింత వైరాగ్యం ఇంతలోనే ఎన్నో

పలకరింపులు పులకరింపులు (అప్పడెప్పుడో కాలేజీలో మిస్టైన మిస్సులు

మిస్టర్లు మాస్టర్లు మినిస్టర్లు వగైరా) మరెన్నో

ఊరింపులు గ్లాసుల చప్పుడు గాజుల చప్పుడు

గుస గుసలు రుస రుసలు యంగ్ జనరేషన్

కేకలు కేరింతలు ఓల్డ్ జనరేషన్ కలవరింతలు పలవరింతలు ప్రొద్దుటే

సెల్ఫ్ కొట్టుకునే గోల్ఫ్ రాయుళ్ల హడావిడి హోల్ కనపడని చత్వారం

దాన్ని కవర్ చేసే చమత్కారం

జోకొట్టే సి ఎం ఈ లు ఆపై ఊకదంపుడు ఉపన్యాసాలు పెగ్గులతో నిగ్గదీసే నిజాలు

ఇరగదీసే స్టెప్పులతో హీరోఇజాలూ

అర్ధరాత్రి అసలు ధమాకా

మరపురాని మజాకా రం కానా మాట

రాబోయే తరాలకు రాచబాట



Dr. KAMINENI SRINIVAS

Minister for Health, Medical
Education & Family Welfare
Govt. of Andhra Pradesh
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Dear Friends,

I am very elated to hear that the North American alumnus Organizations of Rangaraya Medical College, Guntur Medical College, and Siddhartha Medical College are celebrating their 15th reunion in the beautiful city of San Antonio, this following month.

Your contributions to the Rangaraya Medical College and Hospital are priceless. Some of which includes RMCANA Scholarships, RMC Golden Jubilee Library, R.O. Water plant to Men's Hostel, Dr. Moturu Bhanu Prasad Trust activities, CPR training program, RAMCOSA guest house and Founding Father's Corner.

More than the financial assistance that you have provided, the ideas that you have spread to further develop our alma mater are invaluable. Your generous benefaction has tremendously aided our effort to increase the level of medical education, healthcare, and research at the universities that once nurtured you. Your success has inspired hundreds of our students to follow in your footsteps and achieve great things.

As an alumnus of Rangaraya Medical College, I am proud to state that our commitment to the institution brought upon many achievements. The quality of education has advanced as numerous additional super specialty courses have been added, including neuro surgery, pediatric surgery and plastic surgery, Neonatology.

We are truly grateful for your sincere dedication and service to our alma mater. The countless hours you have spent overcoming various hardships to accomplish your goals are outstanding and are a testament to your hard work. I wish you continued success in your future endeavours!

Have a wonderful time at the reunion!

(Dr. Kamineni Srinivas)



MESSAGE



Anil Gogineni

President, RMCANA

Dear Royal Rangarayans,

Welcome to San Antonio for our biennial reunion.

Thank you all for giving me the opportunity to serve as the president of RMCANA and contribute something back to our college. It gives me great pleasure to know that we as an organization have done much to advance our beloved alma mater.

In our souvenir, we have provided many pictures, along with information about our various activities/donations to our college. I commend Dr Sashi Kiran's creative front page and Dr Mohan Kesani's editorial work.

I would like to thank Dr. Lokeshwarao Edara for his dedication and commitment to our alumni organization. His foresight is always keen and much appreciated. Also, we are very grateful for Dr. SV Lakshminarayana, the coordinator of all RMCANA activities back in Kakinada.

I am passing on presidential duties to the more qualified leader Dr. Ravi Kolli. I will continue to take part in future endeavors.

And of course last but not the least, thank you to the organizing committee for putting together this extraordinary event.

ANIL GOGINENI

President, RMCANA

MESSAGE



RAVI KOLLI M.D.
President Elect, RMCANA

Dear Rangarayans and esteemed guests

We are so pleased that you are able to join our 15th biennial reunion at this historical 'City of Saint Anthony'. I am confident you will have a great time reminiscing, reacquainting and rejoicing with your friends and families who all have gathered here. The conveners have been working very hard and spared no efforts to make this a memorable event.

I want to welcome all our dignitaries to the event and truly appreciate their commitment as they had to take time off from their busy schedule and various responsibilities to be here with us. Your presence here gives us a new energy and passion in wanting to serve our college, our people and the nation any way we can. Thank you very much and I am looking forward to meet you all personally.

Our RMCANA has been actively working with our peers at RMCOSA to create synergies and to identify projects of enduring value to serve our alma mater. We will be seeking your encouragement, support and involvement in going forward to bring to fruition in executing our plans.

Our President, Dr. Anil Gogineni has worked diligently, building on our predecessor's efforts, to move the ball forward and I am looking forward to carry it further. I am counting on your advice and guidance and confident that it will be forthcoming. I will continue to work to further develop and improve our online and social media presence, so that we will be able to reach out and engage with each other in more effective and meaningful ways.

We do not want to rest on our laurels but want to recruit the more recent alumni, who undoubtedly will have a great deal to contribute in bringing new energy and ideas to our association. Let us all have a great time here at San Antonio and celebrate.

Ravi Kolli, M.D.
RAVI KOLLI, M.D.

WELCOME

I am deeply humbled to be the Co-convenor of RMCANA and it gives me great pleasure to serve you on this auspicious occasion of our alumni reunion. An event like this is very important as it gives us the opportunity to meet with many of our graduates after a long time.

Allow me to tender my gratitude to each and every one of you for finding time to be with us for this event. It takes a lot of sacrifice to set aside time out of your busy schedules and come over to such a function. I do hope that the experiences of this event will be worth the sacrifice you have made.

As alumni who truly love and faithfully support this great institution, I know you share my pride in what we are doing and where we plan to go.

I fully embrace the opportunity and I am genuinely excited about the future of this great institution.

Please welcome to our re-union at San Antonio, TX.



Dr. Venkatasubbaraya Choudary Achanta

Dear Fellow Rangarayans, Members of Guntur and Siddardha Medical Colleges.

It gives me immense pleasure to know that the 15th Biennial Alumni Reunion of GMCANA, RMCANA and SMCANA is going to be celebrated in the 1st week of September 2016.

Alumni of the three great colleges celebrating together is unique.

It is laudable to note the efforts of energetic Old students placed in India and various parts of the globe to help their Alma mater to get upgraded in various fields of Medical Health and Education. Dr. Vijaya Raghava Rao Pokala and RMCANA members have contributed their might and made the dream of the Golden Jubilee Digital Library a reality. Dr. Moturu Bhanu Sankar Prasad Memorial Auditorium was upgraded with liberal donations from RMCANA members.

Our long cherished dream to have our own RAMCOSA house was made possible with contributions from RAMCOSA and RMCANA members.

Founders' corner where the statues of founders of Rangaraya Medical College were installed stands in all glory in the college campus with the efforts of Dr. Vishnu Varma Kalidindi and other RMCANA members.

RAMCOSA members and Dr. Sudhakar Jonnalagadda have donated for constructing the Mural behind the founders statues and developing the garden at the founders' corner.

I know that the Alumni of GMC and SMC and particularly GMCANA and SMCANA members are supporting similarly to develop their colleges and hospitals.

Rangaraya Medical College is going to celebrate its Diamond Jubilee Celebrations during the year 2018-19. On behalf of RAMCOSA I take this opportunity to extend my warm welcome to all of you to participate in the year long Diamond Jubilee celebrations during the year 2018. RAMCOSA is going to celebrate the 11th Alumni Reunion on 5th and 6th January 2019 to commemorate the occasion and I welcome all RMCANA members as well as GMCANA and SMCANA members to attend the meet and make it a grand success.

*With best wishes for the success of your
15th Biennial Reunion.*


Dr. G. Seshagiri Rao
President, RAMCOSA



MESSAGE



Dr KL Narayana

Dear friends,

I am happy to note that alumni of RMC, GMC, and SMC of North America are meeting in San Antonio on Labour day weekend 2016.

It is heartening to note your love and affection for your motherland and your parent institutions. What you have done so far for your respective institutions speaks volumes of your commitment. Your concern and care is reflected in your regular monitoring of the proper utilization of the funds and facilities you have donated. The Golden Jubilee Library of RMCANA, The Auditorium and Podila-GMCANA project of GMCANA, and the huge donation of alumni of SMC to the cyclone devastated city of Vizag, are only a few examples.

I myself am fortunate to serve my RMC as President of RAMCOSA for two successive terms and am in the knowledge of requirements of a government medical college and the difficulties in taking up development work. I assure you all help in identifying key areas requiring your help and guidance and in following them up at all levels in their implementation and successful utilization.

I wish the biennial meet all success. I am sure, like the ones before, this meet will sustain and strengthen the bonds between yourselves and your alma mater, and galvanizes you towards taking up more fruitful projects and partnerships in enhancing not only standards of medical education and patient care but also those that benefit the society at large.

Jai hind.

Dr K.L. Narayana

MESSAGE



Dr M V ANAND

Hony. Secretary
RAMCOSA

I always consider myself fortunate to have studied for my MBBS and Specialty in Rangaraya Medical College. For, the college has this unique atmosphere of continuity among the alumni. Alumni of RMC love and care for this college like nobody else.

I know from firsthand experience through my various interactions with our NRI alumni that, though they are physically in the USA, their hearts lie here in the RMC, which they roam regularly in their thoughts and dreams. Those virtual wanderings resulted in projects like the Golden Jubilee Library, the RO plant of Men's hostel, the activities of RMCANA Trust, and their regular support to RAMCOSA, be it the RAMCOSA HOUSE or the Founders' corner (a brain child of Dr Vishnu Kalidindi). They have many more ideas at micro level related to the college and at macro level related to the whole state of Andhra Pradesh - the recent proposal for the course of M D / D N B in Family Medicine in Medical colleges and big private hospitals respectively by Dr Lokesh Edara which he is vigorously pursuing at all levels - academic and administrative, is one such example.

It is heartening to note that alumni of RMC, GMC, and SMC are meeting at San Antonio, on Labour day weekend in their 15th Biennial meet. This exchange of ideas among the alumni of various colleges of the reorganized state of Andhra Pradesh is a good initiative in the sense that a broader outlook will result in projects which are realistic and focussed to the need of the institutions in particular and the community in general.

I for myself am planning to take up beautification of the college campus, help the college in the construction of Academic block (which includes 500 seat lecture gallery (as per MCI norms), Skill lab including simulation lab, Students waiting / amenities area), and take up development of the Men's hostel by way of repairs and new constructions.

I am sure the meet will further strengthen the bonds between the delegates and culminate in meaningful projects that benefit all.

I wish the meet all success.



- Dr M V ANAND



Dr R Mahalakshmi, M S,
Principal / Addl. Director,
Rangaraya Medical College,
Kakinada.
Email: principal_rmc@yahoo.com

It gives me immense pleasure to note that RMCANA, GMCANA, and SMCANA are organizing their 15th Biennial meet on Labour day weekend 2016 in San Antonio.

AS the Principal of Rangaraya Medical College for the last four years, I have been watching from close quarters the love and commitment old students of this college, particularly of the NRI alumni towards its development. Your enthusiasm and care is particularly evident in the recently held RAMCOSA 2016 alumni meet which witnessed enthusiastic participation of alumni, old and new, from all over the world. It is really heartening to note their attachment with their alma mater in spite of the time and distance.

This institution has been the recipient of your munificence, be it a simple subscription of a journal to the Paediatrics department or the one crore plus worth modern library (the 'RMC alumni of North America Golden Jubilee Library') in the 'Pokala Sridevi and Nagendrarao Memorial building', for which we are grateful.

Your regular enquiries about the requirements and suggestions for the improvement of the College and General Hospital is the ultimate testimony to your dedication which is not only inspiring, but also catalysing our efforts at improving academic standards and patient care.

I am sure that the meet will strengthen the bonds of friendship among the alumni of not only RMC but also those of GMC and SMC and augers well to plan and implement many novel projects towards the development of these medical colleges and teaching hospitals of Andhra Pradesh which is in the nascent stage.

I wish the meet all success.

Mahalakshmi
1877516
Dr. R. Mahalakshmi

MESSAGE



Prof. Dr. A.V. Krishnam Raju

Former Vice - Chancellor
NTR UHS, AP, INDIA

I feel extremely happy to hear that the RMCANA is celebrating the 15th Biennial reunion along with our colleagues of GMC & SMC at San Antonio, Texas on 3rd to 5th September 2016 involving in academic as well as Charity activities for the uplift of the respective alma-maters in our newly Formed state of Andhra Pradesh under your able guidance.

I extend my special thanks for your personal invitation on behalf of the Organizing committee inviting me to participate in the function and grace the occasion as a guest in the programs of the conference.

I will be most obliged to accept your invitation and look forward to be Associated with all of you at San Antonio recollecting the happy moments of College-days and later in professional life and to involve in the discussions as per the conference agenda.

I wish the 15th Biennial reunion of GMCANA-RMCANA-SMCANA every success involving most of the old students spread all over the globe, especially of USA, To exchange their views in academic matters of medical profession useful for Promotion of knowledge & research in medical & allied sciences and welfare Of the universe.

Prof. Dr. A.V.KRISHNAM RAJU



In the service of alma mater.....

Dr S V Lakshmi Narayana

Class of 1976

Opportunity, they say knocks only once. If that opportunity is to serve your mother institution you will consider yourself very fortunate. Now if you get to serve your alma mater in various capacities over a long period, you can only call it a windfall. That in essence sums up my belief in being able to serve RMC and GGH.

I am a 1976 batch Rangarayan, presently the convener of one trust and treasurer of a trust and a society - all formed, funded, and run by Rangarayans. I am also the local coordinator for RMCANA. In addition I am also a Nodal officer for the National Knowledge Network project of RMC and a member of equipment committees of RMC and GGH. For me these opportunities are more than any official position or promotion, which I am sure would not have given me the same chance to participate in and be part of the development of the college and hospital. Because of these I was able to be in touch with and interact with students, faculty, and administrators, find out the needs of the institutions, and do something through the trusts and society directly, or convey the same to RMCANA and get things done.

In this long journey of 'doing something' for the alma mater and also the underprivileged of the society, what amazed me was the spontaneity with which old students reacted for the requests and came forward with advise, help, and money. The first experience was the Royal Rangarayan Society, which we, the class of 1976 initially formed to help one of our terminally ailing classmate's family, and continued beyond that. Then came the opportunity to serve through RMCANA Trust, which my dear classmate Dr Lokeswara Rao, coordinated to form, seeing the good work we are doing through Royal Rangarayan Society. This was an entirely new chapter, in that I got to acquaint with, meet, interact and work with many of my seniors and juniors in the USA, and also many of my classmates who have migrated long ago, who are eager to express their gratitude to their college by being a part of it's development. Their enthusiasm to do something to not only the institution but also the general medical field of the state and eagerness to implement their good ideas is a catalyst to us here. Then came the convenership of the Bhanu Prasad Trust through which I was able to do more, helped by a friendly and eager administration and able guidance of the members and mentors of the trust.

Finally, it has been a enjoyable and fruitful journey so far.

The following is a brief account of the various bodies of which I am a part of.

Dr Bhanu Prasad Memorial Trust

The trust was formed in 1996 in memory of Late Dr Moturu Bhanu Sankar Prasad.

Principal, RMC is the Ex-Officio chairman and President, RAMCOSA is the Executive Trustee. Present principal is Dr R Mahalakshmi, Executive Trustee Dr Seshagiri Rao, and convener is Dr S V Lakshminarayana. Mr Ravikanth Swaroop Moturu, and Dr N Ramachandra Chowdary of Vijayawada are the executive members. Core members are Dr. Subramanyeswara Rao Chalasani, Dr Lalithakumari Moturu, Dr Ramakrishna Kongara, Dr Gopalakrishna Reddy Rebala, Dr Jagan Mohan Rao Devineni, and Dr Prasad Chowdary Kakarala.

The main purpose of the trust is to use the interest generated on the initial donation to 'purchase books and journals for the library, essential equipment for the laboratories and maintenance of the auditorium of Rangaraya Medical College'.

To start the trust an amount of \$40,000/- was raised through TANA foundation by friends of Dr Bhanu. A total of Rs.13,50,000/- was realized and was deposited initially in Andhra Bank, Madhavanagar branch, Kakinada. Presently the amounts are with SBI, JNTUK branch. Of the interest earned on the principal amount half was spent and half was added to the principal amount in the bank yearly.

Govt. of AP issued a G.O on June 30, 1995 to name the Auditorium of Rangaraya Medical College after Dr Bhanu Prasad, as Dr Moturu Bhanu Sankar Prasad Memorial Auditorium. The inauguration of the same took place on November 28, 1995.

The present assets of the trust in current account are Rs.1,41,965/- as on 21.07.2016, and fixed deposits Rs.36.5 lakhs.

Since 1996 the trust spent a total amount of about Rs.20.5 lakhs, mainly for books for the college library. About 886 text books and various journals were provided to the clinical library. Approximately Rs. 4,00,000/- was spent on the renovation of auditorium and Rs. 1.35/- lakhs was spent to provide internet facility to the library. After the present executive took over, we have diversified our activities with the permission of the core members. Consequently we have donated books to poor students, audio equipment to three lecture galleries of the college, and coordinated renovation of the auditorium in which Rs. 2.0 lakhs of the trust money and funds raised from Ramcosa, old students, Government funds allocated through the good offices of our Honble. Health Minister Dr Kamineni Srinivas, and interested donors were spent. Many of you who have attended the Ramcosa Alumni meet 2016 must have noticed these improvements.

RMCCANA Trust, Kakinada

The RMCCANA (Rangaraya Medical College Alumni of North America) Trust, Kakinada is a charitable trust formed in the year 2010, by RMCCANA for providing Medical aid and Education aid to the poor and needy people besides other philanthropic activities. The benefits of the trust are open for all communities, religions and sects.

The author of the Trust Dr Murthy Mutyala made the initial endowment and appointed a Board of trustees consisting of old students of Rangaraya Medical College Dr Kurukuri Venkateswara Rao, Dr B Sridhar, and Dr S V Lakshmi Narayana, acting as President, Secretary, and Treasurer respectively, who are residents of Kakinada to manage the trust affairs.

Till now the following activities were carried out directly by the Trust and with the help of MCA, Repalle, with donations from philanthropic individuals:

- Medical and related books are being donated regularly to Rangaraya Medical College Libraries and for the reading room of RMC Men's hostel.

- Subscription to 'MDConsult' is being provided regularly to the Department of Paediatrics.

- Disposables like sheathed needles to give local nerve blocks were provided to the Department of Anaesthesia.

- Funds were provided to graduating medicos for their Hippocratic oath administration ceremony towards Printing of oath certificates, Medical ethics certificates, rent for graduation robes etc.

- Shirts and RO water purifier were provided to poor, destitute, and street children being taken care of, by a social cause organization called 'Parivartana', of Kakinada.

- A desktop computer with digital educational resources was provided to M/S Maharshi Sambamurthy Residential School for the Physically Handicapped, Venkataratnapuram, Kakinada

An amount of Rs.100,000/- was received as corpus money from the family members of former Professor of Biochemistry, RMC, Dr P Narasimharao and Dr P Indira Devi towards giving away prize money to the college top scorer in university exam in the subject of Biochemistry. Prize amount of Rs.5000/- plus Merit certificate were given to two students so far during the college day celebrations.

Present assets of the Trust amount to Rs. 2,10,000/- as corpus money and Rs.58,116/- in a current account.

Royal Rangarayan Society of 1976

The Society was formed and registered in the year 2003 by the students of 1976 batch Rangarayans. The society has Dr Kurukuri Venkateswara Rao as President, Dr U V Ramana Raju as Vice President, Dr B Sridhar as Secretary, Dr T Gowtami Chowdary as Joint Secretary, and Dr S V Lakshmi Narayana as Treasurer, and Drs T V Ramana Murty, D V Ramakrishna, K L Narayana, Ram Tajuna, D Buddhudu, and P Chandrasekhar as members.

The society was very active initially and regularly donated books and journals to the RMC college libraries, and equipment to the General Hospital till 2012.

The Golden Jubilee Library

The golden Jubilee Library was constructed by Alumni or RMC in North America with money donated through TANA foundation. Dr Murty Mutyala and Dr V Satyadev, oversaw the construction. The facility is named as 'RMC alumni of North America Golden Jubilee Library', in the 'Pokala Sridevi and Nagendrarao Memorial building'. The building was furnished with modular furniture, AC digital library provided with 10 computers and 80 seat air conditioned seminar room provided with LCD projector. The entire building including the Air conditioners has generator backup.

The Golden Jubilee Library was handed over to the college on 06 January 2010. The committee which oversaw the construction of the library was dissolved on 12 MAY 2012.

Presently the Library is being run by the college with the Principal being the Convener. The first co-convener was Dr V Satyadev, the second Dr S V Lakshmi Narayana and the present - Dr P V V Lakshmi, a faculty member of RMC.

The library runs from 9.00 AM to 9.00 PM on all working days. Students of RMC and of other medical colleges (with the permission of the Principal, RMC) use the facility to read books and the digital section in good numbers. They are also provided free Wifi access to browse the net through their own devices. Regarding the books, old editions shifted from sub-library of the office campus and those donated by TANA costing about Rs.1.0 lakh at the time of inauguration, those supplied by the government from time to time, and those donated by this trust and other trusts like RMCANA Trust are available. The seminar room is being used to conduct classes, college meetings, and as a lecture hall during conferences.

RAMCOSA HOUSE

Ramcosa house was constructed by old students of RMC on the North-eastern corner of Men's hostel campus. The foundation stone was laid in 2007 by Dr Pedarattayya, an old student and the then Minister. The building was Inaugurated by Late Chief minister Dr Y S Rajasekhara reddy in 2008. The building was completed in all aspects and dedicated to Rangarayans by sitting MLA, Kakinada Mr D Chandrasekhara reddy in January 2012.

The building was constructed at a total cost of about Rs. 1.17 crores. Out of this Rs. 10.5 lakhs was donated by NRI Alumni. It has 10 rooms, one dining hall, board room, office room, open air auditorium, and has generator backup for all. The maintenance is being carried out with money generated through letting out rooms and open air auditorium for rent on daily basis.

Presently the Guest house is being run by a committee Chaired by Dr K L Narayana. The Convener is Dr K R N Tagore, who looks after the day to day affairs. Members of the committee are Dr Sriram Ravula and Dr S V Lakshmi Narayana.

- Dr S V Lakshmi Narayana



**He is Mr. Ajay from Cattisgarh
He has saved life of 200 Pregnant Women
With the help of his motor cycle Ambulance
Let's Share this Picture and Make him Famous**

Reverse Osmosis Drinking Water Plant Donated to RMC, Men's Hostel, Kakinada on Nov 23, 2014

Dr. Jaganmohan Kakarala and RMCANA donated a drinking water plant to the Men's hostel of Rangaraya Medical College upon the request of the hostel inmates.

The plant costing about Rs. 2.6 lakhs

can process raw water @ 400 litres per hour and has a processed-water storage tank of 2000 litres capacity.

It is a totally self-sufficient plant with it's own bore well, own raw-water tank, and pipeline with outlets through two water coolers in the north and south blocks of the hostel.

The plant was inaugurated by Dr Indira Mutyala, past president of RMCANA and Dr. Murty Mutyala in the presence of Principal Dr R Mahalakshmi, Deputy warden Dr. Lakshmoji Naidu on the evening of 23 November 2014.

RMCANA Coordinator Dr S V Lakshminarayana, Hostel General Secretary Medico Suresh, and hostel inmates participated in the event.



Real meaning of DONATION College

**Ramcana Trust, Kakinada Donated
four titles of medical books
to Golden Jubilee Library**



**Ramcana Trust, Kakinada Donated
Endoscopic Sinus Surgery (ENT)
to Central Library**



**Ramcana Trust, Kakinada Donated
12 titles of medical books
to RMC Men's Hostel**



**Ramcana Trust, Kakinada Donated
Water Purifier to "Parivartana Street Kids"
Orphanage, Kakinada**





Lecture Prize Contest by RMCANA Trust



ఈనాడు
THE HEART AND SOUL OF ANDHRA PRADESH

ఆర్ఎంసీ పూర్వ విద్యార్థుల సంఘం ఆధ్వర్యంలో ప్రతిభా పోటీలు

పాతబస్తాండ్ సెంటర్: రంగారావు వైద్య కళాశాల పూర్వ విద్యార్థుల సంఘం (రాంకానా ట్రస్ట్) ఆధ్వర్యంలో ఆర్ఎంసీ, కిమ్స్, జీఎస్ఎల్ వైద్య కళాశాలల వైద్య విద్యార్థులకు శనివారం ప్రతిభా పోటీలు నిర్వహించారు. ఆర్ఎంసీ ప్రీన్సిపాల్ డాక్టర్ ఆర్.మహాలక్ష్మి, వైస్ ప్రీన్సిపాల్ డాక్టర్ కోరుకోండ బాబ్జీ, డాక్టర్ మానుకోండ రామచంద్రరావుల పర్యవేక్షణలో ఈ పోటీలు నిర్వహించారు. మంగళగిరి ఎస్సాకై కళాశాలకు చెందిన డాక్టర్ వసంతకుమార్ ఆధ్వర్యంలో డాక్టర్ సీఎస్ఎస్ఆర్ శర్మ, డాక్టర్ గౌతం ప్రవీణ్, డాక్టర్ శ్రీనివాసరెడ్డి, జీఎస్ఎల్ కాలేజ్ పీజియాలజీ విభాగాధిపతి డాక్టర్ శ్రీనివాస్లు పోటీలకు న్యాయ నిర్ణేతలుగా వ్యవహరించారు. పైనల్లో ఆర్థిక పొందిన ముగ్గురు ఎంబీబీఎస్ విద్యార్థులు, ఇద్దరు వీజీ విద్యార్థులు సమర్పించిన ప్రసంగాలలో ఎంబీబీఎస్ విద్యార్థుల విభాగంలో ఆర్ఎంసీకి చెందిన మెడికల్ ఎస్. అమృత, వీజీ విద్యార్థుల విభాగంలో కిమ్స్ వైద్య కళాశాలకు చెందిన డాక్టర్ ఎస్.గాయత్రి విజయం సాధించారు. విశ్రాంత డీఎంఈ డాక్టర్ ఎంబీఆర్ శర్మ, ఆర్ఎంసీ ప్రీన్సిపాల్ డాక్టర్ మహాలక్ష్మి విజేతలకు బహుమతి ప్రదానం చేశారు. కార్యక్రమం డాక్టర్ లక్ష్మీనారాయణ నిర్వహించగా, డాక్టర్ వెంకటేశ్వరరావు

ఆధ్వర్యత వహించారు. ఈ పోటీలకు వైద్యులు కిరణ్, క్రిష్ణబాబు, ప్రసాద్, ఓనకర్నారాయణ, ఉమా, లక్ష్మి, దీప్తి, రాంబాబు తదితరులతో పాటు, అధిక సంఖ్యలో వైద్య విద్యార్థులు హాజరయ్యారు.



విజేతలకు బహుమతి ప్రదానం చేస్తున్న విశ్రాంత డీఎంఈ డాక్టర్ ఎంబీఆర్ శర్మ, ప్రీన్సిపాల్ మహాలక్ష్మి

ఆంధ్రజ్యోతి



ప్రశంసా పత్రాన్ని అందజేస్తున్న డాక్టర్ శర్మ

వైద్య విద్యార్థుల ప్రతిభ

కాకినాడ వైద్య విభాగం, మ్యాగిజిన్: రంగారావు వైద్య కళాశాల(ఆర్.ఎం.సి.)లో నిర్వహించిన ప్రతిభా పోటీల్లో ఇద్దరు విద్యార్థులు అంతిమ విజేతలుగా నిలిచారు. వారిలో ఆర్ఎంసీకి చెందిన మెడికల్ ఎస్. అమృత, కిమ్స్ కళాశాల వీజీ విద్యార్థిని డాక్టర్ ఎస్.గాయత్రి తమ ప్రతిభను ప్రదర్శించి ప్రశంసా పత్రాన్ని, రూ.5వేల ప్రోత్సాహక బహుమతిని జడ్జిలచుకున్నారు. అమెరికాలో స్థిరపడ్డ రంగారావు వైద్య కళాశాల పూర్వ విద్యార్థుల(రాంకానా) సహకారంతో ఆ సంస్థ స్థానిక అధ్యక్ష, కార్యదర్శులు డాక్టర్ వెంకటేశ్వరరావు, లక్ష్మీనారాయణ ఈ పోటీలను నిర్వహించారు. మెదడులో ప్రాచీన విద్యార్థులకి సంబంధించిన స్నేహ, స్నేహితుల కదలికలను గుర్తించుకోవడం వంటి పాత్ర ఆన్ అంకంపై ఈ పోటీ జరిగింది. ఆర్ఎంసీ విద్యార్థులలో పాటు అమరావతికి కిమ్స్ రాజానగరం జీఎస్ఎల్ వైద్య కళాశాల విద్యార్థులు ఈ పోటీలో పాల్గొన్నారు. ఆర్ఎంసీ ప్రీన్సిపాల్ డాక్టర్ ఆర్.మహాలక్ష్మి, వైస్ ప్రీన్సిపాల్ డాక్టర్ కోరుకోండ బాబ్జీ, డాక్టర్ ఎం.రామచంద్రరావు పర్యవేక్షణలో మూడు గంటల పాటు ఈ ప్రతిభా పరీక్ష జరిగింది. వ్యాయ నిర్ణేతలుగా మంగళగిరి ఎస్సాకై కళాశాలకు చెందిన డాక్టర్ వసంతకుమార్, జీఎస్ఎల్ కళాశాలకు చెందిన డాక్టర్ శ్రీనివాస్, ఆర్ఎంసీకి చెందిన డాక్టర్ సీఎస్ఎస్ శర్మ వ్యవహరించారు. విజేతలకు కిమ్స్ కళాశాల వైద్య విభాగాధిపతి, విశ్రాంత డీఎంఈ డాక్టర్ ఎం.బి.ఆర్. శర్మ బహుమతులు అందజేశారు.



RMCANA and RAMCOSA Life Saving Skills Training Programme for All



The noble founders of Rangaraya medical college envisioned the acute shortage of trained medical and nursing services in the country that propelled them to start a private medical college in 1958.

Even after seven decades of attaining independence and six decades after starting Rangaraya Medical College, many of our country people are sick and deficient in better health care.



While addressing the students at the first lecture class on 17th September 1958 at the newly commenced Rangaraya Medical college, Col Dr D S Raju (one of the founders of the college) gave an advice to the students that –“our aim is not merely to produce more doctors and medical colleges although we need them in ever increasing numbers for our rapidly increasing population. The present rate of our growth of population, the demand far exceeds the supply of qualified medical personnel. We must improve not only quantitatively but qualitatively also. Our cultural and moral standards must keep pace with our material advancement . The time spirit demands we must be creative and do selfless service, devoted to the interest our own countrymen. When the house is on fire one does not think about the furniture, not even gold and jewellery, the evacuation of sick and old people from the house is given the top priority”.

The above statement of facts will clearly denote the indomitable will, vision and versatility of the noble man Col DS Raju. His life reflects the art of becoming rich was simply to live richly in body, mind, heart and spirit. Col Raju’s ideas and values transcended all generations especially to each and every Rangarayan.

Disaster preparedness is the need of hour. If we don’t recognize the facts and act accordingly the disaster is bound to overtake us. Time and tide wait for none.

The motto of our college – “SARVE SANTU NIRAMAYAH” (Let everyone be healthy) can only be made a reality if all the people are educated and are made competent to take care of their own health and in case of emergencies and disasters they can be the basic health care providers for the victims.

As mentioned before millions and millions of our people are sick and deficient in better health care. By understanding the magnitude of present problem and for the relief of the suffering, our Rangarayans of RMCANA and RAMCOSA whole heartedly initiated a voluntary effort and started a training program of basic life saving skills for all medical , paramedical personnel and nursing staff with a vision to extend it to the lay public and to educate all people about the basic health care at RAMCOSA HOUSE.



I thank each and everyone who have supported this noble programme. Our vision for 2020 is to train and educate everyone with basics of CPR and provide basic health education to our countrymen.

LONGLIVE RANGARAYANISM!

Dr. KIRAN KUMAR CHITLA (1995 Batch)
Co-Ordinator CPR Training Programme
Executive Member RAMCOSA





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Federation of Andhra Pradesh Medical Graduates in USA
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Dear Alumni Presidents,

I am excited to inform you that I have taken over the reins of the APMGUSA as the president of the organization. The main aim of this organization is to bring all the 'presidents' thereby all the alumni from all the 47 medical colleges from Telugu speaking states under one umbrella. Our main goal is to improve the medical education in Telugu speaking states (Andhra Pradesh and Telangana). Instead of duplicating,

The name of our Association is the Federation of Andhra Pradesh Medical Graduates/ Association of Telugu medical graduates of USA(ATMGUSA) which is an umbrella organization of almost 8,600 Indian American Physicians living in the US. Our members hail from Andhra Pradesh, and Telangana, the Telugu speaking community and this group consists of physicians, dentists, and medical scientists. This organization is nonprofit with 501-C tax exemption I.D. #01-0822348. Initiated by a group of AAPI past presidents, in 2007, the members are graduates of 42 Medical/ 17 Dental Colleges of Telugu speaking states and others across world.

The Mission of APMGUSA is to participate in medical education throughout Andhra Pradesh, and to develop a high quality rural health program that is accessible and affordable irrespective of economic status. The program is a comprehensive community based program with emphasis on prevention and primary care with ongoing partnership of governmental / non governmental organizations.

The main objectives include:

§ To bring together individuals and organizations of physicians, dentists and other medical scientists, including students of human sciences of Andhra Pradesh, practicing in the United States of America

§ To organize and meet for scientific, educational, cultural, and charitable purposes.

§ To assist students and physicians of Medicine, Dentistry from Andhra Pradesh, Telangana to obtain scientific training in the United States.

§ To conduct seminars and other educational programs in order to acquaint members with new scientific developments in the field of Human Medicine.

§ To support and foster the availability of medical assistance to the indigenous people in the United States and India.



PRASDA R NALLURI, MD
President, APMGUSA/ATMGUSA

Best Wishes from :



Suresh Reddy, MD
Past President of ATMG USA



Sudhakar Jonnalagadda, MD
Past -Treasurer of ATMG USA

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వినాయక చవితి శుభాకాంక్షలు !!!

ATMG-USA
Association of
Telugu Medical Graduates
of USA



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Best Wishes from :



President, ATMG USA
Prasad Nalluri, MD



Anupama Gotimukula, MD
ATMG USA Treasurer

సమకాలీన వైద్యం

సామాజిక బాధ్యత

భిన్న దృక్పథాలు



MOHAN KISHORE KESANI

సమకాలీన వైద్యం ఎన్నో అటుపోట్లు ఎదుర్కొంటున్న వేళ ఈ ఆర్టికల్ ఒక సోషల్ మీడియాలో చూడం తటస్థించింది. ప్రస్తుత పరిస్థితికి అద్దం పడుతున్నట్లనిపించింది. మనం ఏకీభవించొచ్చు విభేదించొచ్చు. కనీసం ఆలోచించొచ్చు. వైద్యం పవిత్రమూ కాదు, వైద్యుడు దేవుడూ కాదు.

“వైద్యం చాలా పవిత్రమైనది” “వైద్యుడు నారాయణుడితో సమానం” ఇవి వారసత్వంగా కొనసాగుతున్న భావాలు. కాలం మారుతుంది. జనం మారుతున్నారు. వారి ఆలోచనా విధానం మారుతుంది. గతంలో మాదిరి వైద్యం చేయాలంటే ఏ ఆకునో, కాయనో నూరి మందుగా ఇస్తే కుదరు. ఇస్తే జనం ఒప్పకోరు.

ఆధునిక సాంకేతిక పరిజ్ఞానం ఎంత పెరిగినా కొన్ని జబ్బులకు వైద్యం లేదు. కొన్ని జబ్బులు బతికినంత కాలం ఉంటాయి. ఇంకొన్ని జబ్బుల తగ్గటానికి నెలలు, సంవత్సరాలు పట్టొచ్చు. మరికొన్ని జబ్బులు వాటి జ్ఞాపకాలను, అవశేషాలను వదిలిపోతాయి. ఇవి ఆయా జబ్బుల స్వభావం, ఆరేషను చేయాల్సిన కేసుల్లో సర్జరీ మొదలైనప్పటి నుంచి రోగి కోలుకొనేవరకూ కేవలం డాక్టరు సమర్థత ఒక్కటే చాలదు. రోగం తీవ్రత, రోగి శరీరం తట్టుకొనే తీరు, మందుల ప్రభావం, వైద్య వసతులు, రోగి చెల్లింపు సామర్థ్యం మొదలైనవన్నీ వాటి వాటి స్థాయిలో కలిసి రావాలి. వాస్తవ పరిస్థితి ఇలా ఉంటుంది. కాని రోగి అవగాహన, అర్థం చేసుకొనే తీరును బట్టి వారి ఆశింపు మరో రకంగా ఉంటుంది.

ఏది ఎలా ఉన్నా, జనానికి ఆధునిక వైద్యం కావాలి. వైద్యంలో నాణ్యత ఉండాలి. రోగి ఆసుపత్రిలో అడుగుపెట్టే సమయానికి అన్నీ అమరినట్టు ఉండాలి. బాధతో ఉన్నప్పుడు వైద్యం అలస్యం కాకూడదు, త్వరగా జబ్బు తగ్గిపోవాలి. ఇవి సగటు రోగి ఆశింపు.

రోగి ఆశించినట్టు వైద్య సేవలు అందించాలంటే డాక్టరు పూర్తిగా సమర్థుడై ఉండాలి. వైద్యాన్ని బాగా నేర్చుకోవాలి. కొత్త కొత్త పోకడల్ని నిరంతరం తెలుసుకుంటూ ఉండాలి. అందుకు వృత్తిపరమైన ‘కాన్ఫరెన్స్’లకు పోతూ ఉండాలి. ఎడిషను మారినపుడల్లా కొత్త పుస్తకాలు మారుస్తూ ఉండాలి. జర్నళ్లకు చందా కడుతూనే ఉండాలి. అన్నింటికీ మించి నిరంతరం చదువుతూనే ఉండాలి. రోగం చేయటంలో ఏమైనా తేడా వచ్చి వినియోగదారుల ఫారంలో కేసుపడవచ్చు. “ఇన్ని కష్టాలు పడే మాకు కష్టానికి తగ్గట్టు డబ్బులు ఫీజు రూపంలో రావద్దా?” ఇది రోగి ఆశింపుపై సగటు డాక్టరు కామెంటు.

మరోవైపు డాక్టరుకి సామాజిక బాధ్యత ఉండాలని సమాజం ఖచ్చితంగా ఆశిస్తుంది. ఇంజనీర్లకు, టీచర్లకూ, లాయర్లకూ, చార్టెడ్ అకౌంటెంట్లకూ ఇలా ఒకరనే? ఎవరికీ సామాజిక బాధ్యతని జనం గుర్తు చేయరు. ఐ.ఐ.టి.లో, ఐ.ఐ.ఎం.లో ప్రజల డబ్బుతో చదివిన వారిని “సమాజం పట్ల మీ బాధ్యత ఏమిటని ఎవరూ అడగరు. వారు సమాజం డబ్బుతో చదవరా? కేవలం డాక్టరు మాత్రమే జనం డబ్బుతో

చదువుతారా? డాక్టర్లు మాత్రమే జనాల సేవల తరించాలా?” వైద్యం మీద, వైద్యుల మీద చర్చి వచ్చిన ప్రతిసారి డాక్టరు ముందుకు తెచ్చే ప్రశ్నలు ఇవి.

ఇక్కడ కొన్ని వాస్తవాలు కూడా గమనించాలి. వైద్యుడిని దేవుడిగా నెత్తిన పెట్టుకునే ఈ జనమే వైద్యంలో ఎక్కడైనా తేడా వచ్చిందంటే ఊరకనే ఉండరు. అదే “దేవుడి”ని తిడతారు. కొన్నిసార్లు కొడతారు. ఆసుపత్రుల మీద దాడి చేస్తారు. మంచి సిటిజను అయితే జరిగిన నష్టానికి డబ్బులు కట్టించమని కోర్టుకు తిప్పతాడు.

వైద్యులకూ, రోగులకు మధ్య ఈ విధమైన వైవిధ్యాలు రావటానికి కారణం ఏమిటంటే “డాక్టరు - పేషంటు” మధ్య సంబంధాలను వాస్తవ దృష్టితో అర్థం చేసుకోలేకపోవటమే. జనం మారి, వైద్యం మారి, వైద్య పద్ధతులు మారి, వైద్యానికి సంబంధించి మిగతా అన్ని అంశాలు మారినా వైద్యుల్ని చూడటంలో జనం ఆలోచనలు మాత్రం సంప్రదాయ పద్ధతుల్లో అలాగే ఉన్నాయి. అందుకే జనం ఆశించుకూ వైద్యుల ప్రవర్తనకూ మధ్య అంత అంతరం.

సమాజంలో ఆర్థిక, సామాజిక, సాంస్కృతిక అంశాలలో మార్పులు అనివార్యం. వాటితోపాటే మానవ సంబంధాలు మారుతూ ఉంటాయి. పూటకుళ్ళ ఇళ్ళు రెస్టారెంట్లు అయినట్లు సత్రాలు స్టార్ హోటళ్ళు అయినట్లు వైద్యమూ దాని తీరుతెన్నులు మారాయన్న అంశాన్ని పరిగణలోకి తీసుకోవటం లేదు. వైద్యాన్ని డబ్బులు తీసుకొని చేసి “సేవ”గా గుర్తించకుండా, పవిత్రమైనదిగా, డాక్టరును వైద్య నిపుణుడిగా కాకుండా దేవుడిగా, దయమయుడిగా, శాంతిమూర్తిలా, రోగి పీడిత దరిద్ర నారాయణులను ఆడుకోవటానికి పుట్టిన అవతార మూర్తులుగా భావించి నేటి కాలానికి తగ్గట్టు నైతికతను ఆశిస్తే ఎలా కుదురుతుంది?

జనం మారి, వైద్యం మారి, వైద్య పద్ధతులు మారి వైద్యానికి సంబంధించిన అన్నీ మారినా వైద్యుల్ని చూడటంలో మాత్రం జనం ఆలోచనలను పాత పద్ధతుల్లోనే ఉంటాయి. అంటే జనంలో ఉండే ద్వంద ప్రమాణ ఆలోచనల వల్ల వైద్యులకు, జనానికి మధ్య దూరం పెరుగుతుంది.

మారే కాలంలో పాటు డాక్టర్లూ మారుతారు. చేసే వైద్యమూ మారుతుంది. దానికి తగ్గ ఖర్చూ పెరుగుతుంది. మార్పులన్నీ సమాజంలో వచ్చే మొత్తంలో భాగంగానే ఉంటాయి. వీటిని దృష్టిలో ఉంచుకొని “డాక్టరు - పేషంటు” సంబంధాన్ని చూస్తే వారి మధ్య సంబంధాలు సజావుగా గానే ఉంటాయి. లేదంటే పరస్పరం అనుమానంతోనే కలిసి నడవాలి.

మిగతా వారిని వదిలేసే డాక్టర్ల నుండి మాత్రమే సామాజిక బాధ్యతను ఆశించటంలో మరో కనబడని కోణం కూడా ఉంది. అదేమిటంటే రోగం వ్యక్తిని ప్రత్యక్షంగా బాధకు గురి చేస్తుంది. దాన్నుండి విముక్తి పొందాలంటే డాక్టరుతో ప్రత్యక్ష సంబంధం, వారి సేవలు అవసరం. అలాగే దానికి నేరుగా తనే ప్రత్యక్ష “చెల్లింపు” కూడా చెయ్యాలి. ఆ చెల్లింపు మనసులో “అయిష్టమైన చెల్లింపు” ఎలానో చూద్దాం.

రోగం రావటం ఎవరికీ ఇష్టం ఉండదు. అయినా రాకుండా ఉండవు. వచ్చాక వైద్యం చేయించుకోక తప్పదు. ఇష్టం ఉన్నా, లేకపోయినా డాక్టరు దగ్గరికో ఆసుపత్రికో పోయి వైద్యం చేయించుకోవాలి. అంటే జబ్బున పడ్డప్పుడు “రోగి-డాక్టరు” సంబంధం అనివార్యమూ, యిది ఇలా ఉంచుదాం.

మనిషి అవసరాలు రెండు రకాలుగా ఉంటాయి. మొదటి రకం మనకు కావలసినవి. మనం ఇష్టపడేవి. మనకు ఆనందాన్ని ఇచ్చేవి. వీటి కోసం వెంపర్లాడతాం. ఖరీదు అయిన టీవీ కొనటం, ఆరు

రెట్లు ఎక్కువ పెట్టి నిచ్చిన హీరో సినిమా టికెట్టును బ్లాకులో కొనటం, దష్టిక వేసినప్పడు కోకకోల తాగటం, ఎంత డబ్బు పెట్టి అయిన మందు కొట్టటం ఇలా చాలా పనులు ఎవరికి వారికి ఇష్టంగా ఉంటాయి. కాబట్టి ఎంత డబ్బు పెట్టవనే దానితో పనిలేదు. ఇష్టమైన అవసరాలు కాబట్టి ఎంతైనా పెట్టవచ్చు. దీనికి బాధపడేది ఏమీ ఉండదు.

రెండో రకం అవసరాలు మనకు ఇష్టం లేనివి, ఇష్టం లేకపోయినా అవసరం కాబట్టి వాటి కోసం ఖర్చు పెట్టాలి. లంచాలు, కోర్టు కేసులు, ఆసుపత్రి ఖర్చులు మొదలయినవి ఈ కోవలోకి వస్తాయి. ఇవి వచ్చాయి కాబట్టి అవసరాలు అయ్యాయి. కాని నిజానికి మనం కోరుకోలేదు. కాబట్టి వీటి కోసం ఖర్చు చేయటం సంతోషంగా ఉండదు. అయితే వీటిల్లో లోతు పాతులు మనకు తెలియదు కాబట్టి నిపుణుల సహాయం కావాలి. వారి సేవలకు “ఫీజు” చెల్లించాలి. కాని దాని మీద పెట్టే ఖర్చు బూడిదలో పోస్తున్నంత “ఫీలింగు”

పదివేల రూపాయలు ఆలోచించకుండా ‘మందు’కు ఖర్చుపెట్టే వ్యక్తి దాన్ని మానటానికి వైద్యం చేసిన డాక్టరు బిల్లు ఐదు వేలు కట్టడానికి మనసు ఒప్పదు. దీనికి ఇంత అవుద్దా! అని ధర్మ సందేహం. డాక్టరు ఎక్కువ లాగుతున్నాడని లోలోన మధనం. డాక్టర్లు ఊరికే సంపాదిస్తున్నారని నింద డాక్టరు మానవత్వం లేదని కామెంట్లు. తీవ్రంగా గాయపడ్డప్పడు వైద్యం చేయించుకోకపోతే ప్రాణం పోతుందనే భయం తక్షణ ఆపద్బాంధవుడు డాక్టరు “ఎక్కడా? త్వరగా రాడే?” ఆ పరిస్థితిలో, ఆ సమయంలో రోగి ఆక్రందన అలా ఉంటుంది. డాక్టరు వచ్చాడు. వైద్యం జరుగుతూ ఉంది. ఫరవాలేదు. ఇప్పడు బాగుంది. ‘బిల్లు ఎంత అవుతుందో?’ రోగి అనుమానం. రోగం తగ్గింది బిల్లు చేతికి వచ్చింది. అది ఎంతైనా ఉండనీ! “అమ్మ బాబోయ్ ఇంతా? ఈ డాక్టర్లకు కరుణలేదు, దారణంగా దోచేసుకుంటున్నారు”, “ఏం పెద్ద ఊడ బొడిచారనీ” ఇవి జబ్బు నయం అయ్యాక, సగటు రోగి ఆలోచనలు. దీనికి కారణం ఇష్టం లేని ‘అవసరం’ కోసం చెల్లించాల్సి రావటమే. అందుకే రోగికి డాక్టరు ప్రాణం పోయేటప్పడు దేవుడుగానూ, రోగం తగ్గేటప్పడు స్నేహితుడిగా, బిల్లు కట్టించుకొనేటప్పడు యముడిలా కనిపిస్తాడని ఒక ఆధునిక నానుడి పుట్టుకు వచ్చింది.

చేయించుకున్న వైద్యానికి బిల్లు కట్టాల్సి వచ్చినప్పడు రోగి మనసులో “అవసరం-అయిష్టత” పునాదిగా ఆలోచిస్తారు. మారిన సామాజిక నేపథ్యంలో వైద్యం చేసే డాక్టరు సేవ “సేవ-ప్రతిఫలం” అనే ఆలోచనల పునాదిగా ఫీజును ఆశిస్తాడు. ఈ రెండింటి మధ్య పొంతన ఎంత చెడిపోతే “డాక్టరు-రోగి” మధ్య సంబంధం కూడా అంతగా దెబ్బ తింటుంది.

రోగి-డాక్టరు మధ్య సంబంధాలను వ్యాపార సంబంధాలుగా పరిగణించి “వినియోగదారుల చట్టం” పరిధిలోకి తెచ్చాక కూడా “సేవ-దయ” అనే పాత పునాదులపై నుండి వైద్యాన్ని చూడటం సరి కాదు. “సేవకు తగ్గ చెల్లింపు” రోగికి ఉండాలి. అలాగే “చెల్లించినదానికి నాణ్యమైన సేవ” డాక్టర్లు అలవరచుకోవాలి. అంటే రోగి మంచి వినియోగదారుడై ఉండాలి. డాక్టరు నాణ్యత అందించగల ‘సర్వీసు ప్రొవైడరు’ అయి ఉండాలి.

సేవకు తగ్గట్లు చెల్లించిన మనస్తత్వం రోగికి ఉన్నప్పడు ఏదో ఒక రూపంలో దాన్ని రాబట్టుకొనే విధంగా వైద్యులు ఉంటారు. వైద్యం అనే రైలు నడవాలంటే దానికి “రోగి-వైద్యుడు” రెండు పట్టాల్లాంటి వారు. ఒక పట్టా అదుపు తప్పి, రెండో దాన్ని అదుపు తప్పకుండా బాగుండమని ఆశించడం సాధ్యం కాదు

ఈ నేపథ్యంలో వినియోగదారుడు వైద్యులపట్ల తమ దృక్పథం మార్చుకోవాలి.

వైద్యవృత్తి పవిత్రమైనదేమీ కాదు. కట్టిన డబ్బుకు అందించే సేవ మాత్రమే

డాక్టరు గొప్పవాడేమీ కాదు. అన్నీ పనుల్లో నిపుణులు ఉన్నట్టే డాక్టర్లు వైద్యంలో నిపుణులు.

డాక్టర్లందరూ మేధావులు కాదు. అందరిలో ఉన్నట్టే డాక్టర్లలో కూడా మేధావులు ఉంటారు.

డాక్టర్లు కేవలం “మంచి”గా ఉంటారని ఆశించటం పొరపాటు.

సమాజంలో ఎంత మంచి ఉంటుందో అంత కంటే ఎక్కువను ఎలా ఆశించటం?

డాక్టరు చదువును దృష్టిలో ఉంచుకొని వైద్యంలో నాణ్యతని ఆశించాలి.

ప్రతి డాక్టరుకు అన్నీ విషయాలు తెలిసి ఉండవు. తెలిసి ఉంటాయని ఎప్పుడూ ఆశించవద్దు.

ఒకే డిగ్రీ చదివిన నిపుణుల మధ్య నక్కకు నాగలోకానికి ఉన్నంత తేడా ఉంటుంది.

సమాజంలో ఉండే అన్నీ రుగ్మతలు వైద్య వ్యవస్థలోనూ, వైద్యుల్లోనూ ఉంటాయని అర్థం చేసుకోవాలి.

- మోహన్ కిషోర్ కేసాని

మౌనాగ్రం

ఉపాధ్యక్షక మౌనం

వ్యూహాధ్యక్షక మౌనం

సందేశాధ్యక్షక మౌనం

సందర్భోచిత మౌనం

అర్థాంగీకార మౌనం

అర్థాంగి మౌనం

అర్థం కాని మౌనం

అర్థం లేని మౌనం??

తొలి పలపు

నిసి రేతిరి నింగి కింద

సుక్కల మిణుకుల సాక్షిగా

మబ్బుల మాటు సెందురుడు తోడుగా

సద్దు మణిగిన మిద్దెల మధ్య

అదిరే అధరాలతో

వణికే గుండెలతో

ఆనందపుటంచుల చవిచూసా

ఆపై విరహమో దాహమో

విడలేని మోహమో అనుకుంటూ

శేష జీవితం గడిపేసా



ఉద్యోగం సద్యోగం లేని మొగుడు

తలమాసిన

వలుమాసిన

వలువలు మాసినన్

కుల సత్తికైన వెగటు కాదె

- మోహన్ కిషోర్ కేసాని

శ్రీమ క్యా సీన్ హై

ఈ శ్రీమకి అంత సీనుందో అన్నారు

అసలు శ్రీమ సీన్లోనే లేనారు

ఇప్పుడు శ్రీమ వున్న చోటే సీన్ అంటున్నారు క్యా సీన్ హై అంటున్నారు.

ఐనా శ్రీమ అప్పటికి ఇప్పటికి ఎప్పటికి ఆ సీన్ మన సీన్

అన్ని కేళ బాబ్బా నీ నైజం

అందరితో సఖ్యం నీ బంబం

నొప్పింక తొనొప్పక అందరినొప్పించి

సాధించుకొడు క్యామిలిటీ కోర్ మార్కుగా కోనేస్ట్ బెంచ్ మార్కుగా

అందరికొడుగా మన్ననలందుకుంటూ

రంగరాయ కీర్తి కిరీటులో కెలుగుతున్న కిలికిరురాయి నవ్వు ఆంధ్ర ఆరోగ్యానికి

ఆశాకిరణం ముచ్చ నిస్సందేహంగా

ఆరేంసే వదలిత ఆరడుగుల బుల్లెట్లు



SRINIVAS KAMINENI GARU

Hon`ble Health minister

Rangarayan



MOHAN KISHORE KESANI



MERE DIL KI BAAT



Narasimha Sastry Jatavallabhula
MD FRCS FAANS Board certified Neuro surgeon

బిజీగా గడచిన వారం తర్వాత విశాల్ కాఫీతో ఒక అదివారం ల్యాప్ టాప్ తెరిచాడు. ప్రొఫెషన్ కోసం అయితేనే పొట్ట కోసం అయితేనే 8000 వేళ్ల మైల్స్ దూరం వచ్చి, అయిన వారికి దూరంగా ఉన్నాని, మిత్రులను మిస్ అవుతున్నాని అనుకుంటూ ఈ-మెయిల్ తెరిచాడు.

మండు వేసవి సాయంత్రం కొద్దిసేపు వచ్చే వానలాగా, మనసుకి ఉల్లాసం కలిగించేలాగా రంగరాయ మెడికల్ కాలేజీ (ఆర్.ఎం.సి.) క్లాస్ మేట్స్ నుంచి రి-యూనియన్ గురించి వచ్చిన మెయిల్ ని చూసాడు. ఎవరైతే మొదలు పెట్టారో గాని, దానిలో చాలామంది పేర్లు పెట్టేసారు. బ్యాచ్ సిల్వర్ జుబ్లీ చేద్దాం అని అనుకుంటున్నారని చూసి ఒక్కసారి ఆనందం కలిగింది. ఇంతలోనే ముసలి వాళ్ళం అయిపోతున్నామా అన్న చిలిపి ఆలోచన కూడా వచ్చింది.

చూస్తుండగానే వారం రోజుల్లో రి-యూనియన్ కబుర్లు వేగం పుంజుకున్నాయి. కాలేజీ టైంలో మాట్లాడుకోని అమ్మాయిలు అబ్బాయిలు జీవితకాలం కబుర్లలో మునిగిపోయారు. అందరూ తమ తమ ప్రతిభను చూపిస్తున్నారు. జోక్స్ తోటి, మంచి మంచి కథలతోటి మెయిల్స్ నింపేస్తున్నారు. విశాల్ తన భావాలను కవిత రూపంలో చెప్పాలని అనుకున్నాడు.

दोस्त जो आप हमको मिले है

जिंदगी जन्नत सी लगती है

नश इतना स चढ गया की

सारा जमाना मैखाने सी लगती है

(jannat = heaven, maikhana = Bar)

కాలేజీలో ఉండగా హాలో అని కూడా అనని అందరూ ఇలా ఇంత ప్రేమగా మాట్లాడటం చూసి బిందు ఎంతో ఆనంద పడింది. అదే ఆనందంలో టైమ్ ట్రావెల్ చేసి మళ్ళీ కాలేజీకి వెడితే ఎంత బాగుంటుంది అని అంది ఆ ఆలోచన మంచిదే కానీ అలా జరిగినంత మాత్రాన మనమందరూ ఇంత ప్రీగా మాట్లాడుకోగలమా? ఆ టీనేజ్ బుర్రల్లో ఇప్పటి మేచూర్టీ కానీ ప్రీ థింకింగ్ గాని ఉంటుందా అన్నాడు విశాల్. నాకు ఐతే ఏమీ అభ్యంతరం లేదు గానీ మీరు మళ్ళీ గతంలోకి వెళ్లాలని అనుకుంటున్నారా? గతంలోకి వెళ్లినా కూడా మనం అందరం అజ్ఞాతులమే కదా?

तमन्ना अपनी ही दिल में बरकरार रखना

खुदा से जब मांगे तो सोच कर मांगना

रजामंद है हम गुजरे हुए कल में जाने को

बस आप ही की देर है फिर अजनबी बनने

(rajamand: in agreement)

गुजारे हुए पल लौट कर नहीं आते
यही दस्तूर है दुनिया का यारों
जो बीत गया उस पर फरियाद ना कर
दोस्तों के संग आज जश्न मनाओ यारों

(dastoor : culture fariyaad : complaint jasn: party)

పుట్టినరోజులు రావటం అందరూ శుభాకాంక్షలు అభినందనలు చెప్పుకోవడాలు విరివిగా జరుగుతున్నాయి. తన ఫ్రెండ్ కోసం విశాల్ డైమాండ్స్ పెట్టి ఒక వీడియో చేసి పెట్టాడు. పుట్టినరోజు అమ్మాయికి నచ్చింది కానీ మిగతా వాళ్ళకి కొంచెం కోపం వచ్చింది. నాకు డైమాండ్స్ ఇవ్వవా అని.

कसम है मैं ने सोचा था आप को भी तोफा दूं
चांदी द्रूं सोना दूं या कोइ कीमती पत्थर दूं
बेदाद ही होगी दोस्त से सच घुपायें तो
जो खुद ही एक हिरा हो उसको मैं क्या तोफा दूं

(bedad = injustice)

ఇది చదివి ఇంకొంత వనిత “నా చిన్ననాటి స్నేహితురాలితో నాకు దెబ్బలాట పెడతావా” అని చిలిపిగా అడిగింది. దానికి విశాల్....

आपकी इस गिला को इनकार नहीं कर सकते
आपसे बचपन की दोस्त का दिल धीन नहीं सकते
नियज तो नेक है हम दोस्ती के प्यासे है
बताये इस खता की सजा कैसे चुका सकते

(Gila = Complaint niyaz = Intention)

ఇంతలో విశాల్ పుట్టినరోజు రానే వచ్చింది. అందరూ శుభాభినందనలతో ఉక్కిరి బిక్కిరి చేశారు. కానీ, తనకి చాలా ఇష్టమయిన అమ్మాయిని నుంచి గ్రీటింగ్స్ రాలేదు. మనసుకి ఎంతో గాయం తగిలినట్టు, వెలితిగా ఉన్నట్టుతోచి, ఉండబట్టలేక, తనకు ప్రియమైన స్నేహితురాలికి ఆవేదనగా రాసాడు.

येमेरे दिल की बात ही सही
आप हमारे गहरे दोस्त ही नहीं
अधूरा रह गया था मेरा जनमदिन
जो आप की मुबारक बात ना मिति

क्या कहे दिल को क्या लगी
दर्द से वो लगातार रोने लही
तसल्ली दी थी हमने उसको
आप ने जान बूजकर भुलाया नहीं

అప్పటికి ఆమె నుండి సమాధానం రాలేదు.

रंजिश ही सही कुध लफज तो केहदो
हमरी इस खता की सजग तो देदो
ये आप की खामगेशी हम से रहा नहीं जाता
अपनी दिल का दर्द अब औ सहा नहीं जाता

ఏమై ఉంటుంది? ఏమన్నా అనుకుందా? కోపం వచ్చిందా? నా సైయరి ఆమెకు బాధ కలిగించిందా? ఆమెనే అడిగితే సరి, క్షమాపన కోరితే సరీ...

हम आपकी ऐतबार तो खो बैठें
क्या करें इक्थियार नहीं था दिल पर
अब तो हम माफी का काबिल भी ना रहे
(eitbaar : trust, iktiyaar, control)

ఆమె సమాధానం ఇచ్చింది. మేము వెకేషన్ కి వెళ్లాం. మేసేజ్ చూసుకోలేదు అని...

విశాల్ కూడా వెకేషన్ కి వెళ్ళాడు. ఫ్లోరిడాలో పిల్లలకి బీచ్ లో ఆడుకుంటాం అంటే, ఎండలో సముద్రం ప్రక్కనే కూర్చుని, చల్లని డ్రింగ్ తాగుతూ, తలుపులని మాటలుగా మార్చి, కవితలా కూర్చి ఆనందిస్తున్న సమయంలో, ఆ పరిసరాలలో ఉన్న ఒక స్నేహితురాలు మా ఇంటికి రా అని ఆహ్వానించింది సమయం తక్కువ ఉండటం వల్ల వెళ్ళటానికి కుదరలేదు. ఆమెకు మృదువుగా తెలియజేసాడు.

ఈ సంబరాలు ఇలా జరుగుతూ ఉంటే ఇంగ్లాండ్ నుంచి వచ్చిన మిత్రులతో ఈస్ట్ కోస్ట్ వారు మినీ రి-యూనియన్ పెట్టుకున్నారు. ఎంతో ఆనందంగా పోటో పెట్టి అందరినీ ఉడికించారు. విశాల్ ఎప్పుడూ మనసులో మాటే చెబుతాడు....

हमारे सारे घम मै-काशी में दूभ जाये
रात को पिए और नशा सुबह तक उतर जाये
कैसे उतारेगी बरसें तक आपकी ये जुनून
जो यारो के हात दोस्ती का जाम पी जाये
(mai khashee : alcohol junoon : ecstasy)

ఇండియా ఉన్నవారికి మనకి ఉన్న టైమ్ జోన్ వల్ల మనకు వచ్చే వార్తలు ఎంతో మాధుర్యంగా కదా

हमारी शाम ढली और आपकी सुबाह हुई
मेहक से भरी नयी दिन की शुरुवाद हुई
जो यार की पहती खबर हमें मिली
हमारी रात की अँधेरी में उजाला हुई

ఈ రకంగా మూడు జోకులు ఆరు కవితలుగా కాలం సాగింది. రి-యూనియన్ తేది ఎన్నుకున్నారు. అందరూ ప్రయాణ హడావుడిలో ఉన్నారు.

विशाल री-यूनीयन् की వెళ్लादा? ఎలా గడిచింది?
వేచి ఉండండి తదుపరి సంచిక వరకూ...

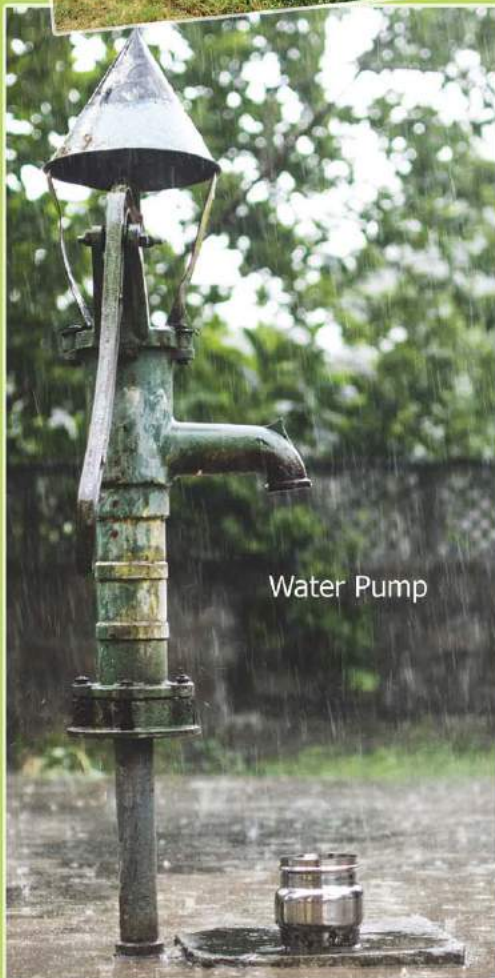
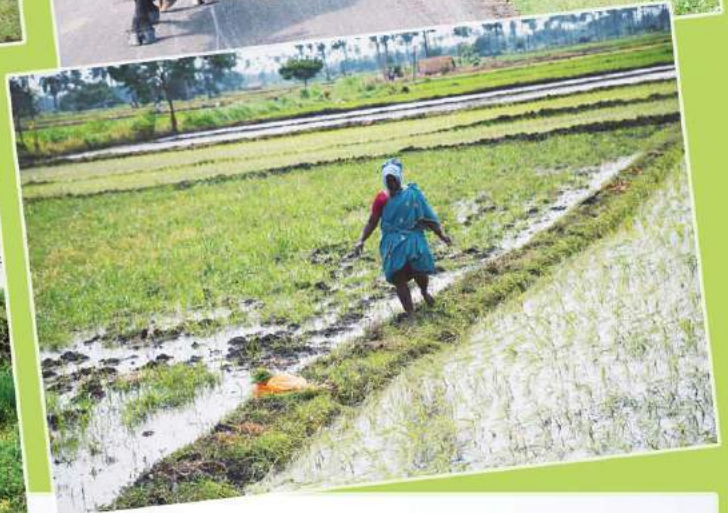
ಶ್ರೀ ನಾತಿ ಆರೈ ನ್ಯಾಟಿ



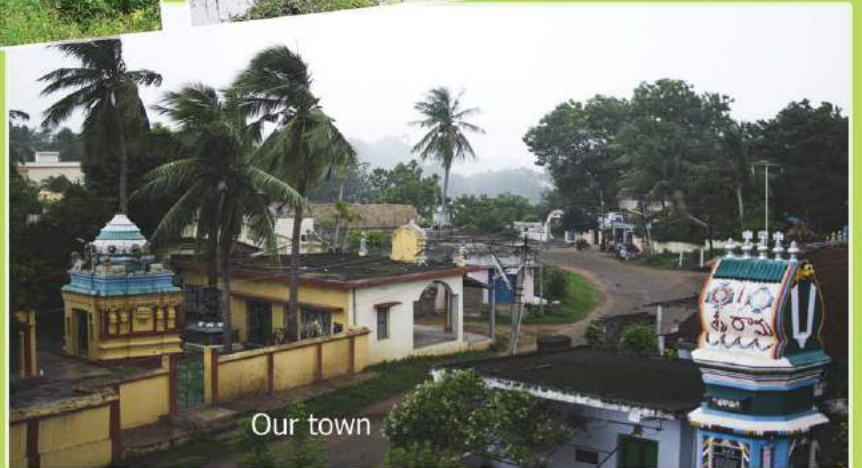
J. Narasimha Sastry
MD FRCS FAANS



VILLAGE PICTURES



Water Pump



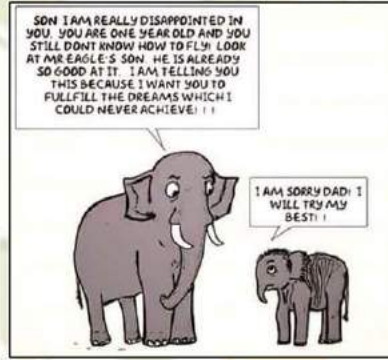
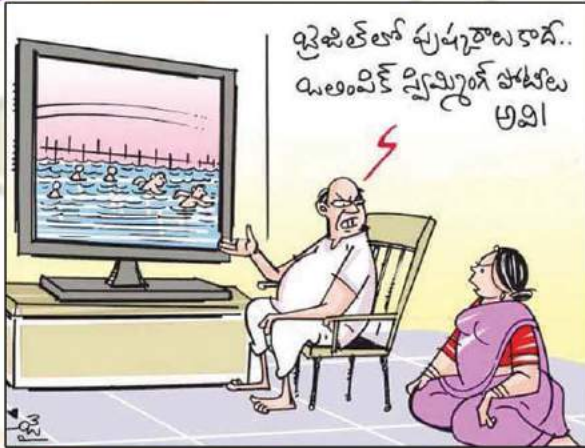
Our town



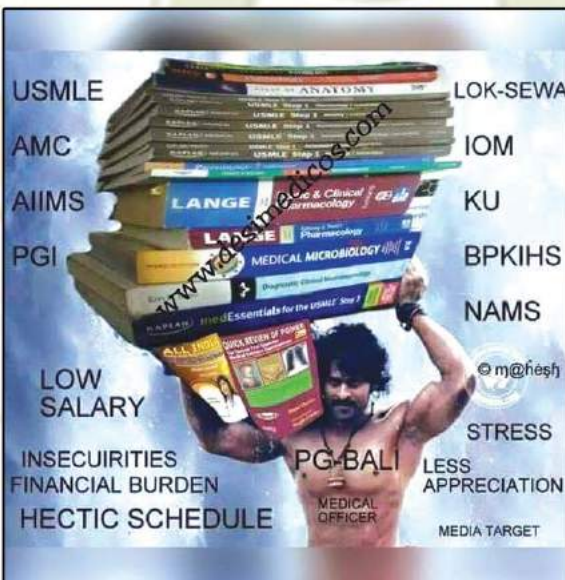
Flower in hand

- **SAHITH VELLANKI**
Son of Anuprasad and Aparna Vellanki

Jokes Corner



Accept life like a pair of walking legs.
The foot forward has no pride
&
The foot behind has no shame
.... Both know their situation will soon change.



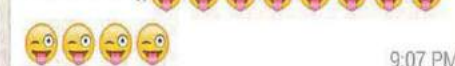
దేహమును ప్రేమించుచున్న
దేహమును ప్రేమించుచున్న
మంచి సైజులో ఉంచుచున్నా
దేహముని పొట్టకాదోయ్
యోగ చేసి బాగుపడవోయ్
వంటపై మీటింగు కట్టిపెట్టి
గంట వాకింగ్ మొదలెట్టవోయ్
||దేహమును ప్రేమించుచున్న||
ఆకు కూరన చేప ఉంది
చూపుకోసం మంచిందంది
రేకు టిన్నులో కోకు కన్నా
బోడమిచ్చే నీరు మిన్నా
||దేహమును ప్రేమించుచున్న||
పిజ్జ బర్గర్ కట్టిపెట్టి
ఆవిరిక్లి లాగించవోయ్
మెట్టు మెట్టు ఎక్కిన అందలం
ఆనందం, ఆరోగ్యం పదిలం
||దేహమును ప్రేమించుచున్న||

భార్యలతో ఎక్కువసేపు మాట్లాడుతూ వుంటే
ఆరోగ్యానికి చాలా మంచిదట,
మానసిక భాధలనుండి 90% ఉపసమనమట,
టెన్షన్ లు పూర్తిగా తగ్గుతాయట.
80%హర్షఎటూక్కు వుండవట. 100%
రిలాక్సేషన్ లభిస్తుందట. దీని మూలంగా
మంచి ఆరోగ్యం ధీర్ఘాయుష్ లు లభిస్తాయట.

బ్రిటిష్ హెల్త్ ఆర్గనైజేషన్ ఒక సర్వే ద్వారా
తెలిపిన విషయం ఇది..

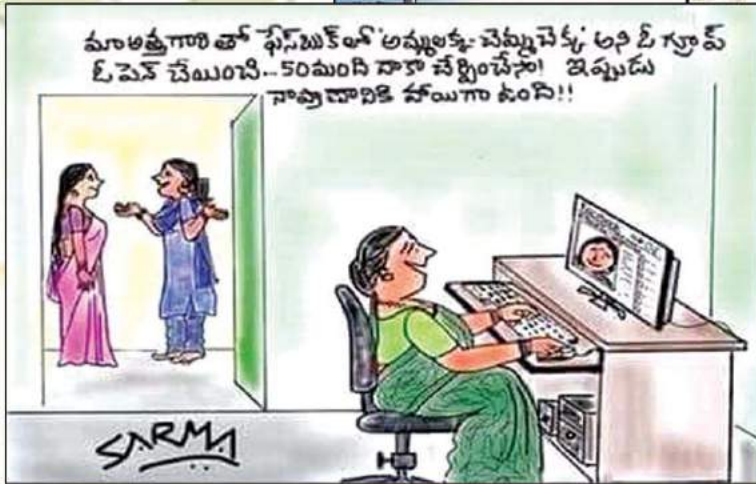
కానీ ఎవరి భార్యతో మాట్లాడాలో సరిగ్గా

తెలుపలేదు..



9:07 PM

Jokes Corner



Facts

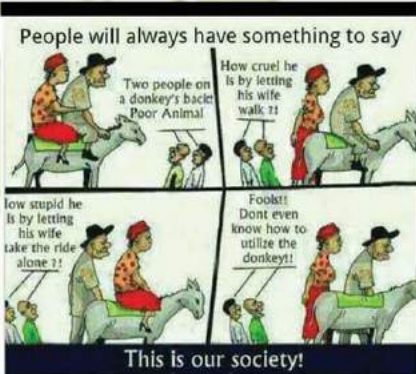
All birds find shelter during a rain.
But Eagle avoids rain by flying above the Clouds.
Problems are common, but attitude makes the difference!! :)



మతం

1. 'నేను మంచిని చేసినప్పుడు ఆనందపడతాను. తప్పు చేసినప్పుడు చింతిస్తాను. అదే నా మతం' అని లింకన్ అంటారు.
2. 'అధ్యాత్మికత లోపించిన శాస్త్ర విజ్ఞానం కుంటిది. శాస్త్రీయత లేని మత విశ్వాసం గుడ్డిది' అని ఐన్ స్టీన్ చెబుతారు.
3. 'దయ అన్ని మతాలకు ఆధారం. అన్ని పాపాలకు అహంకారమే మూలం' అని తులసీదాసు ఉపదేశిస్తారు.
4. 'ఒకరిని ఒకరం ద్వేషించుకోవడానికి కావలసినంత మతం మనకు ఉంది. కానీ ఒకరిని ఒకరం ప్రేమించుకోవడానికి కావలసినంత మతం మన వద్ద లేదు!' అని స్వామి వివేకానంద అన్నారు.
5. దబ్బు విషయానికి వస్తే మాత్రం, అందరిదీ ఒకే మతం!

One of the best message:
As soon as you die, your identity becomes a "Body". People use phrases like: "Bring the Body", "Lower the Body in the Grave", "Take the Body to the Grave yard", etc. People Don't Even call you by your Name whom you tried to Impress whole Life.... Live a Life to Impress the Creator not the Creation.
Take chances...Spend money on the things u love... Laugh till ur stomach hurts... Dance Even if u are too bad at it... Pose stupidly for photos...Be child-like..... Moral: Death is not the greatest loss in life... Loss is when life dies inside u while u are alive.... Celebrate this event called LIFE



So just live your life and forget the back chatters

An Amazing sentence in English

"I do not know where family doctors acquired illegibly perplexing handwriting; nevertheless, extraordinary pharmaceutical intellectuality counterbalancing indecipherability transcendentalizes intercommunication's incomprehensibleness."

The person who made this sentence must be a vocabulary GENIUS.

Reason

This is the sentence where the first word is one letter long, the second word is two letters; the third word is three letter long... the eight word is eight letters long and so on... the twentieth letter is twenty letters long!

FRIENDSHIP

There are many valuable things in life, but friendship may be one of the most important. To live life without the experience of friendship is life without living. Human interaction is a necessity to survival, but developed friendships are essential to the successful wellbeing of anyone. Based upon Webster's Dictionary, the definition of a friend is, "A person whom one knows, likes and trusts." But to all, Friendship has no defined terminology. The definition of a friend, and friendship, is based upon one's own notions. The great C.S Lewis said, "Friendship is unnecessary, like philosophy, like art... It has no survival value; rather it is one of those things that give value to survival."

Two years ago, in New Orleans, I attended the RMCANA reunion and watched as many successful doctors from my father's alma mater took the stage. Their obvious passion and dedication to their college and its community left me longing for one of my own. I too would like to graduate from an esteemed institution, and join a tight-knit community filled with pride and compassion for one another. I am very glad to be attending the reunion this September, and experience this extraordinary event once again.

By-

ANIRUDH GOGINENI

Son of **Anil & Kavitha Gogineni**





Incredible Vultures Cherished Moments....

Srinivasa Basavayya Gokarakonda
Vultures (1997 batch)

The Vultures batch entered the premises of Rangaraya Medical College in the year 1998 and the college was never the same again. The batch was full of life, always willing to take chances. It was a batch which dared to dream big and convert them into reality. It made its mark in every field it ventured.

After a lull of two years, it was the vultures batch which resumed the tradition of organising fresher's day in 1999 with the help of Dr. Krishnam Raju. It was done in such a style that everybody asked for more. And more was given. Swararang took shape in December 1999 which won accolades from one and all. Closely on its heels came the string of "Springs". Spring 2000 was the starter, again under the guidance of Dr. Krishnam Raju and was a huge success. It then became a tradition to conduct sports and cultural events annually. Spring 2001 was another successful event, conducted under the able guidance of Dr. I.V.Rao. Spring 2002 was a fun-filled event made possible with the guidance of Dr. Veeranjanyulu. There was fierce competition between our contemporary batches to win the overall championship title. There was always cheering and booing as well, at these events. We also have organised one of the best treasure hunts in our college campus during the cultural events. Many of our batchmates have actively involved in RAMCOSA, Pathology, Orthopaedics and SPM state conferences during our sojourn. The efforts of our batchmates did not go unnoticed when we supported and organised a play by Surabhi, sponsored by TANA at Rangaraya Medical College. The mega project of the RMC magazine named "Mediscene" was a mega hit, made by major contributions from vultures. We were able to bring out the first RMC magazine with color pages. This was supported by then Principal, Dr. Ram Mohana Rao. The cover page for Mediscene is inspired and created by Dr. Machiraju Ramachandra Rao, one of our own, who is a nationally renowned artist.

The adventurous traits of Vultures took them to the memorable tour of South India covering ten historic places over a stretch of ten days in January 2000. The cultural kaleidoscope of the vultures was not just limited to the RMC campus, but also exhibited its shades at the scenes witnessed in Pulse 1999, cultural and sports meet at AIIMS, New Delhi. Our talents in cultural and sports events did not cast a shadow in academics and research. We won several best scientific paper awards nationally and also at the state level. One of our batchmates was awarded ICMR research scholarship twice during the medical school. Two of our batchmates have achieved highest marks at the university level in Medicine, Pathology and SPM. Our batchmates have also made it to the National level pediatric quiz competition.

Ours is an innovative batch who always took the initiative. We were able to leave the college as trendsetters by holding a graduation ceremony, first of its kind, not just in the history of RMC, but also in medical colleges throughout the state. Since then it has become a tradition to hold graduation ceremony in our college. The five years in college have been an inspiring delight, which will be cherished forever. We revive, We continue and set new trends!

Vultures can be precisely worded as follows:

We believe that life is for living to the fullest

With hope, with joy, but above all, with passion.

We are born, we grow, we evolve, we become the most we can be

We pass on our role to the next generation and the next

And then the circle of life is complete!

Excerpts from Cherished Moments
Voracious
Vultures (2003)

Revised by

Srinivasa Basavayya Gokarakonda

Vultures (1997 batch)

RMCCANA-2012



Dear Rangarayans,.

During our term, 2011-2012, we initiated many new programs and continued with our extremely popular programs like CPR classes.

- We started honoring the top rankers in First year, second year, final year part.1 and part.2 with annual merit scholarships.
- We organized cardiology and trauma seminar during the RAMCOSA -2012 function, which was a great success and well attended by students, faculty and practicing physicians in Kakinada.
- We also contributed significantly for the successful completion of RAMCOSA house in Kakinada.
- We arranged online subscription for medical journal and text books for pediatric department.
- One AED was donated for the Bhanu prasad memorial auditorium and we have funding for few more defibrillators to donate to Govt.General Hospital, Kakinada.
- To pay homage to our RMC founding fathers, we built a Memorial Park in a landscaped area in the vicinity of our library building, and erected the bronze statues of sree Col.D.S.Raju, Sree Mullapudi Harischandra Prasad garu, Dr. M.V. Krishna Rao garu and Dr.P.V.N.Raju.

Our RMCCANA web is the most comprehensive site with great wealth of information. Access to some of the sections is restricted and can only be accessed by registered members. Our articles of incorporation, Bye laws and financials are also available for your verification. We have links to RAMCOSA and other useful AP and India web sites .Please visit our website and register your name and encourage your friends also to do the same.

We got feedback from many Rangarayans requesting us to do more charitable work in our adapted home land, USA. We accepted this proposal since it is a noble thought and also consistent with our charter.

We are looking forward for your active participation in the organization and please contact our nominations and elections committee chairman Dr.Mohan Kishore Kesani with your interest either in executive committee or various committees.

Our sincere thanks to fellow Rangarayans for their contributions to RMCANA

- We appreciate the services of Dr.Rao Chalasani, Jyothi and Vishnu Nutakki for their sponsorship and support in establishing the RMCANA annual merit scholarship and certificates.
- We are grateful to Kishore Amaraneni and Vishnu Kalidindi for their donations to buy the defibrillators.
- We are grateful to Mohan Penmetcha, Vishnu Kalidindi and Murthy Mutyala for their contributions towards the creation of Founding member's memorial park.
- We are also grateful to Professor Siram, Dr.Kilaru Prasad, Dr.Leela Narra and Dr.Vijay Pokala for their active participation in the trauma and cardiology seminar in Kakinada and Dr.Kalyan Chakravarthy (RAMCOSA) and Dr.Lokesh Edara (RMCANA) for helping us in organizing the RMCANA educational seminar.
- We thank Dr.Prasad Kakarala for arranging the web access/educational portal for the Department of pediatrics in Kakinada.
- Finally our special thanks to Dr.Prasad Kakarala, Dr.Murthy mutyala and Dr Lokesh Edara for their great help and guidance.

We sincerely hope that RMCANA will grow in stature and do more service to our alma mater and also locally in USA with your participation and generous contributions.

Yours Sincerely,

Vishnu Varma Kalidindi, M.D., (President, RMCANA)

Anil Gogineni, M.D., (Secretary/Treasurer)

Anu Vellanki, M.D., (President Elect, RMCANA)

Jyothi Nutakki, M.D., (Member at large.)

Prasad Nalluri, M.D., (Member at large.)

Dr.Lokesh Edara, M.D., (Chairman, Board of directors)

Board of Directors:

Prasad Kakarala, M.D.,

Murthy Mutyala, M.D.,

Veeraiah Chundu M.D.,

Mohan Kesani, M.D.,

RamMohan Kancherla, M.D.,



Dr. Narasimha Rao Potineni



Dr. Indira Devi Potineni

We are sad to inform you of the passing of our beloved Professor and Madam Garu. They have both been pillars of strength to all Rangarayas who have crossed their path, both in Kakinada where they worked for 23 years and in Chicago for 30 years. Both of them loved their students dearly and treated them as their own children. "Atidhi Devo Bhava" was the principle they followed all their lives and everyone who enjoyed their hospitality would swear by it. After moving to USA in 1982, they continued their tradition of hospitality. Their house was always filled with relatives and friends.

They have been married for 58 years and were nicknamed "Parvati and Parameswarulu" as they used to do everything together. They were like 2 bodies in one soul and stand as role models for all generations.

Dr. Rao, we treasure in our hearts, the mesmerizing positive smile on his lips imprinted in our hearts whenever he reached forward to shake our hands or give us a warm hug. He is a great humanitarian and although named "Narasimha", he never got angry. He maintained a dignified silence under all circumstances. He was a special person born into this world with all "Sattvic Gunas - Truth, Nobility, honesty, serenity, love, kindness, compassion and generosity".

Dr. Indira, is the personification of both inner and outer beauty. Her students feared her and loved her at the same time as she was professionally strict in her classes, but loving and giving as a mother. She always wore beautiful sarees and jewelry. She is an epitome of dignity, positivity, authenticity, sophistication and inner strength. She was a very smart, multitasking woman who got her PhD from Andhra University in just 2 years, back in the 60's, giving a new meaning to "Girl Power" when women were raised to be more traditional.

Dr. Rao and Indira leave behind their family of Potinenis, Venigallas and Nutakkis -- Ravi Potineni (son), Vasanthi (daughter-in-law), Jeja (grandson); Jyothi Nutakki (daughter), Vishnu (son-in-law), Vinod and Akhil (grandsons), Aishwarya (Akhil's wife) and Alok (great-grandson).

Your Legacies are eternal. We are celebrating your lives with this tribute.

Albert Pike

"What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal."

Mahatma Gandhi

"To give pleasure to a single heart by a single act is better than thousand heads bent in prayer."



R.M.C.A.N.A.

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Alumni of North America

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Dear Royal Rangarayans,

Reunion is an exciting time for all of us to renew our memories by meeting our pals and teachers at our medical college. We thank RAMCOSA for arranging such an event and wish the organizing committee for grand success.

RMCANA continues to serve our college and hospital needs at various capacities. Following are few among others.

1. Recently Dr Jaganmohana Rao Kakaralagaru and RMCANA donated Water plant at men's hostel.
2. All RMC students admission Records and transcripts scanned and saved to USB drive (with help of Dr OK Murthy garu -Data coordinator for RMCANA and RAMCOSA). Will keep copies with RMC administration, RAMCOSA and RMCANA. This will help us to keep our records long lasting and easily available for review.
3. CPR Project- Continues to provide funds for training and recently bought new manikins.
4. Yearly Awards to 1st rank students in 1st, 2nd and 3rd MBBS.(The awards are in memory of Sri Col. D.S Raju, Sri M.V.Krishna Rao and Sri MullapudiHarischandra Prasad garu).
5. Books and Journals support.

We are looking forward for a good project,which could be done in collaboration with RAMCOSA and AP Government. We have good opportunity now to get help from our Alumnus and Hon`ble Health minister Sri DrKamineni Srinivas garu.

We thank Dr S V Lakshmi Narayana garu for coordinating RMCANA activities in India.

RMCANA takes this opportunity to invite Dr. Kamineni Srinivas garu and all our Alumni to join us at our reunion in 2016, September 3-5 at SanAntonio, Texas.

With best wishes

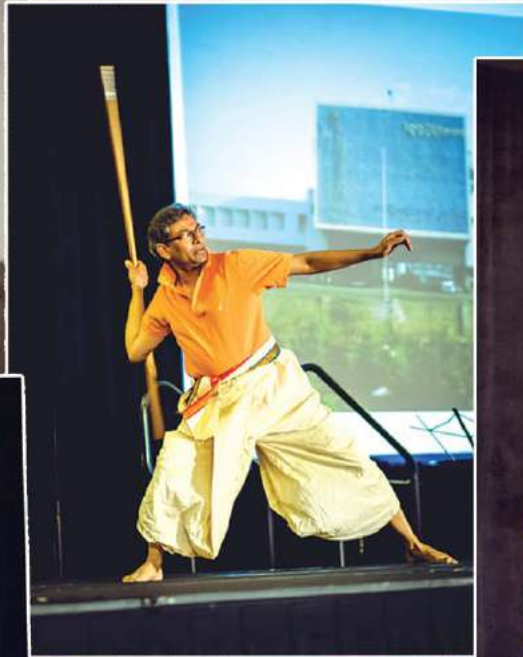
RMCANA

RMCANA 2014 NEW ORLEANS REUNION



❧ **STICK around for Mimi CRY, & Dan SING** ❧

RMCANA 2014 NEW ORLEANS REUNION



❧ **STICK** around for Mimi CRY, & Dan SING ❧

RMCANA AT TANA DETROIT 2015



RAMCOSA 2016



RAMCOSA 2016



Au DETOUR eum



RAM COSAME



STATURE of Liberty



STATUES of UNLIMITATIONS



STAGE ABLAZE



STICKER SHOCK

RAMCOSA 2016



JAW dropping Events



Flowery Speeches



Brahmanandam No laughing matter



ANIL : "Always GO GO NENU"



Magazine safely unloaded



SRINIVAS " Always CALM NENU"

RMCANA at RAMCOSA JAN 2016

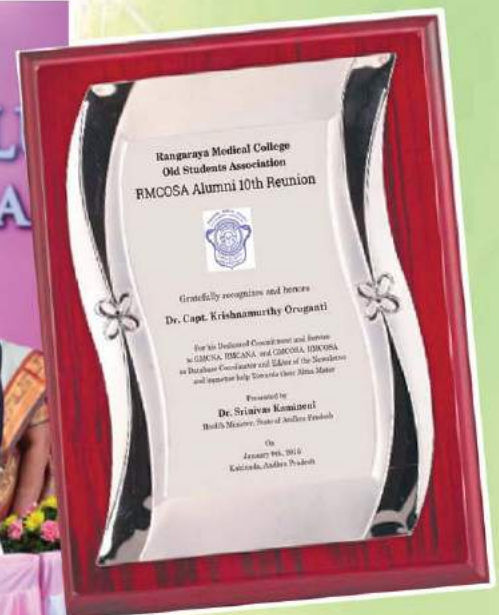
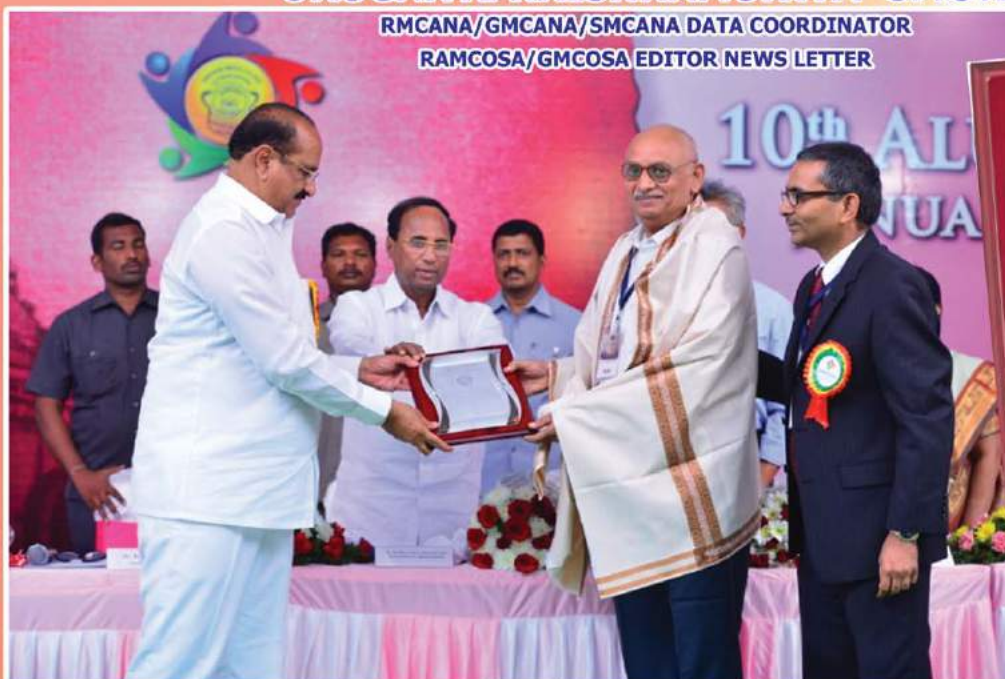


RMCANA at RAMCOSA JAN 2016



ORUGANTI KRISHNAMURTHY GMC 72

RMCANA/GMCANA/SMCANA DATA COORDINATOR
RAMCOSA/GMCOSA EDITOR NEWS LETTER



Pictures of Dr Sasi Nayudu at RAMCOSA-16



Carpetbaggers



Health is Wealth Minister



CHAIRMEN



TENT er Tantrums



REEL ESTATE Moguls



STEPPING stones of Failure



Handyman&

With Best Compliments from...



Rangarayans at Pandu Koya`s, St Louis, MO

❖❖❖ **St. Louis Saints** ❖❖❖



Rangarayans at Sudhaker Babu Chennareddy`s, Louisville KY

❖❖❖ **Kentu KEY MEMBERS** ❖❖❖



**Dr Seshagiri Gavara, RAMCOSA president Visit to Atlanta
Boat Ride at Dr Sasi Kiran Nayudu Backyard Lake
With -
Anil Gogineni, Sitaram Nandigam**

RANGARAYANS AT- MURALI ANKEM, LOUISVILLE, KY



Evergreen Friends



They had a Ball



Kentucky Derby: Hoarse after Howling



Family Spirit

Dr. Murthy Mutyala

Medical Graduation
Rangaraya Medical College
Kakinada



Moved to U.S.A. : 1974

Work in U.S.A. :

As Chief of Medicine & later as Superintendent of the hospital, Marlin, Texas Retired & settled in Houston, Texas.

Community service in U.S.A.:

1. Sponsoring to friend's children to come to U.S.A. & help them until they settle
2. Helping friends in need

Community service in India : During our visit every year for 3 months service to Villages, Govt. General Hospital, Rangaraya Medical College & P.R. Govt. College

Aratlakatta & Medapadu Villages :

1. We built Sri Mutyala Subbanna Memorial Z.P. High School in Artlakatta Village in 1985
2. Every year financial support to top two students for their college studies.
3. 200 Private batch rooms for needed people in Aratlakatta Village
4. Financial Support for construction of water project in Medapadu Village

Government General Hospital : With the help of Central Rotary Club in Kakinada

1. Started Physiotherapy Department and replacement of equipment as needed Physiotherapy Department is seeing 70 to 80 out patients every day.
2. Provided incubators to pediatric intensive care unit which help in monitoring premature babies.

Rangaraya Medical College : Coordinated with Rangaraya Medical Colleges Old students of North America in constuction and dedication of Golden Jubilee Library to Rangaraya Medical College

P.R. Govt. College : Coordinated with old students of P.R. Govt. College

1. Mid Day Meal program for needed people serves for 125 to 150 students per day
2. Cleaning of the College Grounds.

Awards

1. Gold Medal in 2008 from Rangaraya Medical College for his dedicated service in getting the Golden Jubilee Library to Rangaraya Medical College.
2. Award by RAMCOSA in recognition for years of outstanding liaison service between RAMCOSA & RMCANA.

Future Plans

1. Reopen Primary Care Clinic in Medapadu Village if we get support.
2. To develop play ground at Sri Mutyala Subbanna Memorial Z.P. High School if we get support.

Dr. Indira Mutyala

Medical Graduation
Rangaraya Medical College
Kakinada



Work in U.S.A. :

20 years as Chief of Physical Medicine & Rehabilitation Department in Veterans Administration Hospital, Temple, Texas

Took early retirement year 2000 :

With Strong desire to do service GOD & service to community.

Community Service in U.S.A.: without any charge or expectations.

1. Teaching Yoga since last 10 years.
2. Counselling - people with Marriage issues, other any family issues & Health issues.
3. Visit our Andhra patients in the hospital -- to give moral support & clear their doubts to patient and patient families.
4. Took calls from unknown people from India to help their children issues in U.S.A. & helped them.
5. Help to DAYA organization in several ways : Fundraising, counselling Telugu Clients, Office help etc.

Community Service in INDIA : During our visit every year for 3 months.

1. Donated funds to build Outpatient Medical Center in Medapadu Village, Close to Kakinada.
2. Donated funds to build ICU for women with complicated pregnancy - in General Hospital, Kakinada
3. Donated funds to build Kalyana Mandapam in 2010 & Large capacity Generator in 2012, in Venkateswara Temple, Kakinada.
4. Honorary Physician in school for children with Physical disability - to evaluate their issues. (Vagesna Foundation - Vamsi Ramaraju, Hyderabad)
5. Free Youga Lessons
6. Free Counselling - Family issues
7. Free Pain Clinic - Started last year.
8. Visit old age home - Counselling in Health issues and Psychological issues to people in old age home - Started last year.
9. Several Lectures on Health & Happiness (Body-Mind-Spirit) - Rotary clubs, Ladies Club & Urban Medical center in Kakinada -- Last Year.
10. Helping to educate few children with low income families.

Be happy and Peaceful

Dr. Indira Mutyala M.D.

Houston, Texas



People wish each other Happiness, Prosperity and Peace during New Year, but only a few seem to know how to be peaceful.

1. **Outside Sources** : How much we try to be peaceful within, Newspaper, T.V. and other media disturb us, create fear and anxiety. Do not get into that trap, learn to detach from it.
2. **With in Ourselves** : If we are not satisfied with our Health, Finances and Relations.
Pessimist : Sees the difficulty in every opportunity
Optimist : Sees the opportunity to grow in every difficulty. Finds meaning & purpose.
So, Be always Optimist.
Health : Accept ageing process, good nutrition, Exercise, Medical care routinely.
Finances : Budgeting, find the ways to improve but not to worry.
Relations : Decide only for giving, but not receiving or expecting from them.
3. **We have a choice** : Make the choice to be Happy & Peaceful irrespective of outside situations. Happiness is our responsibility. It is contagious, spreads to the family members and environment, Every day morning we are fresh, so start the day with positive affirmations and self compliments. How we start the morning decides the mood of whole day. We have to take One day at a time.
4. **Get Rid of Garbage from the Mind** : (Regrets about past & worry about future) Make space in the mind for Good thoughts and Bliss. Live Happily in the Present moment. Do not miss the beauty of the present moment.
5. **Power of Letting go** : Attachments, Situations etc. gives space for Happiness
6. **Be with Nature** : Go outside, spend more time with nature, it brings you peace and Bliss in your Heart. Listen to the sounds of waterfall, birds music, smell fragrance of flowers, and feel the positive vibration of the nature.
7. **Loose yourself in service of others** : Sharing with others, compassion etc help us to get rid of our incompleteness, loneliness and gives us inner joyfulness.
8. Recognize your passion, find things what makes you Happy and keep busy with that.
9. **Ask yourself Every Morning** : What should I do today to Nurture my Mind and Soul and Be Happy and Peaceful? So Create Beautiful Day Today and every day with positive attitude and Happiness.

RMCANA GOLDEN JUBILEE PHOTOS



❀ WHY YES SIR ? Because YSR Never says no ❀

TCA Spreads Ugadi Cheer Ushering In Telugu New Year



L-R: Ramesh Akarapu, TCA president, Hon. Consul General P. Harish, PV Pate, ICC president, with honorees Dr. Indira Muiyala (Community Service), Dr. Murali Ahobila (Literature), and Vedantham Raghava garu (Culture). Pic by Shobana Murtece



అవధులుదాటిన సేవ

- అమెరికాలో ఉన్నా ఇక్కడ సామాజికసేవ
- ఆదర్శంగా నిలుస్తున్న భార్యభర్తలు

అంతా కలిసి కష్టత పాలనా ప్రాంతాల్లో పాల్గొని కేంద్రమంత్రి వర్గంలా



చెన్నై అందరి అమెరికాలో పాటు, అమెరికాలో పాటు అందరి సేవలు చేస్తున్నారని చెప్పి చివరకు అందరికీ కృతజ్ఞతగా చెప్పారు. అందరికీ దండం ఇచ్చి కృతజ్ఞతగా చెప్పారు. అందరికీ దండం ఇచ్చి కృతజ్ఞతగా చెప్పారు.

అక్కడ... ఇక్కడ... రులోని ప్రజాసేవకు ఇక్కడ అందరి వైపునూ మద్దతు లోనంది. మెదక్కి వెళ్లి పార్టీ టీకాకే వచ్చేసిన అందరికీ కృతజ్ఞతగా చెప్పారు. అందరికీ దండం ఇచ్చి కృతజ్ఞతగా చెప్పారు.



అందరిలో చివరకు మెదక్కి వెళ్లి పార్టీ టీకాకే వచ్చేసిన అందరికీ కృతజ్ఞతగా చెప్పారు. అందరికీ దండం ఇచ్చి కృతజ్ఞతగా చెప్పారు.

25 సంవత్సరాలు

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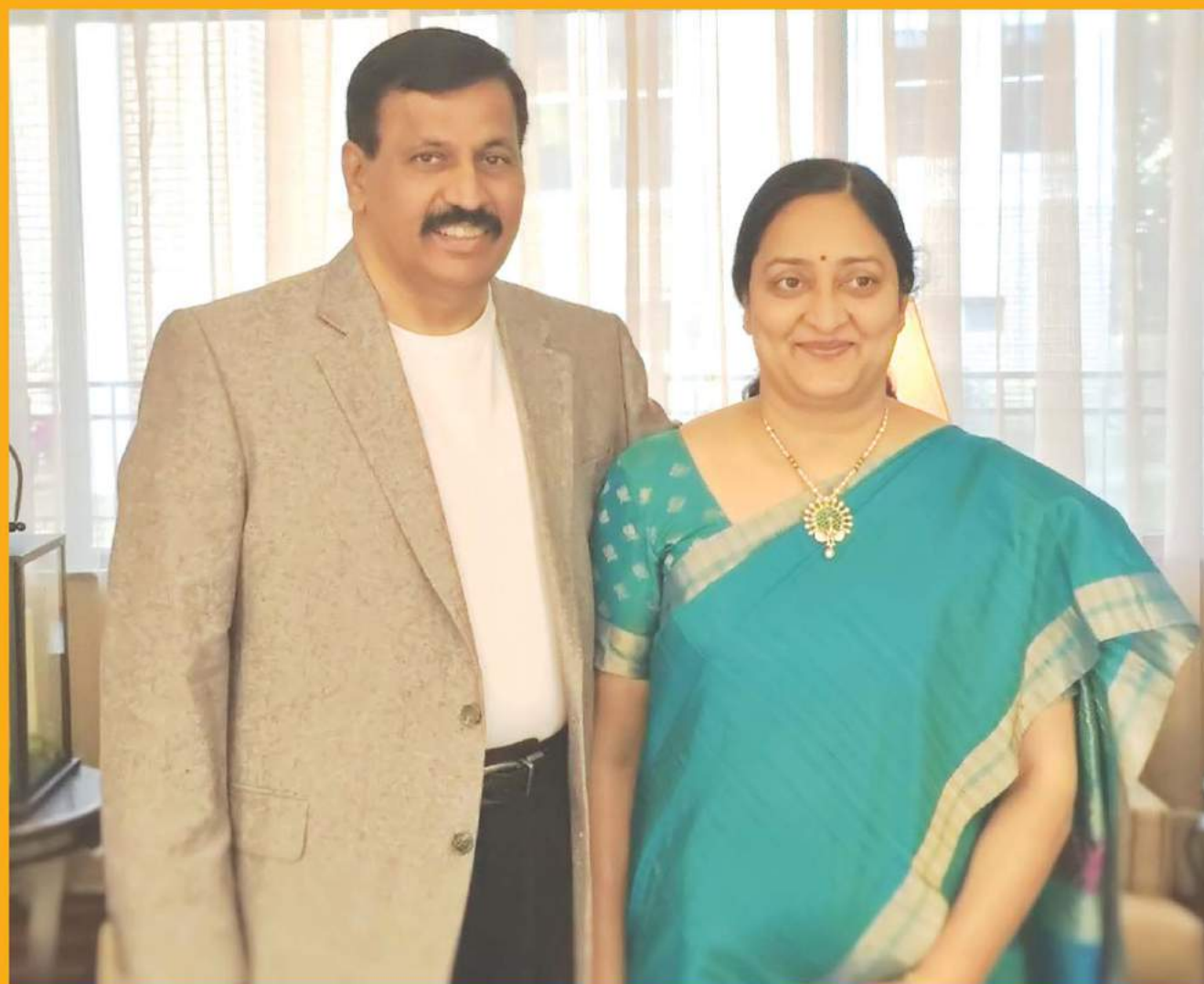


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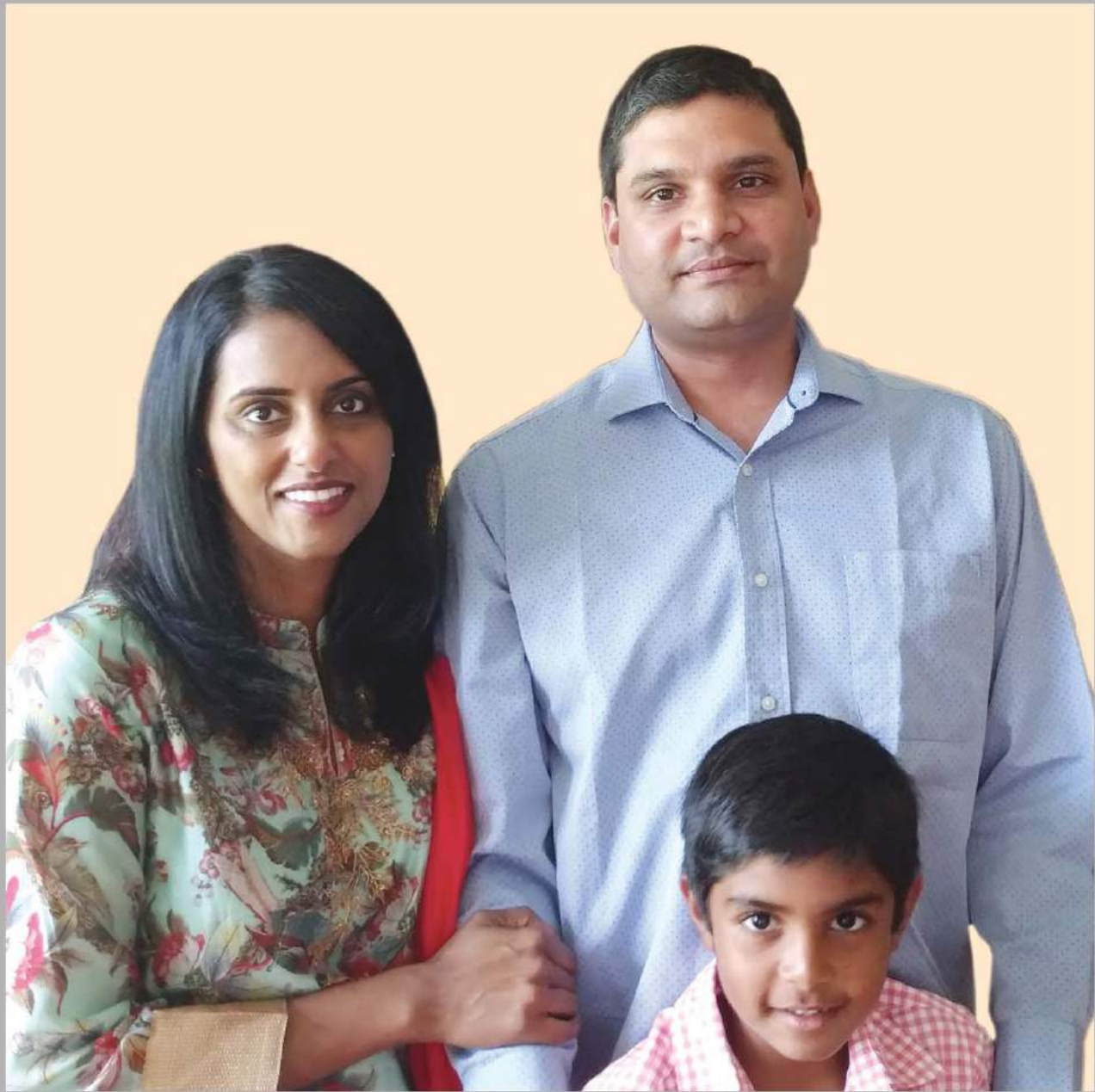
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